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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Tips For Traveling With Rover**

**By Ron Swerdfiger**

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Tips for Traveling with Rover

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[www.web-rover.com](http://www.web-rover.com)

Whether it be on a vacation to your favorite resort, or just visiting the in-laws for the weekend, many people are choosing to take their dogs with them when traveling. Land or air, there are many things to take into consideration. The best advice is simply, be prepared. Below are some great tips for traveling by air and land.

Tips on preparing rover for air travel

Unless your dog is a frequent flyer, air travel is likely to be a very stressful experience, so you might want to think twice about subjecting them to the friendly sky. Each airline is going to have their own set of rules for traveling pets. Be sure to know the details prior to making any arrangements.

– Have your vet sign a document (health certificate), stating that your dog is healthy, and free of disease.

– Make sure he is up-to-day with a flea/tic program

– Do not feed your pet within 6 hours (some wait even longer) prior to departure. And no water 2 hours before takeoff.

– Make sure you have proper identification tags on him. This includes his name, and ALL your information...address phone number

## Tips For Traveling With Rover

- You **MUST** provide an adequate crate for your dog to travel in. The crate must be big enough for your dog to stand in, free of any "debris," and strong enough to withstand the rigors of travel. Be sure to check with your airline for more specific requirements.
- Attach a note to the crate stating your dog's feeding and water requirements in the event that your flight is delayed or diverted.
- Carry a photograph of your dog in case he is accidentally lost. Finding your dog will be a lot easier for everyone, if you have a picture.

### Traveling by car

- keep your dog leashed whenever possible.
- Pack ID and a photo. Make sure your dog has his ID tags, with all important contact information (up to date). Along with his tags, make sure you have paperwork with current vaccinations and important health notes.
- Book your lodgings ahead. If your road trip involves staying overnight somewhere, insure that your accommodations allow dogs.
- Is your dog ready for a long trip? If your dog is not used to long road trips it might be a good idea to get him accustomed to being in the car longer than a trip to the grocery store..
- Keep your dog cool. If you don't have air conditioning in the car, make sure you have a window down to let in fresh cool air.

Traveling with your four legged pal makes a great trip even better. If you follow these basic guidelines and educate yourself on rules and regulations for traveling and accommodations you will have a great memory of your trip, that will last a lifetime.

Here are some great resources for info on dog friendly destinations.

<http://www.dogfriendly.com/>

[http://www.ehow.com/how\\_18753\\_find-dog-friendly.html](http://www.ehow.com/how_18753_find-dog-friendly.html)

<http://www.food4pets.com/destinations/>

<http://www.petswelcome.com/>

For more great articles and dog info, visit [www.web-rover.com](http://www.web-rover.com)

## **Seven Tips for Organized Holiday Travel**

**By Myers**

**Seven Tips for Organized Holiday Travel by Myers**

Traveling for the holidays? Here are seven tips for organized packing and traveling.

1. Check the weather forecast at your destination. Build your travel wardrobe around one basic color (black, navy or brown) to expand wardrobe options and limit luggage.
2. Use mini toiletry items to save space. Fill them only three-quarters full. Place in freezer bags to avoid leakage.
3. Use plastic dry cleaner bags around clothing to reduce wrinkles.
4. Pack these separately: camera, jewelry, keys, money and jewelry. Make them accessible if you're traveling by car.
5. Pack snacks and bottled water for yourself and the kids. Fill a cooler if you're on the road.
6. Stock up on entertainment. Music, books and toys are life-savers if you are stuck in traffic or on a delayed flight.
7. Pack an extra bag for items you buy or receive on your trip. This especially applies during the holidays.

Myers is a professional organizer, speaker and author. FREE "50 Ways to Manage Your Time" tips booklet. Visit <http://www.ineedmoretime.com>



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