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**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

The Top 10 Interesting Anthropological Traits of Human Beings

By Kathryn Lim

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1. Most people haven't learned to communicate what they truly feel.

We can learn.

2. Most people are afraid of what they feel.

We can learn to be courageous by being with our feelings without judging and/or making judgments.

3. Most people haven't learned how to be responsible for their own actions or feelings.

We can learn.

4. Most people are afraid of the truth.

We can learn to accept the truth.

5. Most people have fear of being themselves.

We can learn to be real.

6. Most people are afraid of change.

We can learn.

7. Most people are constantly seeking for approval, acceptance and love from others.

We can learn to seek and see self-approval, acceptance and Love from within.

8. Most people don't listen – to themselves or others.

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We can learn.

9. Most people are often confused with the difference between child-like and childish.

So am I...and we can learn.

10. Most people don't smile often.

We can learn to enjoy smiling more.

Human beings are indeed so much more!!! HAPPY EVOLVING! :-)

Kathryn Lim is a life coach, business image consultant and author of *Wealth From Within* who can be reached at kathryn@kathrynlm.com, or visited on the web <http://www.cvreferral.com/17/108655.html>

The Incredible Human Psyche

By Lady Camelot

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The intriguing Human psyche – more complex than the metamorphosing cocoon, and more phenomenal than the human brain could ever imagine.

Deep within the realm of your subconscious is the centrifuge, or cerebral core of all Human possibilities. Therein, lies the key to the supernatural, heightened spirituality and the unique potential of overcoming obstacles, large and small.

Human psyche is one of life's most bizarre and unparalleled traits within the physical being. It enables our extrasensory perception, encourages drive and motivation, feeds our emotional balance and at times, permits us to undertake feats that our conscious being would never allow.

It controls impulses in our brains that activate our dreams, instills our fears and is the driving force of our physical stamina. The deity within of which all life transforms into the wakened being ? thus is the Human psyche.

Interestingly, we never notice its presence, as it is always with us. Spiritual and emotional awareness are the elaborate, invisible compounds of it. As we wake each morning, oblivious to the ensuing day, it is the psyche that jumpstarts our will to conquer the light, to tempt our nerves and even directs our hopes and dreams.

Stories of the impossible made possible through incredible feats of strength and psychic-kinetic

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energies released through channels of our internal beings; the mysterious force that empowers mind over matter .

Through our psyche, boundaries are nonexistent between the parallel planes of all inter-human, spiritual connections. By means of meditation, we permit our bodies to become one with our multifaceted world. When we absorb the spiritual energy around us, molecular transformations incur within. Self-healing, radical phenomenon, and psychic interactions are all aspects of this wonderful charge.

If we incorporate our psyche within the realm of our conscious, we can attain a higher level of spirituality, peace and enable our mentality to overcome physical & mental weaknesses. Practicing trance concentration through our psyche, we capacitate ourselves with unimaginable forces of nature.

In closing, Henry Ford once stated, "...If you think you can, you will...if you think you can't, you won't..." Within his profound words, we uncover incredible human spirit at its finest – therein lies the Human Psyche –and the impossible – possible.

LadyCamelot currently serves as the Public Relations' Director for Holistic Junction – Your Pathway to Discovery – A community of people interested in all things holistic. Here, you will find what you need; share what you know; discuss what you're not sure about. Create your own web site, participate in online forums (over 80 categories), peruse the Business Directory, publish your original articles, opinions, artwork, and so much more.



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