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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The Wisdom To Heal

By Barbara Collins

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When it comes to natural healing, it is my belief that most chronic illness or disease can be healed naturally. It is also my belief that the foods we choose to eat play a major role in many chronic conditions.

We have a large quantity of food available to choose from however, due to the modern methods of refining the quality of the food is destroyed. I believe that when we get back to the basics of a whole natural diet that our body will respond and bring to us a perfect state of health. Many diseases are nature's attempt to rid our body of congestion that has accumulated over the years of wrong eating and drinking.

The wisdom to heal from the diseased state comes in the form of change. Nothingness brings Nothingness, Change brings Change, and Change brings healing. The first question I always ask others who want to learn how to heal is this: How bad do you want to heal? The second question is what are you willing to do to get it? Without change, you will stay as you are; healing a chronic disease takes effort and time. Remember that you did not develop the chronic condition overnight, and your body will not heal from it overnight.

If you are willing to change your "Lifestyle", then your body is willing to work with you and start the process of healing. The wisdom to heal, I believe comes from learning and putting to use in your life the basics of man's original diet. Whole natural foods, that are not refined and that do not contain preservatives, additives, artificial colors or flavoring, and chemicals is what our body needs to return to a healthy state.

Our body does react to what we eat and what is in the food we eat. The Creator of this universe neglected nothing and when we eat our food whole as it was given to us, and not refined or processed which destroys its life giving elements, it will meet all the requirements we need for a healthy existence.

So I ask you this question? How bad do you want to heal? And what are you willing to do to get it? The wisdom to heal is in whole natural foods.

Good Health To All,

Barbara Collins

<http://www.truenaturalweightloss.com>

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About the author: Owner of True Natural Weight Loss and author of the ebook "ANaturally Slim Reflection. Educates on the use of whole natural foods for weight loss and healing of disease.

Education, Learning & Wisdom

By James Sorrell

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If you are thinking about what you are going to say while the other person is talking, you are not listening....if you don't listen, you don't learn.....If you listen with concentration, then all the brain's parts can contribute to something much better to say, even something profound! Real wisdom is found on the bottom of the pool of humility, and that is the education King Solomon treasured the most. ["If you are looking down on others, you will never see what is above you", as C.S. Lewis wrote] If you don't put an "editor" in your head, so to speak [2 Corinthians 10:5b], impulsive behavior will rob you of any of the growth you would like! Love is the key to real life, and wisdom is the door to your good future! [See: --->'Love is the Real Thing' on this forum; and pray....."Heavenly Father, please give me wisdom, generously & graciously, in the name of Jesus Christ, Amen!] Additional info on---><http://keeperofflame.proboards24.com/>. or <http://excoboard.com/exco/index.php?boardid=1979> or <http://www.bev.net/users/homepages/JamesSorrell>

Teacher: The Keeper of the Flame



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