

Thinking for Success – The same method does not work for everyone.

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**By Mark Claridge**

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I am always concerned that there are so many books available on the subject of being successful, but unfortunately many of these books are read and then discarded.

It is very important that when you purchase a book on any subject that the author is an expert in his or her field. So when purchasing an e–book on how to be successful make sure the author can back–up there credentials

From studying this subject on how to be successful, rich and happy I have reached the following conclusion;

The same method does not work for everyone.

It is important for you to recognise where your weaknesses lie and to build from there, but if the recommended method does not work for you personally, do not continually pursue it. On the other hand you have to be open to new ideas and concepts and try them.

This may sound like a contradiction but it is not intended to be. You see there are many ways to create a meaningful and successful life, and for many this does not mean earning sacks–full of money. Although I must admit I am personally money driven.

So always choose the right program for you. Do not buy a book on how to make money from selling used cars if the real problem is you have trouble motivating yourself. If you have low self–esteem, purchase a book or enrol in a program that specialises in improving your self–esteem, before you even think about how you are going to become a millionaire. If more people did this they would not be buying books that once read, just lay on the book shelf.

If you look at very successful people they have all succeeded by using as set method, a formula, a state of mind. I call this "the correct mindset". All of these methods differ in some way dependent upon what works for the individual person. One common denominator however, is, they all want to succeed.

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I suppose the words "want to succeed" are an under-statement. They are determined to be successful, it's a fact that they don't even think about failing, and failure is not an option. So what sets these people apart from the rest? Their "mindset".

There are really only two methods to becoming successful.

1. Studying from a young age and then going to university and gaining a degree or doctorate in a profession such as law or medicine.
2. Hard work and an understanding of how to gain the right tools and mindset to achieve and live your dreams.

Now most of us will fall into the second category, as do most very successful people. 80% of all self-made millionaires come from an average family with an average educational background. So if it's not education how do they do it? Yes you have guessed it; they have a different mindset to the rest of the population.

This is your 7 point plan to get the correct mindset.

1. Believe in yourself. Never doubt yourself. Always believe you will succeed. Trust and believe in your own judgement.
2. Set goals. You need to set goals daily, weekly, monthly, yearly, 5 yearly, 10 yearly and for the rest of your life.
3. Visualise all that you want. Live the dream—believe you have what you want.
4. Live a healthy life. By stimulating your physical body you will stimulate your mind.
5. Choose a business or career you really enjoy, something you have an interest in or a real passion for.
6. Manage your time correctly.
7. Work hard. The more you put in the more you will get out.

If you believe you have a weakness in any of the above areas, do something about it.

The 7 points above are the fundamental traits that run through every self help or successful thinking book or program I have ever read. Every self-made millionaire uses these main 7 points. Master these and you are well on your way to a successful and healthy life.

Mark Claridge specializes in teaching motivational and self-development skills. In his new FREE e-book "Mindset and Match" he covers amongst other subjects how having the correct mindset can bring you all you want out of life and is available at <http://www.mindsetandmatch.com>. Visit his motivational web site <http://www.inthe6th.com>

**Your Success**

**By Frank Schmidt**

## Thinking for Success – The same method does not work for everyone.

Success starts in your mind.  
Positive Thinking creates the advantage.

Success comes with a good mood.  
Listen to your most preferred CD before an important meeting.

Success is increased with a little attention.  
Give others something maybe a nice gesture is enough.

Success comes when your body is healthy.  
Body and soul are inseparable.

Success comes with partnership.  
Show this others by thinking for them.

Success is also a question of your outlook.  
Do not leave it up to coincidence; instead plan carefully from head to toe.

Success is determinant with your security.  
Everyone wants to be on the side of the winner.

Success is ruled by your target.  
Set yourself realistic but always higher goals than demanded.

Success is a question of stamina.  
Stay in the court! Hang in there! (Even when things seem to drift away)

Success is based on systematic work.  
Without engagement no success.

Success is predetermined.  
Train over and over again all possible situations.

Success is a state of your mind.  
Check and if necessary change your old attitude towards others and situations.

Success is also the success of others.  
It is no secret how they are successful! Watch them and let them teach you.

Success is the opposite of failure.  
Delete the possibility of failure from your mind, since you are successful only.

Frank Schmidt is a seasoned Management Consultant. Over the past 12 years he has worked with multiple Fortune 500 companies to assist other managers improve success ratios and performance within their organizations. Visit his site

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today for additional details.

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