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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Travel To Italy And Experience Europe

By Frank Johnson

If you want to experience Europe, you need to travel to Italy. No other country on earth offers the depth, breadth, and scope of Italy. For lovers of art, history, architecture, or music Italy is unsurpassable. From the Ancient Roman Empire to the Medieval Tuscan fortress towns and the Venetian Republic, Italy's incredible historical diversity has come together to produce a country so incredible, so remarkable, so beautiful as to leave the visitor with an unquenchable desire to return again and again. The legacy of the Renaissance and its masterpieces of art, music, and architecture have left such a tangible mark on the Italian soul one can barely help being swept along in the tide of culture. If you're a lover of nature, there are majestic mountains, crystal seas, rolling hills, fertile plains, sweeping cliffs, and magical lagoons, you need to travel to Italy.

Travel to Italy - The Cities to See Milan is rivaled only by Paris as the fashion capital of the world and is shopping at its best. Rome has been the heart of Italy from the time of the Romans through today; to walk its streets is to walk in the footsteps of Emperors and Popes. Florence is the birthplace of the Renaissance and its presence reverberates through the old cobbled streets and beautiful churches. Venice – the most unique and romantic city in the world, stands timeless and beautiful in the midst of the Adriatic, a magnificent creation highlighting man at his most artistic. Finally the majestic and striking natural beauty of the Amalfi Coast, a place to relax, soak in the tremendous natural beauty, dine on the world's favorite cuisine at its finest, and experience that special joy of being that is uniquely Italian. No matter what you're seeking, it awaits you when you travel Italy and visit its cities.

The Weather When you travel to Italy, it's important to know that despite its geographical position at the center of the temperate zone, Italy has rather variable climatic characteristics. This is due to the presence of the Mediterranean, whose warm waters mitigate thermal extremes, and the Alpine arc, which forms a barrier against the cold north winds. Furthermore, when you travel Italy, remember that Italy is subject to both wet and moderate atmospheric currents from the Atlantic Ocean and dry and cold ones from Eastern Europe.

The Apennine chain too, confronting the wet winds from the Tyrrhenian, causes considerable climatic differences between the opposite sides of the peninsula. The differences in temperature between the winter and summer months are more marked in the northern regions than in the south and along the

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coasts. The mean temperatures for the month of January in the Po Plain fluctuate around zero, while in the Alpine valleys the thermometer can drop to -20° and snow can remain on the ground for many weeks.

In the southern regions, instead, the mean temperatures for January remain around 10° , with the exception of the inland mountainous zones. Mean summer temperatures throughout all Italy rise to 24° – 25° for July, only being lower in the highest zones. Rainfall distribution also varies considerably, due to the influence of both mountains and prevailing winds. The highest quantities are registered in the Alpine arc (over 3,000 mm pa in the Lepontine and Julian Alps) and on the Apennines (over 3,000 mm pa in the Apuan Alps). The plains, however, including that of the Po, receive scarce precipitation. Generally it is less than 800–900 mm pa but in the southern regions (Tavoliere and southern Sicily) it falls below 600 mm pa. The great internal Alpine valleys and the coastal plains of the Tyrrhenian (Maremma) and Sardinia also receive little rain. Altogether, six large climatic regions can be distinguished, mainly characterized by mountain influence.

So as you can see, when you travel to Italy, there is much to experience. The culture, history, and beauty of Italy make Italy a top European travel destination.

For more information on travel to Italy and other regions in Europe, and discount airfare to Italy, visit

<http://www.cfares.com>

Italy Vacation

By Beth Gabriel

Italy Vacation - A Walk with Michelangelo – Travel Tips

For great vacation ideas, I highly recommend Italy! Here are a few things that you should `know before you go' because Italy is very different from many of the places that you may have traveled to before. In the US, anything goes but this is not so in Italy. Knowing these things before hand will help you have a more successful trip.

Traveling to Italy

When you are getting ready for your trip, think about what medications you need to pack and how much of each medication you need. You can't always find your medicines in Italy. Drugs that are common and easy-to-find here, may not be available in Italy. Make sure that you pack yourself a kit with all of the medicines that you may need for both on the plane and while traveling. Remember to pack over-the-counter medicines too. Leave all medications in their original containers!

Dinning Out in Italy

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While you are in Italy remember to drink only bottled water NOT tap water. In an Italian restaurant it is good to know that 'what you order is what you get'. There are not a lot of extras like salad, soup and choice of potato that automatically come with every meal. There are not many special requests in restaurants in Italy. They frown on changing your mind when your order comes and also on sending your order back. It is always safe to order spaghetti. Use a spoon and fork to twirl your spaghetti rather than cutting it. Cutting your spaghetti is bad table manners in Italy. Do not wait for your check if you are eating out either. You need to ask for your check to receive it. Remember to tip with cash in Italy. If you are looking for fast food in Italy, try a pizza shop, or pizzeria. Most of the restaurants in Italy are sit-down restaurants with several different courses. And no one, absolutely no one eats dinner before 9 pm!

Site Seeing

Some of the sites and attractions in Italy are absolutely breathtaking and you will want to remember them forever. There are rules for some of the places that you travel to such as taking pictures. Not all of the places will allow you to take pictures (especially museums) and if you are allowed, you are probably can't use a flash. It's always safe to buy postcards.

Clothing

Italians love to dress up - everyday, everywhere. Leave your shorts, tank tops and flip flops at home. If you plan to visit the Vatican, the dress code is very strict. No bare shoulders, no bare legs. There is a booth selling paper clothes for anyone who forgets the Vatican dress code! So dress up in Italy and get ready to have fun!

Home Sweet Home

Travel is great isn't it? And when you get home you organize all your pictures and souvenirs. And you think, "wouldn't it be great if I could find a beautiful Italian Flag to remember my vacation by that doesn't cost too much to add to my whole vacation experience?" Well, I've found a great site that sells great looking flags for not a lot of money and their shipping is super fast -

www.FlagWave.com

I developed

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to bring fun and color into your life! My goal is to bring you Quality

Flags, Low Prices and Super Fast shipping!



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