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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Travels Through Cyprus

By Steven Cronin

The old goat herder stands before his flock. Stick in hand, he bears the look of experience. His beaten old hat keeps the sun off his unshaven face.

His weathered trousers have seen better days and wear a belt, crudely tied around his waist. His braces are actually two of the elastic straps you use to tie your luggage to the car's roof rack.

As the sun beats down on the plains of Agia Marina he herds his goats to pastures new and another day of contentment.

When your country has suffered 9000 years of constant invasion, any break in hostilities is greeted with appreciation.

Cyprus is a blend of many influences. Turkish, Greek, Muslim and Christian invaders have all set foot upon this hallowed land and made their mark.

Mosques and Christian churches stand side by side as a reminder of the often turbulent and violent past of Cyprus.

But when free of the shackles of conflict, Cyprus is a place of beauty and discovery. The Byzantine churches amongst the Troodos Mountains are an essential experience.

The sense of history and culture is overwhelming as you journey through mountain passes and wonder at the ancient architecture.

For a genuine sense of solitude try cycling through the barren land of the Karpas Peninsula or hiking the well-trodden trails of Mount Olympus.

The blue crystal waters of Cape Greco provide a wealth of opportunity for swimming and diving.

Travels Through Cyprus

When the sun goes down, the Cypriot nightlife will have you dancing into the early hours. Youngsters tend to make their way towards the large contingent of British pubs in Agia Napa.

The more cultured make their way to the traditional Cypriot cafes and bars. Here you can drink raki, the local firewater made from distilled grapes.

If you're peckish, try the baked lamb dish of kleftiko, or another local favourite mezedes.

Steven Cronin owns the City Breaks website featuring city break special offers from luxury hotels to budget accommodations. For more information please visit

<http://www.sargas.co.uk>

Cyprus - A Place Of Contrasts

By Living In The Sun

Where else does 24-hour partying sit alongside ancient archaeological sites? Where else can you find inaccessible mountains and wide sandy beaches, full-on resorts and tiny traditional villages?

For some, Cyprus is a haven of sun, sand and social life, where a week of partying is the objective and it's one that's easily fulfilled. For the more adventurous tourist, Cyprus is a real island of contrasts and the fascination is in comparing its many faces.

Forty percent of the island of Cyprus is occupied by Turkey, and has been for over 30 years. This part of the island is largely barren and suffers from very poor economic growth. The remaining sixty percent is unoccupied and welcomes tourists with open arms, resulting in a very healthy economy, that's sustained year-round by visitors from abroad. Most of these visitors remain largely unaware of the occupation, despite the fact that one of the island's best-known party resorts - Aiyia Napa is less than 10 miles from the UN Buffer Zone.

Cyprus benefits from warm coastal weather all year round, but its central region is rugged and mountainous; with the Troodos mountain range providing excellent skiing during the winter, whilst off-peak tourists are sunning themselves on the beaches. A well-planned winter holiday can see you snowboarding one day and windsurfing the next - the perfect way to make the most of the contrasts in landscape.

If you're willing to take a drive, you can also experience traditional Cypriot life by visiting some of the more remote, rural villages. Here, people rarely move far outside the immediate vicinity and concentrate on traditional crafts and cuisine. Take a car, a map and a basic language guide and experience the "real" Cyprus that the main resorts just can't give you. On your way back, visit some of the most impressive archaeological sites in Europe - from Greco-Roman through Byzantine and Medieval, Cyprus is steeped in history - and you can relax on the beach later, safe in the knowledge that you have explored some of the contrasts that Cyprus can offer.

Living In The Sun specialises in helping you buy holiday property across Europe. Click now to find out more about their

http://www.webeventseurope.com/Internet_Marketing_Consulting/article7396.aspx

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