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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

This Success Thing

By Jenean Matthews

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I'm sure you've already heard a thousand times how important it is to set goals. You've heard the saying; if you don't know where you're going, how will you know when you get there. Thousands of successful people attribute most of their success to goal setting. Knowing this, why don't the majority of people set goals?

Goal setting starts within you. You have to believe it's possible to do a thing before you will have a strong desire to write it down on paper and take steps to make it happen.

How do you possibly bring yourself to believe in your own success? After all, so many of you have been at this success thing for a while and it still hasn't happened for you. Companies that you believed in and worked hard for have failed, your family and friends are waiting for you to "be realistic", and life just keeps giving you one blow after another. But there's a small fire burning inside of you. You keep at it because all you know is you can't continue to get up every morning, go to work for someone else and allow them to determine how much you're worth each week (which is far below your true value).

So where do you go from here? Where do you start today? The road to inner belief in your success begins with you telling yourself everyday, throughout the day, that you can do what you set out to do, you can have what you set out to get, you can be that successful person you know lives inside of you. Yes obstacles will come, doubters will be around, but don't you be one of them.

Treat yourself like the person you love and care about most. If you had a child who had a paper route and they wanted to accomplish a goal but they kept running into obstacles, what would happen? They would soon become discouraged with so many people telling them no, I'm not interested in what you have to offer. What would you say to your child? I'm sure it wouldn't be the same thing you've been saying to yourself. Turn your words around. Speak those same words of encouragement you would speak to your discouraged child, to yourself. If you would never put a loved one down, especially when

This Success Thing

they are feeling discouraged why would you do that to yourself? You have the power within to stop it right now and turn it around.

Be committed from this point forward, to speak words of encouragement to yourself. The mind is an amazing thing. You can convince yourself of anything over time. If you repeatedly tell yourself everyday, throughout the day, how successful you are, how capable you are, you will not only start to believe it, you will start to live it. Setting goals will become something that you look forward to because you know that you know within that all things are possible to him who believes. Watch your words. You can do this success thing!

This Success Thing Copyright 2000 Jenean Matthews is a businesswoman who believes in encouraging and helping others to accomplish their dreams. She believes people can overcome

obstacles, rise to any occasion, and accomplish their entire dream with enough faith. She can be found accomplishing her dream at <http://www.1stshoppingavenue.com> or subscribe to the newsletter for chances to win free gifts salespaper-subscribe@topica.com

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Your Success

By Frank Schmidt

Success starts in your mind.
Positive Thinking creates the advantage.

Success comes with a good mood.
Listen to your most preferred CD before an important meeting.

Success is increased with a little attention.
Give others something maybe a nice gesture is enough.

Success comes when your body is healthy.
Body and soul are inseparable.

Success comes with partnership.
Show this others by thinking for them.

Success is also a question of your outlook.
Do not leave it up to coincidence; instead plan carefully from head to toe.

This Success Thing

Success is determinant with your security.
Everyone wants to be on the side of the winner.

Success is ruled by your target.
Set yourself realistic but always higher goals than demanded.

Success is a question of stamina.
Stay in the court! Hang in there! (Even when things seem to drift away)

Success is based on systematic work.
Without engagement no success.

Success is predetermined.
Train over and over again all possible situations.

Success is a state of your mind.
Check and if necessary change your old attitude towards others and situations.

Success is also the success of others.
It is no secret how they are successful! Watch them and let them teach you.

Success is the opposite of failure.
Delete the possibility of failure from your mind, since you are successful only.

Frank Schmidt is a seasoned Management Consultant. Over the past 12 years he has worked with multiple Fortune 500 companies to assist other managers improve success ratios and performance within their organizations. Visit his site

today for additional details.

Your Success

Defining Success: What Does it Mean to You

How to develop habit of achievements?

Talking to yourself... Why Not?

Develop guts to achieve glory

Success Secrets

Help Your Child Succeed In School

Name Branding Syndicator

How To Get Reprint Rights Without Paying A Dime

Motivate Your Way To Success

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