

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The Tale of One Life

By Arleen M. Kaptur

The Tale of One Life by Arleen M. Kaptur

Writers have been challenged for generations to seek out the truth, the oddities, the falsehoods, and the tiniest of details when they decide to write a biography of any person, present or past.

It is not the well-known facts that will sell copies; however, it is the little known, the hidden skeletons, and the gossip-type notes that prompt people to pick up a book about someone's life and read it. This, in itself, is neither good nor bad. This point, however, walks a very narrow road before it becomes the author's perspective or interpretation, and not that of the subject person, and thereby risks falling into the valley of pure fantasy. This is especially a danger when writing about someone no longer with us physically, such as historical figures. Hearsay has its place and at times is essential in understanding, but it should come from those intimately or closely in association with your chosen individual, and not from those who gained their knowledge from uncertain origin or pure speculation.

Humans enjoy finding out how others live, how they make their decisions, and what they felt when confronted with ordinary events. There should be a touch of glamour, a bit of intrigue, and humor all rolled up into a life story of just another person born under different circumstances, given different opportunities, and with a variety of influences, connections, and, oh yes, hopes and dreams.

Biographies are read to fulfill the human need to "know" what others are doing, thinking, and how they spend their time, talent, and monetary means. People want to learn, compare, gloat, or gain spiritual insight into how they can combat a future full of uncertainties, mystery, heartache, and fulfillment. We are all complex – and as the years advance this complex nature deepens and widens so that with research and searching out the best information we have access to, we can survive and grow. Also, there is the innate urge to pass on ideas, solutions, and suggestions. The next generation should at least have a head start on problem solving, and combating the ghosts from the past while meeting the angels of the future.

If, as a writer, you decide to try your hand at a biography, there is only one key word, one mantra, one road to follow – and that is research. Research in the form of reading, interviewing, asking questions at old haunts and favorite places is a concrete base to work from.

The Tale of One Life

It is eating in the same cafe, walking the same path, and placing yourself along the same riverbank to get the "feeling" of what your subject saw and why that vision may or may not have had a profound effect. While no author can keep their own emotions, their own personality out of their writing, the urge to transpose your individuality into a segment will only take away from that of the subject individual. Your goal is to gain insight into where to hunt, who to track down, and to answer the question of "why."

While all lives protect their right to privacy, any invasion of this right should always be done discreetly and with only the highest intentions. We are all gathered on the same planet we call home.

Even with all the best of modern science and inventions, passing on a story, relating events, and enabling others to hear from those they cannot reach on an individual basis, is still the best way to

learn, discern, and gain wisdom. Storytelling will always be with us no matter how advanced civilization becomes and whether it is verbally or in print, this form of communication has withstood the test of time itself and in its steadfastness there is security that it will continue on.

ENJOY!

©Arleen M. Kaptur 2005 January

For more articles and ideas please visit Arleen's Site at:

<http://www.arleensite.com>

Arleen has written numerous books and articles on living a simple, fulfilling lifestyle. For more information, please visit her site at: <http://www.arleensite.com>

Sea monster, mermaid or whale tale?

By Sylvie Leochko

Through the centuries, whales have been a source of fear, mystery, literacy, history and even mythology. Either way, humans have always been curious to learn more about these gigantic cetaceans.

For years, mainly because of their size, sailors and explorers were terrified by them, preferring to sail close to home until they felt the need to discover the world and its treasures...the need to become rich and famous.

So to people on land, they either became known as sea monsters or mermaids. The purpose of such tales was for making the sailors' adventures more interesting to others.

Mythology even created mermaids as being these female creatures luring sailors to their death by using magical songs. As for literacy, Moby Dick took care of that as it was mainly based on a whale tale made up by whalers.

Another whale tale concerns the narwhal, this white whale with a long tooth that reminds people of a

sword. They made that shy and gentle marine mammal fierce. After Moby Dick, the sperm whale ended up with a bad reputation.

Since then, we learn a lot about whales: their intelligence, their physiology, their songs and language, their habitat, their feeding habits and so much more. The sea monsters and mermaids from the past became these peaceful giants that only wish to live their life without being bothered.

My name is Sylvie Leochko. The reason that I wish to share some information about whales is based on my curiosity and respect for these beautiful cetaceans. If you wish to learn more about whales, I invite you to visit this site:



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!