

Tough Times Never Last But Tough People Do

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Tough Times Never Last But Tough People Do

By Rick Gettle

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Dear Editor,

Tough Times Never Last But Tough People Do

(Overcoming Obstacles, Adversities And Discouragement)

By Rick Gettle © 2003

How would you like to see a permanent end to all of your problems?

We all have problems - and our problems only end – when we do. The only people without problems are in the cemetery. I'd like to stick around - problems and all. How about you?

No matter what problems we have to face today, there is a solution, because we have nothing to deal with but our own thoughts. As long as we think that our destiny is in the hands of other people, the situation is hopeless. We need to confront our problems with courage, boldness and action.

There's an old Chinese saying that goes, "If you live with a problem long enough, it could eventually become a blessing." Within every adversity in life, there is always a seed of an equivalent or greater benefit. We have to look for it – find it – and act on it.

We learn courage – when we face danger. We learn patience – when we endure suffering. We learn tenderness – when we taste pain. We learn to prize true friends - when false ones forsake us. We treasure health – when illness strikes. We learn to prize freedom – when we are in danger of losing it. Without trouble we would be like plants that have sprouted, grown, and been nurtured in the overprotected shelter of a hothouse -- too tender ever to live in the open.

How can we possibly become a strong person, if we have an easy life? The tougher it is, the tougher we have a chance to become - if we choose to fight back. Tough times never last - but tough people

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do.

When you see a highly decorated military person all dressed up with rows of battle ribbons and awards on their chest, you are looking at someone who courageously faced and conquered danger, hardships, adversities, problems, life-threatening situations, torture, injury, and heartbreak, watching their buddies die terrible deaths. These people had fortitude – the ability to endure and last. They wouldn't quit, give up or run away. Yes there were times, I'm sure they knew, when they bit off more than they could chew, but through it all when there was doubt - they ate it up - and spit it out - the records show - they took the blows - and did it their way.

We don't just get the sweet out of life without the bitter – we'd like to, but we don't. The sun doesn't always shine; sometimes there are storms, tornadoes, earthquakes, car accidents, fires and death. No

one escapes the problems of life. If it doesn't happen sooner in life, it will happen later.

We can overcome just about any problem, obstacle, or adversity that life deals us - if we have a strong enough will. Where there is a will, there is a way. Create a "bull-dog" determination and a "burning desire," that will eventually mow down all opposition.

Success is not measured by what a person accomplishes, but by the opposition they have encountered, and by the courage with which they have maintained the struggle against overwhelming odds.

Don't pray for an easy life, without problems - pray to become a strong person. The higher you go in life, the more problems you will have to deal with.

The End

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Parenting Is Tough – Make It Easy

By Nadia Alvino

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Raising children and being a good parent is tough, you need every bit of information that you can find to help you develop effective parenting techniques and to make parenting easier. You need a resource that contains parenting tips and advice that will help develop your parenting skills. I have produced a practical, high quality, professionally edited ebook titled " Parenting is Tough ! " that contains all the expert parenting advice that you will need to develop effective parenting skills. This ebook outlines many helpful parenting tips that will enable you to raise good, happy, confident and resilient kids. This easy to read ebook will teach you how to bond with your children and how together you can create a loving, happy relationship that will get stronger and stronger as your children become teenagers, young adults and then as they become parents themselves. More info on this ebook is available at: www.goodhappykids.com

I am an experienced child care professional, parenting consultant, author and pshychologist.



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