

To Be Or Not To Be... Healthy? The Choice Is Yours

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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

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By News Canada

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Here are some tips to help you understand how to eat any foods without a big serving of guilt.

Choose and enjoy a variety of foods every day. This will help you maintain a balanced diet.

Balance your food choices over time. Not every food has to be perfect.

There are no bad foods, only bad choices. Choosing a balanced diet has never been so easy.

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You Have Always A Choice

By Rene Graeber

However, truth is far from the often-circulated concept that man has no choice.

The kind of life you have is the life you choose. You cannot blame anyone for how your life ends up.

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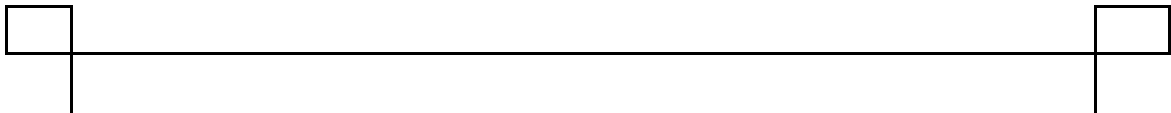
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