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Impair Healthy Healing In People Over The Age Of 30!

Traits of Intuitive People

By Susan Dunn

Traits of Intuitive People by Susan Dunn, Coach

From an extensive study of intuitive people done by Belleruth Naparstek and cited in "Your 6th Sense," these are the traits intuitive people are most likely to have.

1. A woman over 40 with an advanced degree in one of the mental health professions.
2. Says she was born with psychic ability and can point out a parent or grandparent who displayed a lot of it too.
3. Tendency toward bilateral dominance (two-handedness or two sidedness).
4. More than likely an only child.
5. Tendency to be a night owl and sleep very little with frequent interruptions in sleep.
6. Presence of some talent and experience in the arts, often in more than one modality (music, dance, art, theater, poetry, design, etc.).
7. Tendency to be a little dyslexic or else an exceptional student and sometimes both. Greater than average chance of having a photographic memory or total recall.
8. Lots of experience as a mediator—formal or informal.
9. Tendency to experience phases of temporary endocrine system dysfunction popping up and then subsiding (thyroid gland, adrenals).
10. Powerful need to spend time alone or in nature on a regular basis.

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Susan Dunn is a personal and professional development coach. Your success is her business. Email her for FREE ezine.

Intuitive Numerology: Reading between Numbers – Part 2

By C. Bailey–Lloyd/LadyCamelot

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A numerology report is based on one's date of birth. While numerology is the study of numbers, it can also be helpful in presenting valuable insight about specific personality traits and characteristics of individuals. By combining the sum of numbers in ones birth date with the sum from numerically–assigned letters of a person's name, a numerology report can be a prolific guide into one's past, present and future.

An ancient art and science, numerology is said to have originated by the Greek mathematician, Pythagoras but could date back as far as the Hebrew Kabbalah.

To better comprehend numerology, one must understand the basic foundations:

There are 11 Core Numbers that are utilized in the construction of a Numerology report or chart. The numbers used are 1 through 11, and 22. Equations that form higher numbers are reduced (by adding digits together) until one of the core numbers is attained. The only numbers that cannot be reduced are the Master numbers, 11 and 22. These master numbers reflect a heightened or intensified degree of the core numbers 2 and 4.

In the initial portion of a numerology report, a Life path Number is established by using the 2–digit month, the 2–digit day and the 4–digit year: e.g. mm/dd/yyyy. The Life path is divided into three separate areas of one's life. Founded on the date of birth, the first life path is correlated to the month of birth. The day of one's birth is then linked to the second life path. And finally, the last life path number is based on the year of birth. The Life path number describes an individual for what and who he is.

Next, an individual's FULL birth name is used to further calculate one's numerology interpretation. Below is a list of the alphabet assigned to specific numeric values:

- 1 = A, J & S
- 2 = B, K & T
- 3 = C, L & U
- 4 = D, M & V
- 5 = E, N & W
- 6 = F, O & X
- 7 = G, P & Y
- 8 = H, Q & Z
- 9 = I & R

Traits of Intuitive People

Now we're ready for the Expression, or Destiny Number. The expression number is based on all the letters in an individual's birth name. The expression number defines talents, and attitudes that one has or has the potential to use. To find the expression number, one must add all the letter values from each name together and then reduce the sum to form a core number.

Since we've addressed the Life Path Number, the Expression Number, now we can move on to the Soul Urge Number. The soul urge number is founded by using all the vowels (a, e, i, o and u) from one's full birth name. Once you've arrived at a sum, the number is again reduced to a single core number. This core number becomes your soul urge. The soul urge number, in my own opinion, is a defiant one. This is the number that likes to supersede the Life Path and expression numbers. It is the souls innate desires, attractions and disapprovals.

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and

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