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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## The Truth About Thrush

By Heather Colman

Thrush is a fungal mouth infection that is caused by yeast, also known as Candida fungus. Even

though every person has a small amount of yeast in their bodies, most people have the ability to naturally combat the yeast with helpful microorganisms and bacteria in their bodies. Thrush is considered a common occurrence in infants and younger children. However, it is important to know that adults and those who have a suppressed immune system can find they have thrush as well.

What causes Thrush?

There are specific illnesses and medications that can lead to thrush, some medications can cause occurrences as well. Specific medications can cause thrush because it will offset the balance your body harbors naturally of bacteria and organisms known to fight yeast. Such medications could include antibiotics, birth control, and corticosteroids. If a person is infected with some sort of illness, they too can experience a thrush infection. Some illnesses and conditions that are linked to thrush include dry mouth, cancer, pregnancy, HIV, and diabetes. Other reasons that can lead to thrush include ill-fitting dentures, a breast feeding mother and smoking.

How will I know if I have Thrush?

If you notice, literally overnight, the presence of white bumps along your tongue, cheeks, tonsils, gums, or roof of your mouth you can just about be sure you have thrush. You can usually compare their appearance to that of cottage cheese and they can be extremely painful. If the thrush is severe, it may spread beyond the mouth and into the esophagus. If this occurs, you could experience some difficulty or pain in swallowing and a fever if it spreads further than the esophagus.

What is the Cure for Thrush?

Once you have visited your doctor and had thrush properly diagnosed through any one of the many tests he or she could perform, he or she will likely prescribe medications to help in curing thrush. Antifungal medication is available in many forms. These can include pills, liquids, or lozenges. What caused the thrush and how old you are will help determine the type of treatment your doctor

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recommends. Typically the treatment will last anywhere from ten to fourteen days.

It is important that you always take good care of your body and your mouth in order to prevent the occurrence of thrush. Brushing twice daily and flossing once daily will help reduce your risks of thrush. Also be sure to see your dentist on a regular basis. This is especially true if you are a person who wears dentures or you have diabetes.

Disclaimer – The information presented here should not be interpreted as or substituted for medical advice. Please seek professional medical advice for more information on thrush.

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<http://www.thrush-notes.info/sitemap.html>

and

<http://www.ebookpalace.com>

### **Treat That Oral Thrush Now!**

**By Charlene J. Nuble**

These days there are many kinds of diseases that are just dismissed by people as if they are not important. Discoloration, spots or rashes in any part of the bodies are deemed as irregularities but are not really candidates for urgent treatment. One such occurrence that can turn into diseases is oral thrush. Some people may not even know that what they or their loved ones have is oral thrush but oral thrush and all other kinds of thrush can spread to other parts of the body not originally affected if not treated.

Oral thrush is usually described as white to cream colored or yellow spots in certain areas of the mouth. These spots are also slightly raised so it can be felt as a small bump. People who have oral thrush normally feel no pain in the area underneath the spots and might even have the urge to scratch it off. If you scrape off the said spots, they leave small wounds that bleed slightly.

The earlier description is true in most cases but for adults, thrush can also cause an uncomfortable burning sensation in the mouth and throat. Some of the causes of thrush for adults include the simple of reason to stress or an even deeper problem that is an underlying disorder.

Oral thrush treatments for infants should include a period of waiting may be appropriate. It is highly advisable to go to the doctor. During the early stages, it is not really a life and death situation but start to worry when the condition does not resolve in two weeks in which case an oral thrust treatment from a doctor will come in handy. As for preventive oral thrush treatment or tips, it is a must to always sterilize bottle nipples or pacifiers and to wash, in hot and soapy water, toys that baby frequently chews on.

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On the other hand oral thrush treatments for adults though largely similar to infants have some factors that are not really applicable to infants. The older victims of thrush are capable of trying to investigate for themselves the condition that caused the thrush and do something about it. They can actually do a sort of preventive oral thrush treatments or procedures to avoid the thrush from recurring. As soon as the condition that caused the oral thrush has been treated then the thrush itself can be cured.

Oral thrush treatment usually consists of anti-fungal medicines in the form of pastilles that are sucked or oral suspensions that are held in the mouth before swallowing. If unfortunately complications occur then oral thrush treatment that is systematic should be applied. This can be in the form of dosage of anti-fungal tablets or if advanced form of oral thrush treatment is needed then maybe through injection.

As in any disease, the important thing is early detection and being pro-active about the entire case at hand. There will always be that period of observation for cases like thrush but it should not last very long. The key really is to never ever hesitate to see your doctor for oral thrush treatment. Others may think that thrush is something that over the counter drugs can cure so there is no use to go to the doctor. Then again as mentioned, in the earlier paragraphs, the doctor has to see you to assess if what you have is a plain thrush or is a manifestation of something else.

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Charlene J. Nuble 2006. For answers to All your frequently asked questions about thrush, please go to:

<http://thrush.candidaanswers.com/>



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