

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

True Feelings of Love – Blood

By Wayne Lowe

True Feelings of Love – Blood by Wayne Lowe

True Feelings of Love – Blood

Well all have them don't we? You have feelings of love, hate, jealousy, and greed. The most influential one of all is Love. It takes hold of us with great passion and strength. It can lead us into temptation, and deliver us from evil.

From my experience of love, looking through my eyes of the wonders that I felt, you can connect and side with me and understand what I felt. Lust is very similar to love. When you love someone, you think about them when you wake up, before you sleep, and also in your dreams. Love is like our blood; it keeps us alive and is everywhere.

Even if we loose our one love, we can still survive, as we have another form of love. Family love, or friends love. But true love is hard to find. It strikes our hearts and fills our minds with feelings of joy, happiness and tranquillity also. Love is all around us. We see couples walking by, showing emotions of love.

When do we know we are in love? What is love? Well love is a word that sum's up all that we do for someone. If for some unknown reason, we feel happy being around someone, and find when you look at them, you cannot seem to concentrate on anything else, then its love. You become fixated on them with all your hearts desire. Yes, desire plays a big part.

Another word formulated into love is passion. Passion is physical desire, and desire is mental passion, then where does the word love come in. It appears above all the heading, the title, front page of passionate fantasy's and desirable features.

Love will stand for: Lifts our very existence. When you're down, you think of a passionate love one, and your way of life changes. No one can bring you down; beauty becomes the next word doesn't it? When you're in love, beauty is always seen.

True Feelings of Love – Blood

In movies, we all strive to delve deep into love scenes, or connections of love. We always hope that true love is found and they live happily ever after don't we? It always seems the way forward. Through action and adventure we always know somewhere love will find a way. Listen to Celine Dion and her song called 'Heart' it always fills me with great power. So by having love in movies, we can feel safe that, if it happens in movies it happens to us. It does, but we don't know for sure.

I was once in love with a person who I could not bare to be without. When they would go to work, and I would text them on there break in the middle of the night, I would pray that they would reply, and when they didn't I was devastated. You can literally see the tears and frustration growing inside. Feelings of being alone and powerless fill the heart, but love always wins.

Expectation comes with love. If you expect love, you will be hurt. If you expect only love from yourself

you can never be hurt. Some people say take risks and love again. Most of us know that loving someone, and then finding out they don't love you, is terrible. We seem to loose all contact with the real world, we go into a state of revival. We try and recreate our self esteem.

True feelings of love is like blood through our everlasting veins, which will last forever. Titanic the movie "My heart will go on" famous words of a song, that will never be forgotten. Can love be lost and recreated with someone else? I think so, but love isn't lost is it? It's merely hidden from our sight.

Your first love, can you remember them? Picture them, think of how you felt. I bet you where happy and felt different inside like you've never felt it before. It's rare to still be in love with your first love and still be with them. Everyone knows if they see someone they love, that they haven't seen in a long time, your body reacts and reveals loves tell tale signs to the entire world. Dilating pupils, sweat glands over produce and heart rate increases, then maybe if your love was physical, then arousal will set in.

So love pumps through the body like blood does. Without blood we die, therefore without love we die? Would you say that the true feelings of love, is like blood through our bodies, that we cannot live without it, but then again, if we donate blood, in the end we create new blood and we keep alive! So love LIFTS OUR VERY EXISTANCE

What you read is what you read, what you see is what you get. "A Smile a day attracts more your way"... the best way for the world to know exactly what you know, and to share your brilliant insight is to WRITE right?

Lie: If I Feel It, Then It Must Be True

By Janet Daughtry

Remember that popular song, "Feelings"? We live in a world that places a lot of emphasis on feelings. If it feels good do it! There is nothing wrong with feelings. A world without passion or feeling would be a very dull place. Who would want to live in a world without feelings?

True Feelings of Love – Blood

The problem occurs when we equate feelings with the truth. A lot of pop psychology has contributed to this belief. The prevailing thought is "get in touch with your feelings" or "trust your feelings." Quite frankly, that kind of existence scares me just a little. What would happen if everyone lived out of their emotions? I think it would get a little nutty.

For starters, I know we would definitely have a lot more road rage to deal with on a daily basis. For me, personally, it would mean that I would stop writing this article and immediately leave for the beach for a month. That would just be the beginning! After my trip, I would definitely go on a huge shopping spree! I think you get the point.

Feelings and emotions can be very powerful and strong pulls in our life for good or for evil. They can even be important for us to consider when we make decisions, but the truth is they are just "feelings". They definitely are not predictable and they don't always equal the truth or the facts. In fact, sometimes they can be diametrically opposed to the facts.

Has this ever happened to you? You may feel someone doesn't like you. You believe it's the truth and so you respond out of those feelings, only to find out at a later time that person liked you after all. If you had continued to operate on your feelings alone, you would have totally missed out on a relationship with that person. What about the person who experiences a panic attack? At the time that it is happening, the person feels like they are not going to make it. They feel like they're going to die. Having survived one myself, I now know those overwhelming feelings were not in sync with reality at all.

In this world, where we place so much emphasis on emotions and feelings, too many people live out of their emotions. It's as if they have no control over their feelings. It's more like their feelings drive and control them. For them, feelings equal the facts or the truth. I "feel" it so it must be true, and so their feelings jerk them around, dictate their moods and decisions in life. I "feel" worthless so why bother? I "feel" love for this person, so it must be so. The next thing you know they have run off with another person, even though they may be married. "We were so in love", they say! It's amazing the choices and decisions that can be rationalized and justified because of feelings or emotions.

Please don't misunderstand me, feelings and emotions can be grand and no doubt enhance our lives in many ways. In fact, feelings can be a valuable part of the decision-making process, but can never be a substitute for the facts. When facts are at odds with feelings, it is better that the feelings change than the facts be ignored.

Janet Daughtry, MDiv, CBC, is a Certified Life Coach helping women to realize their potential and fulfill their purpose. Visit her website at



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!