

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Treating Cystic Acne, Hard Skinned Pimples!

By Ashish Jain

Referring to a hard personality, we say that "He is a thick-skinned fellow." If you make this comment in a shop selling skin-care products, you are likely to catch the attention of the alert salesman: Please go to counter number...so and so...The ground for cystic acne is asphyxiated skin (dry on surface, oily underneath) -the thickened skin!

For cystic acne, innovative treatment technologies are now available. It is desirable to start it with external medication. To shrink, lumpy cystic acne, apply a dab of hydrocortisone cream. Have you seen the tailor's sticker- "Specially made for you" on your trousers? Similar is the case of treating cystic acne. The dermatologist will give a program tailored to meet your needs.

Peel is the most potent formula to mar cystic acne. It provides more exfoliation for oilier, thicker and resilient skin types. It is effective on extremely sun-damaged and thickened skin. It is also excellent for those with cystic acne and asphyxiated skin.

The warmth, moisture and fragrance of herbal steam melts away muscular tensions, clears the mind and lifts the spirit. You may wonder what this has got to do with the cystic acne. Steams are one of the oldest traditional ways of deep-cleansing the skin. The moisture softens the dry outer edges of the skin, making them easier to remove, leaving behind a soothing and fresher complexion. The heat boosts facial circulation and activates the pores and glands which brings dirt and body toxins to the surface.

All said and done, let us take it that everyone is not blessed with smooth, glowing and healthy skin. But, we have to carry on with the available skin and look after it by giving it the importance it deserves. The skin is the final protection for your body and so it is your duty to protect its health and well-being, by understanding its present condition properly.

Ashish Jain writes about many topics. For more information on acne visit

<http://www.acnetalks.com>

Treating Cystic Acne, Hard Skinned Pimples!

and for additional acne articles visit the articles page:

<http://www.acnetalks.com/index.html>

To

comment on this article visit:

<http://www.acnetalks.com/2006-06-02/treating-cystic-acne-hard-skinned-pimples-2.html>

Cystic Acne Remedies

By Oliver Turner

Cystic acne can be called as a form of abscess which is shaped when oil ducts get clogged and infected. Generally, cystic acne is commonly seen in the teenage years and mainly affects on the face. Cystic acne which affects in the deeper skin tissue can result in more superficial inflammation when compared with ordinary acne. Cystic acne breakouts are painful and can result in deep scarring. Most dermatologists consider cystic acne as the most severe of its kind.

Cystic acne takes much time to heal as the infection is affected deep under one's skin. In most cases the treatment for cystic acne is limited to oral medication and hence it is recommended that all cases need to be taken to a dermatologist. But there are several preventive measures and remedies which can be taken against cystic acne. For those looking for holistic remedies for cystic acne can consult an alternative medicine practitioner, while other more common procedures can easily be performed in the convenience of one's home with no medical supervision.

Isotretinoin is one of the most commonly prescribed drugs for cystic acne treatment. The drug taken in pill form helps to treat inflammation, clogged skin pores, and excess oil production.

For females suffering from cystic acne oral contraceptives are used as a cystic acne remedy. This is considered as a safe cystic acne remedy and helps to suppress overactive sebaceous glands (oil producing). Besides an oral contraceptive, physicians also recommend a synthetic steroid to slow down other hormones which boosts the sebaceous glands.

Whatever cystic acne treatment your physician may prescribe, acne patients are required to be take special care of their health, and of course their skin. Acne patients are advised to cleanse their face daily at least two times a day. Keep in mind that bursting of cystic acne can result in producing scars. Hence keep your hands and fingers away from your face. Consulting a dermatologist is recommended as he/she can help you to choose the best cystic acne remedy which allows you to get rid of cystic acne.

Our experts have executed a research to find the best acne treatments. Find the results only on

<http://www.acne-pimples-treatments.com>

. More valuable acne info on

<http://www.acne-pimples-treatments.com>



This Free E-Book has been brought to you by Natural-Aging.com.

**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**