

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The Single Most Important Aspect Of Your Career

By Erik Alburg

Do you want to get a promotion and make a lot more money? Do you want to be recognized for

your hard work? Do you want to keep your job and not be downsized? In fact, do you want to know the secret to be Upsized? The most important skill you will ever learn is how to study and understand Office Politics.

Office politics plays a very important role in whether you get a promotion, an award, the job that you want, or the compensation that you receive. Virtually every aspect of your professional career is influenced by social politics. The proper understanding of the social "food chain" in your work space is essential for your professional success and financial well-being.

To understand why the organization works and how to use that information to your advantage, you must first understand how the "Big Fish" act and think. Who are the "Big Fish"? They are the decision makers, the people who are up-and-coming in the company and the people who hold ultimate power in the company. These are the CEO's, Presidents, VPs, managers, and supervisors who are what I consider to be "in favor".

When it comes to these "Big Fish" they typically care only about two things. The first is how they can take credit for increasing the effectiveness of the company and the second is who around them can get the results they need to be successful. To summarize, for these people it is all about self-preservation and self-promotion.

Are the "Big Fish" unethical or self-absorbed? No, the successful people just want excellent employees working for them and they expect results. If you were in a dog-sled race would you want a team of Siberian Huskies or Chihuahuas? The answer is obvious; you would want to win the race so you would want the best team available.

Can this information be helpful to you? Let me ask you:

1. Do you think you stand a better chance of getting a promotion working for a "little fish" or a "Big Fish"?

The Single Most Important Aspect Of Your Career

2. Is your chance of getting a good raise better or worse if the VP knows your name and the projects you have worked on?

3. Are you more or less likely to move up in the company if you are working on a "Big Fish's" pet project?

The bottom line is this...If you align yourself with a "Big Fish" you will be considered for more opportunities than you would ever have working for a "little fish". Why? The reason is because people trust people who can get the job done. If the "Big Fish" trusts you then he/she will be comfortable giving you more and more responsibility. And with more responsibility comes promotions and A LOT more money.

Study your office politics and align yourself with a "Big Fish" and will progress your career farther and faster than you ever could have imagined.

Hello, my name is Erik Alburg. Learn how to Increase Your Average Job Salary

<http://www.developingcareers.com>

with my accelerated career development system. Learn how I went from employee to executive by the age 31 using this simple system.

When Your Career Becomes Very Stressful

By Stan Popovich

What do you do when the career you have chosen stresses you out? When this happens, it is easy to get depressed since your career is very important. As a result, here are some suggestions on how to deal with your career anxieties.

Determine why your career makes you stressed out. Maybe its some aspect of your career that makes you anxious or maybe you need a new job. Do some soul searching and determine the main causes of your career anxieties. Once you know why you are stressed, then develop a plan of action.

Maybe it is not your career that is stressful, but instead your job that is the problem. If it is your job that makes you anxious then try to find ways to improve the situation. If this doesn't work then change jobs.

Sometimes it may be the career itself that is the problem. Do not be afraid to change careers if you have to. People nowadays change careers for various reasons. Many adults go back to school to get the necessary training for their new career. The important thing is to determine which career best suits you.

The Single Most Important Aspect Of Your Career

Remember you have options. There are all kinds of jobs and careers out there so do not feel that your back is in the corner. If you do not know what to do, then take a career skills assessment test which will determine what kind of job or career best suits your particular interests and skill sets.

There are many career coaches that can give you additional advice. Your local college has career counselors that can give you much assistance and provide you with information on a variety of careers.

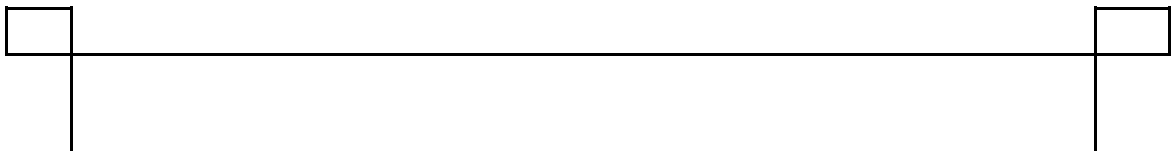
It is important to find a job or career that makes you feel good about yourself. Do not just take a job because the money is good or because it will impress your friends. You're the one who has to go to work everyday, so find something that you like to do and also will pay the bills. It will take some work, but eventually you will find something.

Stan Popovich is the author of "A Layman's Guide to Managing Fear" an easy to read book that presents a overview of techniques that are effective in managing persistent fears and anxieties. For additional information go to:

<http://www.managingfear.com>



This Free E-Book has been brought to you by Natural-Aging.com.



The Single Most Important Aspect Of Your Career

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!