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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Travel To Brazil, Go For The Thrill**

**By Frank Johnson**

Brazil is the largest and most dynamic South American country, bordering all but two of the continent's other nations. In Brazil, wild Amazon adventures can be coupled with stimulating city sights and leisurely beach escapades. Brazil's Portuguese colonization along with its participation in the Atlantic triangle slave trade with Africa produced a fusion of cultures that is celebrated today in the form of fantastic food, unmatched festivals, eclectic music beats and a diverse national identity that is finally being embraced.

When Portuguese settlers arrived in 1531, the native population that existed was relatively small and decentralized compared with other indigenous empires on the continent. They were quickly enslaved on sugar plantations but soon replaced by Africans. Today, their small surviving populations live mainly hidden in the interior of Brazil's thick jungles; however, their influence in art and abundance of intricate handmade crafts are unavoidable, especially inland. The history of Brazil's entangled interior is also touched by African slaves who escaped the coastal plantations and built secret settlements. Quilombo dos Palmares was the most impressive of these settlements; with a peak population of 30,000 inhabitants and over 200 buildings, the town functioned independently for nearly a century until a bloody battle with the Portuguese erupted in 1694.

Eco-Sensations Brazil's expansive terrain is endless with natural wonders. Nearly forty percent of the world's remaining tropical rainforests is part of Brazil's Amazon and Atlantic forests, which are home to over 2.5 million species of insect and one-fifth of the world's bird species! The notorious carnivorous piranha lingers in numerous quantities in the Amazon River's waters, along with the fascinating Boto, the largest species of river dolphin. The mysterious Anaconda snake also lurks in the river's basin; but have no fear, they are generally harmless to humans. At the Argentinean border, Iguacu Falls embodies the extent of Brazil's beauty with over 275 different waterfalls merging together into one harmonious rush of thunder with a vast number of scenic trails winding around the cascading cliffs and lush estuaries. Another aquatic phenomenon occurs 10 kilometers upstream from the city of Manaus where the dark waters of the Negro River join the yellowish Solimoes River without blending for a few kilometers. This dual colored waterway is the beginning of the Amazon River.

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Carnival, and That's Not All Though some claim that the festival of Carnival is the best time to visit Brazil's liveliest city, Rio de Janeiro, this pulsing metropolis is booming with life all year long. The dense population provides unrelenting entertainment while the beautiful beaches tend to be the ultimate draw. The urban centers of Sao Paulo and Brasilia, the official capital, are also teeming with nightlife, activities and history. Remember when you travel to Brazil that the southern urban regions experience a (very) mild winter during the months of June to August and the peak of summer is in January. The northern tropical regions are steadily warm year-round.

For more information, visit

<http://www.cfares.com>

, your source for cheap airfare on the web.

### **Try An Exotic Brazil Holiday**

**By George Johnson**

If a Brazil holiday sounds appealing to you, consider looking into Brazil rentals and vacation homes. There are a lot of options for vacationers and the prices are surprisingly reasonable. Vacation rentals are a great alternative to expensive hotels. They are like the proverbial home away from home.

A Brazil holiday is ideal any time of year. The country offers a lively nightlife and excellent weather all year. The country offers many different activities as well. There are thirty-six states in Brazil and each state has something of interest to everyone.

You can visit beaches and scuba dive or you can hike over mountains and check out the scenery and the wildlife. Brazil appeals to those who prefer cultural activities as well. There are artisan's workshops, dance classes and religious festivities that are unique and dear to the culture.

There are many listings from which to choose. You can opt to rent a sky rise apartment. These apartments provide the same services that you expect from a hotel but you still have the feeling of being home.

Sky rise apartments offer balconies and magnificent views, but they are also very close to shopping and restaurants. You can spend the day at the beach, make a quick change and visit the local stores and restaurants that you expect to find on a Brazil holiday.

Rentals offer many services that come in handy during a vacation. Most of the buildings are secure and are designed to entertain a family with children, couples or business people. You can find rentals for your Brazil holiday that provide a gym, sauna and pool. You can visit coffee shops, bakeries and retail stores.

The height of the travel season in Brazil is December through February and there is another peak season in July. In order to find the best rates, it is best to make arrangements during the off-season.

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Since Brazil's slow season spans nine out of twelve months, your options are vast.

Rentals are also appealing to people who are looking to take business trips to Brazil. Many rentals have all of the equipment necessary to run an office. Properties offer fax machines and phone lines along and some offer Internet connections. There are laundry services as well that can take care of your cleaning while you work. This gives you time to make the business trip into a Brazil holiday.

When you plan your Brazil holiday, make sure to give yourself a lot of time. Rentals are abundant pretty much all year, but flights can be very expensive if you book them too soon. Travel agents recommend that you book your flight to Brazil three months in advance to take advantage of discounted flights.

I would give some serious thought to taking my next holiday in Brazil.

<http://brazilholiday.info>



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