

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Top Ten Tips For Having Fun Organizing**

**By Mahalene Louis**

**Top Ten Tips For Having Fun Organizing by Mahalene Louis**

Has the word "clutter" become a negative trigger for you? Do piles of papers or stacks of stuff invade and haunt your physical and mental space? Do you feel hopeless at the thought of filing or clearing? How about if your beliefs on creating order would "reorganize" themselves, in a Mary Poppins way, easily, effortlessly, and playfully, could you then conceive of not only getting organized, but also staying clutter free?

1. Play... Colors

Colors are life, colors are fun! Each has a special message to give you, personally! Use them: take your child self on a shopping trip to an office place, and choose folders in the color that you like the most, be it a bright orange, a sophisticated teal, or a spirited violet. Play with this; maybe you want to have matching or contrasting colors for your hanging files folders... Let yourself start a brand new journey with your paper world, colored by the magic of a rainbow...

2. Play... Sant (Pleasant)

Along with the new appealing folders instilling joy and renewal and clearing old patterns, look at the objects that are in your décor, e.g. pencil cup, paper trays, lamps, etc... Do you like them? Do they make you smile each time you look at them? Frame the photograph of your beloved with a frame that brings you pleasure, or invest in the slick metallic office set that you like! Those small investments will transform your mood, and thus your world...

3. Play... Business Guru

It is all about playing: create a fun ritual around your organizing sessions. Possibly go to a costume store, and buy yourself a pair of Groucho Marx's glasses (with the mustache!) For 15 min. of organizing, put on those glasses, and pretend you are an organization expert, or a business guru. Have fun!

## Top Ten Tips For Having Fun Organizing

### 4. Play... Order Builder

Think of yourself as a Body Builder, and as organizing as your favorite workout.

Do a set of 15 minutes. No more. Actually use an egg timer to make sure you are not overworking your order muscles... We wouldn't want for you to be so exhausted tomorrow, and so sour you won't touch your files for another month! Just commit to do a set for 15 minutes a day, five days a week! Easy... For each organizing set, treat yourself to a 15 minutes passion break, where you do something you are totally passionate about!

### 5. Play it... And Joy Will Come

This is my promise to you: since it is much harder to resist doing something than actually doing it, joy

will flow to your heart after your very first session! After a week, you will truly relish in your accomplishment, and start seeing a path to your own freedom. A month will grant you a self-esteem that you never thought was possible! Not counting the greater effectiveness, and the satisfaction of knowing what you own, and where it is!

### 6. Play... to Allow Win

That is where the goofy costume mentioned in #3 becomes really meaningful! Halloween is Allow win: know that as you start this new life of yours, there may just be the possibility of a relapse, and that the wonderful joy just described might turn again into sheer hopelessness. Should that moment hit, put those glasses back on, and grab a mirror, quick! Your despair can be seen as being as real, and as unreal as those glasses are, guaranteed!

### 7. Puzzle Play

Since you have just become willing to relapse into your old self, and have fun with it, you can also make a game out of any challenge you may encounter. Treat it as a puzzle, as a game for your mind to resolve. First focus on the solution, and then, just like any other genius, give yourself some time to hear the answer... It may be helpful to create a "Puzzle file" to be visited in your Friday sessions.

### 8. Play... Music

Much has been said about the effect of music on reprogramming the brain. Use it. Do your 15 minutes set while playing your favorite tunes! In this manner, you will change your previous thought forms on organizing to a mindset of appreciation, synchronicity, and harmony...

### 9. Play... Decide

Do you remember being a child and playing Post Office, or Grocery Store? Do you remember how you would just "decide" how many stamps to buy, or bananas or cartoons of milk? Your piles of paper are only decisions unmade, because you thought the game was very serious, and that you could make "mistakes." Become a child again; give yourself to decide; this I keep, this I let go! That I let go, and

## Top Ten Tips For Having Fun Organizing

this I keep! And watch yourself becoming lighter, and happier, and, also interestingly, way more secure about yourself!

### 10. Play... Inspired!

Hire a coach. Hire an inspiration coach. Hire an Inspiration Coach, whose name starts in Maha, and finishes with "Lene." Hire an Inspiration Coach, whose name starts in Maha, finishes with "Lene," and whose email reads mahalene@soulvision.com. E-mail Mahalene now: you are on for the greatest adventure!

This piece was originally submitted by Mahalene Louis, Inspiration Anchor, Artist, Author, and Speaker, who can be reached at <mailto:mahalene@soulvision.com>, via phone 512.632.8952 or visited on the web at <http://www.soulvision.com>. Mahalene Louis wants you to know: As an Inspiration Anchor, I offer an engaging e-zine, free teleclasses and Turn on the Light!, a unique program to assist the creative genius in you to express and market your gifts successfully. Turn on the Light! inspires you to show up as a stunning masterpiece of unbridled passion and creativity, and to evolve consciousness by acting in alignment

with the powerful force you are.

Mahalene, a native of France, began her career as a journalist and teacher in Europe. She spent her first twenty years in the US as a self-supporting artist. As she is in all accounts a "true artist," one of her greatest gifts as an inspiration anchor is to offer "a new way to look at it," which is greatly instrumental to increase chances of success, prosperity, and happiness.

## **How to Motivate Yourself to Organize**

**By Barbara Myers**

### **How to Motivate Yourself to Organize by Barbara Myers**

Organizing is probably not at the top of your list of fun things to do, is it? If your clutter is overwhelming, it's especially difficult to get started. Here are some easy tips to motivate yourself to organize.

1. Dr. Martin Luther King Jr. said, "Take the first step in faith. You don't have to see the whole staircase, just take the first step." You don't have to organize your whole house today. Just work on one small area—a drawer or a cabinet.

2. Buy a good organizing book. Once you begin reading it, you'll feel compelled to start organizing.

## Top Ten Tips For Having Fun Organizing

3. Forget embarrassment. Invite an organized friend to help you. Hire a professional. It's easier to organize when you can talk through the clutter.
4. Set the mood. Put on some fun music. Open the windows. Choose a starting point and just do it.
5. "Nothing in the world can take the place of persistence," said Calvin Coolidge. Keep trying. Do a little bit daily or weekly and you'll soon find that you are more organized than you ever thought possible!

Free time management tips booklet, meal planner, and daily organizing checklist at <http://www.ineedmoretime.com>.



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)  
Menopause, Andropause And Other Hormone Imbalances  
Impair Healthy Healing In People Over The Age Of 30!**

## Top Ten Tips For Having Fun Organizing

