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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The Truth On Hair Loss Myths...

By Daniel J.Fox

You might be surprised to learn that many people are unable to untangle fact from fiction when it comes to hair loss. Some of the blame lies with the many companies and individuals exploiting hair loss myths in order to sell bogus hair products. Other myths may linger because people with hair loss, particularly women, are reluctant to talk about an issue that remains sensitive and sometimes emotional. The timing and pattern of pattern baldness is also different in men and women.

While men tend to start losing hair in the 30s and 40s, hair loss begins in the 40s or 50s in women, though it can occur as early as the 20s. And while men first lose hair in the front and at the top of the head, women's hair thins diffusely throughout the scalp.

Until recently, women have been reluctant to seek treatment, but hair restoration surgeons say that women make up more and more of their practices. In reality, hair loss is just as common in women as it is in men, though the degree of loss tends to vary by gender. 'By the age of 50, over 50 percent of men have significant hair loss.' Dr. McAndrews says.

'For women, about 25 percent have significant hair loss by the age of 50, though it may be less apparent because women are more conscientious about hiding it than men are.' For most people, hair loss is a result of a genetic predisposition. For some, however, hair loss may result from a condition called telogen effluvium. Telogen effluvium is a condition where a lot of hair may fall out in a relatively short period of time.

The most common causes are childbirth, high fever, severe illness and even high stress. In most cases this type of hair loss is temporary. Other common causes are like inadequate protein or iron in your diet, or poor nourishment caused by fad diets or an eating disorder. Chemicals used for dying, bleaching, straightening or perming hair as well as excessive hairstyling or hairstyles that pull your hair too tight can also cause gradual hair loss.

Learning to Avoid Balding.. Find out more about Hair Loss Remedy at

<http://HairLossRemedy.eabout.info>

Hair Transplant Top 10 Useful Tips

By Oliver Turner

Today most of the people are facing acute hair loss problem. The most important cause related to hair loss is genetics and the only treatment is permanent transplant surgery. However, before going for a permanent transplant one should consider these tips.

Learn about today's best transplantation procedure: Before going for hair transplantation do a research by yourself.

You must know about modern hair transplantation procedures like ultra refined grafting, ultra refined follicular unit grafting, micrograft transplant and follicular unit transplantation.

2) Consult with patients: You should discuss with other patients about the procedure of transplantation, merits and demerits of any selected procedure and reputation of the clinic. For this propose you can even use Internet.

3) Choose a surgeon carefully: talent, skill and experience of hair transplant surgeons vary and these get reflected in their works. So choose a surgeon very carefully.

4) Cost of hair transplant procedure: Hair transplant cost depends upon the amount of micrograft transplantation and this differs from centers to centers. If you look for a sophisticated one with fewer invasions, better results and in less time, you might have to pay more. If you are on a tight budget you should opt for an affordable hair transplant.

5) Frontal hair transplants: Today most of the people face frontal hair loss problem. A surgical intervention known as frontal hair transplants can help you overcome this.

6) Be cautious of fake hair growth products: Be aware of hair growth product like "snake oils," as these are not certified by FDA and have no significant contribution to hair growth.

7) Post surgical care: Post surgical care includes vitamin supplements, minerals, balanced diet and volumizing shampoos.

8) Don't divert your mind on myths: Mal nutrition, allergy, or tensions are not among the cause of hair loss. These are just myths. Just go for a permanent hair transplant if you are facing hair loss problem.

9) Tulsa hair transplant center is among the best hair transplant centers. You should consult their surgeons for permanent hair transplant. You can even contact online.

10) Try to know about follicle isolation technique of permanent hair transplant. It leaves no scar on scalp. If it suits your pocket, it is among the best permanent hair transplant methods.

Before going for any decision keep eye on these guidelines for a smooth permanent hair transplant.

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