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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Tips To Lasting Lazer Hair Removal

By Ciara McNamara

Men and women alike are concerned with hair! It's not just the hair on their heads, but the unwanted hair they are constantly battling. If you are tired of plucking, tweezing, sugaring, shaving, or waxing, then maybe it's time to look into Lazer hair removal.

Lazer hair removal is done in an outpatient type setting and even in some high-end salons. It requires the expertise and licensing of a trained technician because it works with Lazer light. Lazer light is directed at the unwanted hair. The instrument is focused on the base of the hair at skin level so that it can penetrate beneath the skin and down into the root. The objective is to deaden the root so the hair falls out and can't grow back.

In general removing hair with Lazer light is painless and safe. There can be some redness and a bit of sensitivity for a short time following a treatment. The procedure takes about 20-30 minutes per session, and in that time large areas of skin can be covered. Lazer treatments are also precise enough for shaping eyebrows and bikini lines as well as removing thick back or leg hair characteristic of hirsutism. Following a treatment the client can return to normal activities including work. A session is easily completed during a work lunch hour.

Lazer Versus Other Methods

With Lazer treatments the hair removal is permanent. It may take more than one treatment to accomplish this, but after just a few sessions, hair will no longer grow in the treated area.

Waxing and sugaring, where hair is removed by a sticky substance from the root, is probably the next longest lasting hair removal beauty routine. These treatments can last 6-8 weeks, but are generally not permanent. Just like with plucking, or using epilators, any procedure that removes hair from the root, does have the possibility of achieving permanent hair removal. However, only Lazer treatments kill the hair follicle itself.

Skin that has been waxed or treated hair removal crèmes need to "rest" before exposing it to the sun. So if you plan on tanning, you should put off working on your suntan until 24 hours after you have

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exposed skin to such treatments.

Maintaining Healthy Skin

Skin that has been exposed to Lazer light does not dry out from the procedure. Any redness goes away quickly and you are left with hair-free smooth skin.

To get the most out of any skin treatment it is important to keep skin well moisturized. This includes from the inside out. Drinking 6–8 glasses of water a day, for example, can hydrate your skin from the inside, making your moisturizing crème work even better on the outside.

Cosmetic treatments are as much a part of a health care and wellness routine as your fitness program. You spend time in the gym toning your body, so you shouldn't skimp on your skin. Removing hair with professional Lazer hair removal is an indulgence, sure, but you know you're worth it!

Ciara McNamara writes many articles for the information source at

<http://www.laser-hair-removal-tips.com>

. The writer is specializing in subjects like lazer hair removal (

<http://www.laser-hair-removal-tips.com/lazer-hair-removal.html>

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Hair Removal Solutions: Laser Hair Removal And Others

By Sam Natarajan

Fear no longer the ignominy of unwanted body hair. If you have been willing to walk should somebody show you the way, you have come to the right place for hair removal solutions. Here we present some of the popular hair removal solutions like laser hair removal among others which can offer you the flight of fantasy that you have been seeking for so long to become truly beautiful.

Laser hair removal: The latest technology in the long list of hair removal solutions, laser hair removal offers a easy to use, extremely effective method to get rid of unwanted body hair and is long lasting in its effect. Men and Women alike have benefited from this superb technology which promises unwanted hair removal from virtually any part of the human body. The principle of hair removal by laser is based on the fact that thermal agitation of the hair follicle and bulb under the skin causes the bulb to destabilize, break down and forego the capability of regeneration. Thus laser hair removal is precise and effective in hair removal.

Shaving: The most common and the oldest hair removal solution in the market today and world different from laser hair removal. Shaving is a self administered hair removal solution in daily use by

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both men and women for getting rid of body hair. The equipment required is low-tech : a shaving razor, brush and cream is all that you need. However the application is limited to only areas on your body that you can see and reach and is not definitely applicable for the tender areas on the human body. This is not a permanent hair removal solution as well.

Tweezing: Otherwise called plucking, this method involves using a pair of tweezers to pull the hair out of the skin to ensure hair removal. This method is particularly painful and suffers from the same drawbacks of shaving in terms of permanence of effect and areas of applicability. It is hard to imagine that laser hair removal and tweezing essentially are solutions to virtually the same problem.

Electrolysis: Before the onset of laser hair removal, electrolysis was widely touted as a very effective method for hair removal. It's different from hair removal by laser in the sense that, instead of a laser beam destabilizing the hair root, it's an electric current that does the same job. This treatment also needs to be administered for a longer period of time as compared to laser hair removal and is definitely not for the faint hearted.

In our opinion amongst all the options of hair removal available in the market today, laser hair removal seems to be the most promising. Its just a matter of time before the technology becomes so prevalent that even for the unfortunate few for whom cost is a hurdle, it will be within reach of their financial boundaries!

Visit our articles section at

<http://www.Laser-Hair-Removal-For-You.com>

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