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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Types of Hair Loss Treatment Currently Available**

**By Richard Mitchell**

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The hair loss treatments outlined here cannot provide definitive cures for all hair loss conditions, but they do represent regimes that many sufferers have found useful. In other words, they are examples of potential solutions that many patients have chosen after honestly assessing the causes of their hair loss together with their expectations.

This article will focus on four basic approaches:

1. A drugs based approach for those who don't mind taking strong medications.
2. A commercial product approach for those who prefer a non-drug solution but who still want a treatment that has a track record.
3. A natural remedy approach for those who prefer to follow the natural route.
4. A nutritional approach for those who wish to adopt a more holistic perspective.

It remains a fact that only two hair loss treatments have been approved by the FDA and both can be classed as strong drug-based medications. Propecia (finasteride) is the treatment of choice for many men with good reason – it tends to work! It is a powerful drug that inhibits the formation of DHT in the system, eventually to a level that is sufficiently low to encourage a normal growth cycle. Rogaine (minoxidil) acts differently in that it stimulates hair growth in both men and women by overriding the prevailing hair loss symptoms. These drugs can be used either on their own or in combination. Women should seek professional medical advice before using Propecia.

The world of commercial hair loss products is much less clear cut and it is here that many scamsters ply their trade to rip-off unsuspecting customers. The best advice I can give here is research, research, and more research! Many useful products are available on the market but none have been approved

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by the FDA. Probably the best, and certainly most popular, commercially available products are those containing natural ingredients that have been shown in field trials to reduce hair loss and encourage regrowth. You can find out more about these products by visiting the site listed at the end of this article.

Increasingly, people are turning to natural hair loss remedies as they seek to combat thinning hair. This has an obvious appeal for many sufferers and there is growing evidence to support the view that some natural remedies may be effective in curtailing hair loss. The most popular ingredients of natural hair loss treatments include ginkgo biloba, green tea, he shou wu, pygeum, saw palmetto and stinging nettle. Each of these is described in more detail in an supplementary article entitled "Herbal Remedies That Offer Hope".

It is becoming increasingly evident that poor nutrition and modern lifestyles can have a negative impact on health, and hair loss is no exception. At the most basic level, improved nutrition can minimize

shedding and support other treatments that encourage regrowth. This can be achieved by: eating adequate amounts of protein. eating appropriate levels of useful carbohydrates. achieving a healthy balance of dietary fats.

Richard Mitchell is the creator of the

website that provides information

and guidance to those suffering from premature hair loss.

## **Female Hair Loss Treatment And Information**

### **By Paton Jackson**

Did you know that female hair loss is part of the lives of more than 25 million women in the United States alone? Most of them are not using any female hair loss treatment and only few are aware of the existing hair loss treatments. In almost all the cases Female hair loss could be avoided, stopped and new hair growth could be stimulated.

Female pattern hair loss is similar to what is known as the "male pattern hair loss" for men. It is caused by an increasing amount of a chemical called DHT which usually occurs in the menopause age. As opposed to men, women usually suffer from thinning hair around the forehead and crown of their scalp, and not a complete baldness.

There are several available treatments for female hair loss of this kind:

Natural female hair loss treatment - There are several natural products that showed good results in stopping female hair loss like Advicia and Revivogen. These products are made up of hair growth vitamins, herbs and minerals and have no side effects.

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Female hair loss products - The most popular hair loss product for women is Rogaine. Rogaine is the only FDA approved female hair loss treatment. Its' main component is called Minoxidil which is a DHT inhibitor.

Other less common female hair loss treatments like wigs, hair thickeners and hair transplants are not recommended.

Another kind of female hair loss is a temporary hair loss. This kind could be a result of metabolic problems during pregnancy, a severe stress condition, chemotherapy, high fever or infections. The treatment in these cases would be stopping the medical problems as soon as possible. This would also result the hair regrowth.

If you do not suffer from female hair loss we congratulate you and advice you to use regularly a shampoo, a conditioner and moisturize and to maintain a healthy diet. If you start losing your hair do not ignore it. You can stop your hair loss. Good luck.

911 corp. has executed a research to find the best female hair loss product. Find the results only on

– All about female hair loss

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