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Try The Patch Not The Pill

By George M Noceti

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Oral drugs are out! Patches are in. Actually, recent medical observations have revealed that the concept of taking oral drugs is faulty and fraught with health hazards. First of all, the drugs you take orally become neutralized in the stomach, intestine or liver. The effect of those drugs is reduced drastically when they finally mix with the blood stream. But, to make those medicines work, if you consume higher dose, your health could suffer due to side effect. But through

<http://www.gotopatches.com>,

you can get rid of the menace of oral drugs successfully. Thanks to our

exquisite transdermal products, you don't have to pop up pills or tablets or come to terms with the inconvenience of topical creams and lotions. Our patches have effectively rooted out the evils of conventional medicines. If you are a passionate smoker and want to minimize the adverse effect of smoking or if you want to have gorgeous skin, try our patches today.

Realizing that oral drugs like pills are fast becoming unpopular among patients, many drug companies have switched over to patches. But they are yet to match our versatility in producing patches for wide range of symptoms. The main reason for which patches have scored well over the tablets and pills or other oral drugs is that drug patches release the active compounds directly into the blood. Also, the patches don't have to use the gastrointestinal system. That's why chances of developing nausea or other nagging side effects are minimal. So, if you hate waking up at the wee hours to take pills, you have now solution at hand thanks to gotopatches.com. If you are constantly forgetting when to take up the pills, come to us. Check out our wide range of patches capable of taking care of your health in a most healthy way.

If you are peeved with the peaks and troughs of drug levels available in the oral drugs, opt for a smarter medical option - that's patches. You no longer have to keep in mind when and how's of taking

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medicines any more. Patches are extremely convenient and good for health. We take this opportunity to introduce you with our wide range of patches that have won accolades all over the world. We have clients from every sphere of society. From consumers to corporations and governments, we have been enjoying a great fan following. Patches are the futuristic alternative to the conventional oral drugs.

For a devoted smoker, it's extremely difficult to quit smoking instantly. You will hardly find anyone who has made a resolution to quit smoking and fulfilled it. But, if you are a smoker and seriously contemplating the idea of quitting smoking but don't know how to achieve the mission impossible, we have the way. Opt for our specifically designed patch, Habitrol®. This innovative patch is phenomenal in successfully reducing and eliminating the nicotine cravings. What you have to do is just put on a patch in the morning and you will soon realize that your urge for smoking is decreasing day by day.

Count on our Habitrol® program - this is truly the safest way to quit smoking. At gotopatches.com, we have introduced different patches for people with different smoking habits. As we have Nicoderm CQ® Heavy Smoker Program for those who puff more than 10 cigarettes a day, also we have introduced Commit® Lozenges Heavy Smoker 144 Piece Program for those smoking maniacs who smoke their first cigarette within 30 minutes of waking up. Fight with nicotine cravings with a vengeance. Our patches will help you thwart the cravings when you are in the most vulnerable period like after meals,

on work breaks or in the car.

Let's move on from smoking remedies to top-class skin care. At gotopatches.com, we have introduced Lori's TanTowel, the greatest revolution in skincare. If you want to have natural, sun-kissed tan in only 2 hours, opt for this awesome patch. Thanks to this citrus-scented wet-wipe towelette, you will get an even, consistent tan.

If muscular aches and pains are becoming too painful for you, opt for our ThermaCare® Neck to Arm Heat Wraps - you will get instant relief from pain in neck and arm. To tackle the pain in the lower back, we have introduced ThermaCare® Lower Back Heat Wraps that will give you immediate relief. To help women counter the menstrual cramp pain and associated back pain, we have launched unique ThermaCare® Menstrual Heat Patches.

If you want to lose weight, we have the sophisticated appetite suppressant & metabolism booster Eden Weight Loss Patch for you. Your body's ability to burn fat will increase dramatically with this fabulous patch. Don't you want to lead a healthy life and also want to see your loved ones brimming with health? Go for our patches today. We have solutions for every health issue at

<http://www.gotopatches.com>.

George M Noceti, Managing Partner for

<http://www.gotopatches.com>

. George has designed a web site

to promote the patch and not the pill for better health care results. He can be reached at:

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Ortho Evra – The Facts Women Should Know

By Heather Colman

Ortho Evra, commonly known as "the patch," is a form of contraception for women. The biggest difference in Ortho Evra and other types of birth control is that it is used as a patch, similar to a sticker that is placed on strategic areas of the woman's body. Three patches are used for a period of three weeks, one patch per week, and the fourth week is patch free and when the woman receives her period.

Lots of women began using the Ortho Evra patch as soon as it was approved in 2001 as a form of contraception because it was easier to remember to change the patch once per week than to take the pill every single day. However, there are more facts about Ortho Evra than simply how it is used and its convenience factor.

How Does Ortho Evra Work? Ortho Evra is a small and thin flesh colored patch. Basically, it is like a square sticker that is easily applied to the skin. Once applied to the skin the Ortho Evra patch emits the hormones progesterin and estrogen. These hormones are released gradually over the week period the patch is applied. The hormones enter the woman's bloodstream and provide significant protection against contraception.

For the Ortho Evra patch to be as effective as possible then the woman needs to use it exactly as prescribed. This includes changing the patch every week on the same day. As long as the Ortho Evra patch is used as prescribed it provides women a 99% rate of effectiveness at preventing pregnancy. That is to say that one woman out of every 100 women using the Ortho Evra patch perfectly will become pregnant. This is very similar to the contraception rate of the birth control pill.

Warnings Ortho Evra is a great option for birth control. However, it is not a great option for every woman especially those who smoke. Smoking while using hormonal contraceptives like Ortho Evra increases the risk of cardiovascular side effects significantly. Additionally, the risk of cardiovascular side effects increases even more with more than 15 cigarettes per day and with age. Women over 35 who smoke heavily are in the highest risk category.

Women who are pregnant or think they may be pregnant should not use the patch. Likewise, women who have a history of cardiac disease, heart attack, or stroke should not use Ortho Evra. Some other health problems that make using the patch dangerous include cancer of the cervix, uterus, breast, or vagina. Also, extremely high blood pressure, Hepatitis, blood clots in the legs, eyes, or lungs, as well as liver problems or headaches with neurological problems are health problems that should prevent women from using the Ortho Evra patch.

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Another important issue regarding Ortho Evra is that it is strictly a contraceptive. It in no way protects against HIV or other sexually transmitted diseases. As a result, users of Ortho Evra must protect themselves against sexually transmitted diseases in other ways.

Recalls Ortho Evra became available in 2001 and millions of women found the new transdermal form of birth control a godsend. However, by 2005 concerns were raised about Ortho Evra and how it might raise the risk of women dying from a blood clot. There are 17 deaths associated with the Ortho Evra patch where young and healthy women died from a blood clot. Another five deaths from heart attack

and stroke have been associated with Ortho Evra. Reportedly, the women who died were all healthy and had no history of blood clots or cardiac problems prior to using the birth control patch.

Researchers and doctors are not completely sure of the death claims from the Ortho Evra patch. As a result, more investigations are planned to determine if Ortho Evra indeed carries an increased risk of death associated with blood clots and heart attacks. There have been some findings that find the risk for blood clots is three in 200,000 for Ortho Evra users and one in 200,000 for pill users.

Final Thoughts Reading this information you might wonder whether Ortho Evra is the best form of birth control for you. The best way to determine the best contraceptive for your lifestyle is to have an open and honest discussion with your gynecologist. Your current state of health as well as health risks will be reviewed before determining if Ortho Evra is the right birth control for you.

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