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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The Truth About Early Pregnancy Tests

By Karen Zastudil

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You've missed your period and you think you may be pregnant. You've been trying for so long and you really would like to know!

What should you do now? Well, in the early days, there was a trip to the doctor and the rabbit test. Unfortunately, if you were expecting all the rabbit could expect or hope for was a quick death. Today there is something better! In the early 1970's the home pregnancy test came to be. By detecting levels of human chorionic gonadotropin (hCG) in the urine we are now able to quickly and effectively find out if we are expecting, in our own home without endangering any wildlife. But, how reliable are these tests?

Don't be misled by manufacturers claiming 99% accuracy within the first day or two of a missed period. New research suggests that the majority of home pregnancy tests are not able to detect the small amounts of hCG passed in the urine this soon.

"If it's really essential to you to know whether you're pregnant as early as possible, then you must use a super-sensitive test." It was noted that among 18 products tested, only one – First Response Early Result Pregnancy Test – appeared to be sensitive enough to detect pregnancy in at least 95 percent of women on the first day of their missed periods.

"Only 3 of the 18 products tested produced a positive result when testing urine that contained the amount of hCG typically present during the second day after a woman's first missed period. By the third day, 8 products tested appeared effective. It should be noted that all home pregnancy tests become more accurate after at least one week of a missed period".

CONGRATULATIONS!

Source: Scienceblog, Reuters Health
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Karen Zastudil is a graduate of Cleveland State Univeristy, – as the parent, Karen is an advocate for others who are interested in parenting and womens issues. Karen shares her wisdom and her

resources at <http://www.womenatthesummit.com>

When To Take A Pregnancy Test

By Olinda Rola

Knowing when to take a pregnancy test will help you know whether or not you're pregnant. If you're wanting to know when to take a pregnancy test, the timing depends on the type of test.

There are two basic types of pregnancy tests – the urine test and the blood test. Both tests look for the hormone that is only present if a woman is pregnant. This hormone is called 'human chorionic gonadotropin', also referred to as 'hCG'. Blood tests can detect hCG about 6 to 8 days after you have ovulated. In general, urine tests can detect hCG about 14 days after ovulation. When to take a pregnancy test at home is done by many women using a pregnancy test that will test the urine to determine if they are pregnant. Home pregnancy tests are convenient, inexpensive and are private. The urine test should be done using your first urine when you awake in the morning. When you have a positive home pregnancy test result, you should then see your health care provider soon. Your health care provider will confirm your home test result with a blood test plus a pelvic exam.

When to take a pregnancy test is important, because if you test too early in your pregnancy, there may not yet be enough of the pregnancy hormone in the urine to provide a positive test result. Most of the home pregnancy tests will be 90% accurate if you wait and test yourself one day after your missed period is due. If you feel you are pregnant but the home pregnancy test is negative, repeat the test again in a week if you still have not had your period. And if you are still getting negative test results and think you are pregnant, be sure and see your health care provider right away.

Pregnancy is a wonderful event that is complex, frustrating, satisfying and exciting. Your desire to become pregnant and having a child will have even more significance to you if it means you'll be taking better care of yourself and your partner. Besides knowing when to take a pregnancy test, learn as much as you can about improving your own health so you'll be providing that special little one the very best start to life that is possible.

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Read more about fertility monitors and ovulation tests at

– Olinda Rola is President of InfoSearch

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