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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Think Green

By Rondi Hillstrom Davis and Janell Sewall Oakes

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This month, our theme is Think Green. Spring is just around the corner. Even though there is still snow on the ground in many parts of the country, here in the South our daffodils have already begun to bloom. You too, can enjoy a little bit of spring indoors. Use your green thumb to try planting some seeds in a terrarium or forcing some bulbs.

Did you know that the shamrock, or three-leafed clover, is a sacred plant in Ireland because it symbolizes the rebirth of spring? Check your local nurseries. Many will carry shamrocks on or around St. Patrick's Day, March 17th.

Speaking of St. Patrick's Day, children love fables of leprechauns. In Celtic folktales, ornery leprechauns were notorious for the tricks they used to protect their pots of gold.

Here, we've included our own concoction, fit for any leprechaun.

March is the 100th anniversary of Theodor Seuss Geisel's (Dr. Seuss) birthday. Celebrate by reading your favorite Dr. Seuss books with your family. Do you like green eggs and ham?

Project: Forcing Spring Bulbs

Bring a bit of Nature indoors. You can force hyacinth, paper whites, crocus, and tulip bulbs to bloom by placing them in a shallow bowl filled with gravel.

1. Bury the bottom half of the bulb in the gravel.
2. Add just enough water to cover the stones.
3. Place the bowl in a cool dark place for three weeks.

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4. When green shoots emerge, move the bowl to a sunny window. Soon fragrant blooms will appear.

Recipe: Leprechaun Limeade

Ingredients: 2 Cups Water 1 Cup Sugar 10–20 Mint leaves ½ Cup Lime Juice (3–5 limes) 4 Cups Cold Water 1 Drop Green Food Coloring (optional)

Directions:

1. Combine the first 3 ingredients. Boil for 5 minutes, stirring occasionally. (This can be done on the stovetop or in the microwave).
2. Remove from heat. Once the mixture has cooled, remove the mint leaves from the sugar syrup.
3. In a 2–quart pitcher, combine the syrup, lime juice, and 4 cups of cold water. Add food coloring, if desired. Serve over ice. Just for fun, garnish with shamrocks.

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About the Authors: Rondi Hillstrom Davis and Janell Sewall Oakes are the co–authors of the award–winning book *Together: Creating Family Traditions*. To check out their website that's jam packed with family ideas, visit

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Chrysoprase Is Not Green Jade

By www.kaisilver.com

Many of us believe that Chrysoprase is in fact green jade. Traders very often take advantage of this wrong notion and sell Chrysoprase as 'Australian green jade'. This is partly true as Chrysoprase indeed comes from Australia, however what is more important is that Chrysoprase is not green jade.

Jewelry lovers have often purchased Chrysoprase when it was sold as 'Apple green jade'. The term 'apple green jade' is used for high quality green jade that is similar in color to green apples. Chrysoprase may be the color of green apples but it is not jade.

There are another group of sellers who never fail to mention that there are many types of jade and Chrysoprase is one of them. There are just two major categories of gemstones that are referred to as jade. One is 'jadeite' and the other 'nephrite'. Chrysoprase gemstones fall into neither of these categories.

The Chrysoprase is a gorgeous gemstone in it's own right. Good uniform colored Chrysoprase is not hard to find. The gemstone itself is not very expensive and is primarily mined in Australia.

Read the complete report on Chrysoprase gemstones in our online jewelry magazine at:

Will be back with more interesting information very soon.

Thanks and God Bless.

Regards.

Ms.Tuk

Ms.Tuk works with

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