

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Timer Magic for Writers**

**By Katey Coffing, Ph.D.**

**Timer Magic for Writers**

by: **Katey Coffing, Ph.D.**

If your writing muscle isn't in shape, writing a novel may seem like a sheer, unscalable cliff. ("Gee, I don't think I can write today. I left my climbing shoes in my other backpack...")

Keep in mind that you don't need to write the whole book today, so stop beating yourself up. Instead, just start moving, one footstep at a time.

One of my favorite writing tools is a timer. My author clients and I swear by ours, and "timer magic" can work for almost any task that's looming over you. (Remember the old joke about how to eat an elephant? One bite at a time!)

Get a timer and set it for fifteen minutes. C'mon, fifteen minutes—you can do anything for that long. Promise yourself these two things:

- (1) you'll be in your chair, and
- (2) you'll be willing to write during that time.

Even if you're afraid you'll be staring at a blank screen, do it. That's your agreement.

Now: butt in chair, hands on keyboard, set the timer, and go. Write down anything that comes to you—snippets of dialogue, ideas for an opening paragraph, why your heroine scratches her nose when she's nervous and hates velvet. Anything. Don't censor it.

When the timer goes off, you're free to stop. You've done what you pledged—writing time in that chair. Congratulations!

## Timer Magic for Writers

Now take a reward. Will it be a bowl of Rocky Road ice cream? Half an hour of guilt-free reading of a favorite author's new book? Do what feels good, and choose something that will motivate you next time.

Next, decide exactly when that time will be (make it soon). If you're in the middle of a juicy paragraph and want to complete it, do. You can always set the timer for another fifteen minutes to keep going. Then do something extra nice for yourself. You earned it!

As fifteen minutes becomes a habit, add more minutes to the timer to increase your momentum. Soon you'll be zipping along.

Remember: it takes only one step to start a journey, and small steps can take you anywhere you want to go.

Katey Coffing, Ph.D. © 2004 All Rights Reserved

Katey Coffing, Ph.D. is a novelist and book coach who helps women delight in writing (and finishing!) their books. Visit her at

.

To receive additional articles and tips for women writers, subscribe to Katey's ezine, The Write Calling, at

.

WANT TO USE THIS ARTICLE IN YOUR E-ZINE OR WEB SITE? Please do, as long as you include the above short bio and blurb with it. (A short note to Katey to let her know would be appreciated! Contact her at

)

### **Magic Show Tips**

**By Preston Houer**

For magic enthusiasts, what could be more fun than being able to organize a magic show of their own, right? However, it might not be an easy task to prepare for one magic show that will bewilder your friends and other speculators. Don't fret. Here are some tips and suggestions that might help one in prepping for one fun magic show that will make all the audience spellbound:

Prepare the Stage

A magic show will not be as exciting if it is done in a place where there's no stage. One must set up a

stage that could consist of either a piano bench or a small table with a blanket or table cloth.

Drapes help a lot in seeing to it that the audience don't get a glimpse of your activities before performing a trick. Have a certain spot where all your tricks can be done.

### Prepare the Props

A magician will have a hard time amazing his or her audience without the help of various magic props. Gather all the paraphernalias that will make the magic show successful beforehand to avoid scrambling around at the eleventh hour.

The usual props used by magicians include playing cards, hats, animals, a handkerchief, etc.

### Prepare for the Tricks

What's a magic show without magic tricks? Practicing the tricks well before the magic show will make one magician less doubtful on whether his or her magic show will be a hit or not. Here are some rules that a magician should follow when doing a magic show:

1. Don't kiss and tell a trick.

Magic is made to amaze the audience. Telling how to do a trick will spoil that purpose. A trick that is told how to do will lose its mystery.

2. Trick only once.

When a trick is done for the first time, the audience will be very amazed. Doing it twice will make the audience predict what will happen and the risk of figuring the trick out is not impossible.

3. Practice like there's no tomorrow.

When one is not that comfortable with a certain trick, it is not advisable to perform it. Practicing in front of friends or other people before the show in front of an audience will help a lot in making the magic show successful.

4. Be or look confident.

Acting nervous will make you a laughingstock. When you are going to be the man of the show, it won't help to be stammering and trembling while performing the magic tricks. Practicing will help you in this arena.

Preston Hauer has been involved with the art of illusion and sleight of hand for over 30 years. Let Preston show you how to Have Fun With Magic. Visit His Site Today!

Related Content:

Read more Content at

Related Products:

: A genuine resource center for Quality Ebooks and Softwares



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**