

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Tips On How To Enjoy Traveling Alone

By Stanley Emerson

Want to go to a new exciting place, but don't have anyone to tag along? There may be times when

you have to travel alone in a foreign land. Whether just for fun or on official business, you have to take safety measures. Traveling alone need not be lonely. It could be fun in more ways than one. Don't be reluctant to travel just because your on your own. Just remember these things:

*Plan ahead Research and read about the place you're heading to. Know where's the nearest hotel, restaurant, and such. Make reservations too, if possible. That way, your travel is on a good start.

*Take a city map You better study how to read maps. Needless to say, these can guide you where you are going, especially if it's the first time you're going to that place. Relying too much on the cab driver is not a good idea.

*Learn the language Just study the basics, and the most common things you're likely to ask a local. Learn it before you arrive.

*Hide your valuables Put your guard up. Don't invite muggers to come and get you. Don't wear too much jewelry outside the streets. Use inexpensive accessories.

*Dress appropriately Check what the locals wear on a given time of day. You don't want your clothes screaming you're a tourist. The lesser attention you draw to yourself, the better.

*Don't be afraid to ask for directions It would be okay to ask someone for directions, but be sure you are going to choose who to ask. You can ask a waiter in restaurant, or the receptionist in your hotel. Just be sure you get all information. Asking from a complete stranger outside is not advisable.

*Bring some cash Take just enough. Traveler's checks and credit cards are good, and it could be your primary mode of payment, but you might want to keep a few extra dollars in your pocket with local money.

*Enjoy your self Well, you are traveling, so make the most of it. Make friends with a local. Talk to somebody over lunch in a café. Get the addresses of the friends you make to send them a thank you

Tips On How To Enjoy Traveling Alone

card. Maybe next time, you'd be their host.

Traveling alone can be your best experience. With solo traveling, you will definitely learn more about your self and what you can do. Try it. It would be fun!

Destination Found! Visit the Travel Resources Blog

<http://www.push-button-online-income.com/travel-guide>

Seven Tips for Organized Holiday Travel

By Myers

Traveling for the holidays? Here are seven tips for organized packing and traveling.

1. Check the weather forecast at your destination. Build your travel wardrobe around one basic color (black, navy or brown) to expand wardrobe options and limit luggage.
2. Use mini toiletry items to save space. Fill them only three-quarters full. Place in freezer bags to avoid leakage.
3. Use plastic dry cleaner bags around clothing to reduce wrinkles.
4. Pack these separately: camera, jewelry, keys, money and jewelry. Make them accessible if you're traveling by car.
5. Pack snacks and bottled water for yourself and the kids. Fill a cooler if you're on the road.
6. Stock up on entertainment. Music, books and toys are life-savers if you are stuck in traffic or on a delayed flight.
7. Pack an extra bag for items you buy or receive on your trip. This especially applies during the holidays.

Myers is a professional organizer, speaker and author. FREE "50 Ways to Manage Your Time" tips booklet. Visit <http://www.ineedmoretime.com>



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!