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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Tips On How To Use Sugar In Hair Removal

By Susan Mathiesen

Sugaring, a recipe for hair removal. This hair removal technique starts in the kitchen. Start with a cup of regular sugar, a quarter cup of honey, and juice from half of a lemon. Microwave this mixture for two to three minutes or until it starts to bubble. It should have a smooth consistency at this point. Leave the bowl to cool for about five minutes.

Now that the sugar solution has cooled you need to get a wooden stick similar to a tongue depressor for applying it, while still in the kitchen grab some corn starch. You will also need multiple strips of non colored cloth, cutting up an old white T-shirt works well.

Sugaring works like waxing and the sugar and honey solution will stick to the hairs to assist you in pulling the hairs out by the roots, so unfortunately, like waxing, it will hurt.

Clean and dry beforehand the area you plan on sugaring. Be careful that this area is free from residue of soaps or lotions. It is said that sugaring will work the best on the upper lip hair line and the bikini area. This process is messy so it is best to do this in the bathroom or somewhere you can be sure clean up is as easy as possible.

Start by spreading some cornstarch on the area to be treated. Please note that whatever area you decide to treat the effects will last from two to six weeks with fine hair growth beginning to show about two weeks after the application. The more noticeable hair growths will show about four weeks after application.

After you have prepped the area with the cornstarch use the wooden stick or some similar applicator to apply a thin layer of the sugar mixture. Next, place a strip of cotton cloth over this. Use your hand to apply moderate pressure to this cloth rubbing it in the opposite direction of your hair growth. Take the end of the cloth strip and swiftly snatch it off in the opposite direction from that which your hair grows in. Use warm water on the treated skin to take off any of the sticky sugar mixture which may remain. If you desire, you can put an unscented lotion on the skin now.

Ahh, now you can relax you have mastered sugaring.

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Undergoing Laser Body Hair Removal

By Jeff Jefferson

Laser body hair removal works better than most of the other methods out there mainly because it is not only painless but lasts far longer than others.

This is because it works by removing the hair from the very follicle, thereby prolonging the time it will take to grow back up again.

While laser body hair removal method is one of the best ways of removing unwanted body hair, it is important for you to know some facts before going ahead with it.

This fact is the high cost of laser body hair removal.

It is not at all cheap to do laser body hair removal. The cost is what usually scares people off, despite the benefits. Many people don't have the kind of money required for laser hair removal.

For example, for you to remove facial hair, you will undergo series of treatments. In some places, these series of treatments could cost upwards to \$1,000. There are even other types of laser body hair removal that costs as much as \$2,500 dollars or more.

Many people find it very hard to cough out this amount of money for laser body hair removal, despite the advantages it has over other methods of hair removal.

So, if you are considering laser body hair removal, it is important for you to make sure you have the money to pay for it before contemplating it. You could also look around for the cost effective place to undergo your laser body hair removal.

To make you feel better when paying the huge amount of money for laser body hair removal, you should know that it can last up to six to twelve months before you need another one. So, if you add up the cost you usually spend to remove your hair every week or month, it could be as much as the single laser hair treatment that will last you for many months and even up to a year.

Jeff Jefferson

<http://laser-hair-removal-los-angeles.info>

<http://cheap-laser-hair-removal-cost.info>

<http://laser-hair-removals-ny.info>



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