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**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**To All the Men I'll Never Love Again**

**By Nevine Al Seidi**

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Where do I begin to tell the stories of what a fatal sin it was falling for you all. I can do little but grin when I remember how a name of yours rings a heartache or two. And oh, how glad now I could rid myself of each one – old and new. I believe if I have accomplished a thing in this life, it must have been un-loving you. Please forgive my poetic mood and my very un-Iglesias lack of grace. He is a man and must have enjoyed being on the receiving end forever.

With each lazy giver, I lost a dream. And every time, I experienced La Vie en Violet, until things became crystal clear, finally. Men seem to take your love vows for total surrender to them, and your fate. So, why should they invest any effort in you, now that they have got you? Better not waste time and chase someone new. Otherwise, it gets very boring. No flowers are sent forever; and watch out, women, if you are getting them for no reason past the first year! He is cheating on you – period. Always remember that Philip – Junot – creep buying Caroline de Monaco all the furs and jewels to cover up his disloyalty to the exceedingly beautiful princess. Why do men stick to you like glue when they go here and there behind your back? Mostly, it is a security issue; they cannot live alone, ever. Better have an anchor and board a dozen ships! And when they run away with someone else? It is because you serve no purpose to them anymore now that they could replace you entirely.

What are men looking for that you failed to supply? Variety. If you could be short yet tall, fat though slim, smart but dim, happy-go-lucky and yet a calculated vamp, blonde but colored, sexy and demure, trashy and classy – in short, if you could be you and me and her and her too, then you might be able to keep him ( unless he turns out to be bisexual or worse still, polyamorous). But not all men are cheaters? Of course not. Not all, just most. And if they are not cheaters, they will push you to all limits to cheat on them. If you fail, they would die at the most inopportune moment in your life for an accidental reason like in a plane crash or through anal pleasure with a vibrator. Did you hear of Mike Todd? And Claude Francois? Those are the only men after Jesus who left no feminine scandals attached to their names.

And if the other woman is not as beautiful as you? Do not worry! He will find something else with which she can compete and win you – perhaps she is good at jokes? Perhaps she is Spanish?( Think

## To All the Men I'll Never Love Again

Penelope Cruz!); Perhaps she looks like his mother? (think Camila Parker!); perhaps she is a cartoonist he met again in Paris (think Sally–Ann Lasso!); And who knows, perhaps she was married to his best friend; she even could be your best friend, which should translate automatically to a better you – you know. Yet, you could be one of those very lucky few. He would leave a model for you, give you a cocaine addiction then hang himself in a hotel room (think Michael Hutchinson!).

What are men good for? Tough question. They could open doors, carry heavy shopping bags, pay bills, give you a fake orgasm when you are dying to feel like a porn star, give you a name to use for the rest of your life, grant you a divorce settlement, bestow a title, and call you the mother of their children out of respect to show eternal gratitude. And if most of the above do not apply? They can paint walls, drain pipes, mow grass and arrange a troubadour life for you and the children in anything ranging from a caravan to single–mothers homes. They can even leave a wedding picture to testify you were desired

by at least one testosterone–infected creature so you would never be accused of being an old maid. Not even that? So we are talking gigolos; but then you must be filthy rich, horribly ugly and obviously old. If you are all that, you are a born winner. You can afford the best human vibrators and pay nothing but cash for excellent services.

Did I say I was writing this to all the men I loved before who were shown my back door? I said it when I only meant them to know what I say behind their back to all the women they have in store. Sing please!

An Egyptian–born writer and poet who is mainly published in English.

### **The power of the women**

**By Janett Colon**

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Do you want to believe in romantic love again? Are your dreams of handsome prince carrying you away to a beautiful home gone away? You aren't alone, do you believe that romance will never come back into your life? Why? You have the power in you to turn everything around. Sometimes will place the blame on men, but have you ever consider what you bring into your relationship, are you the same women that he married? Or have your emotions or your feelings gotten the best of you? Most men will never show any emotions, it makes them feel weak and some men will even feel helpless at the thought of showing you any emotion, some men believe that emotions are only for women, if only they knew how wrong they are. If you want more love, passion, companionship, and romance in your life with your man you have to do your part. We hold the key to their need for sex and desire that's why some men feel weak in the presence of women they are attracted to. Being a woman is a very powerful thing, we can do anything we set our mind to. We have so much power, we are creative in everything we do, we give birth to our children, we are sisters, best friends, mothers and daughters, we like to make everything around us beautiful. Men are happy when they are married, but it is us who always press for marriage, because like in all fairy tales we sometimes believe that getting married is the way to living happily ever after, but what the princess in the fairy tales never tells us what happens after.

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Will we be happy? When our expectation fall short we put the blame on the men. Some men lose the satisfaction they got out of bringing happiness to the women they married, they can't compete with a women who complains and tries to manipulate them, and is disappointed in them, he will get defensive and love dies. Some men need to be understood they don't want to be changed, he wants to be the men you fell in love with, He will not try to change you. When he fell in love with you it was you not the person you would become. Men know that we want to change them and they hate it means that you are not happy with the way they are and who they are. Don't focus on what makes you unhappy, focus on communicating your needs for romance in a loving way, this will help him pay more attention to your needs. Men appreciate a woman who makes him feel like a man. Men need to feel understood and accepted for who they are, not for what they would become. Sometimes we blame men for all the bad things that happen to us in our lives, they don't deserve that, because every men is special and unique in there own way. For a happy marriage full of love, passion, and caring companionship, you must see your partner differently, which in turn will make you treat him differently, and when that happens he will fall all over himself to make you happy again, men are instinctively trying to make us happy, remember you are a very important person in your partners life. Realize that you are the women he loves and trust, be there for him no matter what, listening to everything he has to say. You have the power to make your men fall in love with you all over again; there are many things that you can do. Like dress sexy for him. Make and appointment with him for a special night to make love, create a romantic atmosphere with candles, wear sexy outfit, feed each other chocolate covered strawberries or grapes, some good wine, or for a special occasion a bottle of champagne, play some sensual music, by the end you'll both be so in love you will feel dizzy, your sexual energy will flow and you find yourself looking forward to that special night again and again.

Enjoy being a women with power, enhance romance and have a fulfilling life being the beautiful women that you are..

Variety is the spice of life.

By: Janett Maria Colon

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About the AuthorJanett Colon, Believes that people can discover true happiness and meaningful lives, through sharing and Experiencing true intimacy with our inner selves and with the ones we love.

Offering articles & tips and Free newsletter to improve romances, and better our lives.

Webmaster/owner of [www.a-gift-of-love.com](http://www.a-gift-of-love.com)

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