

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)  
Menopause, Andropause And Other Hormone Imbalances  
Impair Healthy Healing In People Over The Age Of 30!**

**Top 7 tips for reducing spam**

**By Patrick Silva**

**Top 7 tips for reducing spam by Patrick Silva**

You may publish this article, free of charge in your e-zine or any publication.

The article must be published in its entirety, unedited, without any changes to its content. You may format the article to fit your requirements.

The resource box at the end of this article must be included with the article.

A courtsey copy of your ezine or publication in which the article is published will be appreciated.

email: [article@business-development-strategies.com](mailto:article@business-development-strategies.com)

Format 60 CPL. Word count 812 Copyright Patrick Silva, 2004

**Top 7 tips for reducing spam.**

Spam, also known as unsolicited emails is the scourge of the Internet. Like annoying phone calls from telemarketers trying to sell you something while you are having dinner, spam is irritating, frustrating and takes up a lot of your valuable time.

Spammers use special software called Email Harvesting Robots to scour the Internet 24/7, 365 days a year to find and gather email addresses.

## Top 7 tips for reducing spam

These Robots look for the '@' symbol which is the symbol used in all email addresses. Then they extract your email address, without your knowledge or permission and add it to their email address data base.

If you post your email address on your web site, your e-zine, forums, chat rooms or anywhere on the Internet, you are laying yourself wide open to email harvesting robots and spammers.

Some unscrupulous scum send viruses through spam email that

can mess up or destroy your computer. Some of the viruses that the spammers email you hide inside your system files, replicate themselves and mail themselves to everyone in your address book.

Spam is becoming such a huge problem that the US Government is passing legislation to regulate unsolicited emails. However the US Government has no control over spam that originates in other countries.

Therefore, spam is a scourge that governments might not be able to control.

But we, as individuals can protect ourselves by doing whatever we can to reduce the amount of spam we receive. Here are seven tips that will help you reduce spam.

1) NEVER EVER respond or reply to a spam email no matter how tempting, curious or annoying the message is. Keep your cool. If you do reply, the spammer will know that your email address is an active one. Do not open any attachments. Just delete the spam.

2) Never click on the 'unsubscribe' link in a spam email. If you do, again the spammer will know that your email address is active. He will sell your email address to other spammers. The spam you receive will double or tripple.

3) Protect your primary email address. This is the one that you get from your Internet Service Provider (ISP.) Do not give out your primary email address to anyone unless you trust them. If you want to subscribe to a newsletter

## Top 7 tips for reducing spam

with your primary email address, make sure that you read the terms of use and their privacy policy.

4) Have an 'All Purpose' email address like a Yahoo or a Hotmail email address to post in forums, chat rooms etc. The email you receive to these addresses are web-based. You can read your Yahoo or Hotmail email messages on your Yahoo or Hotmail account on their web site without downloading them into your computer. You can delete all the spam right from those web sites.

5) If you have your own web site and have to give out your email address for people to contact you, you can 'cloak' your email address by substituting the HTML code for the '@' symbol. This way, the email harvesting robots will not be able to extract your email address from your

web site.

When you cloak your email address, you can include an active email link such as 'Contact me' or 'Email me.' When your contact clicks on the active email link, her email program will open with your email address in the 'To' box.

6) Never ever buy anything from a spam email. The information you give out to a spammer could be used for illegal purposes. You could probably end up being a victim of identity theft.

7) Black List every spammers email addresses.

To do this, you have to find the email address of the spammer. Most spammers do not give their email addresses in the 'From' box of the email or they give a phoney one.

To find out his real email address, click the 'File' button on your email program. Then, when a window opens, click on 'Properties.' This will open a window with two tabs – General and Detail.

The 'General' tab will show you the message source and display the email address of the sender. But the 'Detail' tab will give you more details like IP address and the email address of the sender.



## Top 7 tips for reducing spam

mail folder.

Not all spam filters work in the same way. Some of them are pre programmed where the know spammers are inserted. They accordingly block them. Some of the programs filter the emails based on the keywords used in the mails. Some of the email spam filters are configured and you can easily customize it or the network administrator can also customize it according to the requirement of the company.

We have made a research to find the best acne treatments. Find it only on

All about spam blockers on LeanderNet

–



This Free E–Book has been brought to you by [Natural–Aging.com](http://Natural–Aging.com).

**[100% Effective Natural Hormone Treatment](#)  
Menopause, Andropause And Other Hormone Imbalances  
Impair Healthy Healing In People Over The Age Of 30!**

## Top 7 tips for reducing spam

