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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Understanding Acne Scars To Treat Them And Restore A Fair Look Once Again!

By Ashish Jain

This acne scar is not an ordinary scar. It has a "S" & "Car" in it. Firstly you have to see what "model" is your sCAR. The cost of treatment for certain types of scars is very costly. Therefore, before committing to treatment of acne scars, you should have a frank discussion with your dermatologist, in all the aspects. As, terminating the scar treatment at an incomplete stage, may be counter-productive for you.

Acne scars are treated in several stages based on the type of scar. They are like the episodes of a TV serial. Some stage of the story is covered in every episode, and a deliberate suspense is created at the ending. Here, the dermatologist may not deliberately try to keep you in suspense, but after completion of every stage, it is natural for you to have your quota of suspense, "Will this scar fully heal?"

There is no doubt that innovative skin care technology for acne, bums, surgery and piercing has arrived. The dermatologist will give you tens of reasons to get beautiful, getting rid of scars. He has documents of many success stories. You arrived at his clinic with scar-removal temptation, and your temptation is now confirmed. He has explained to you doubt-proof methods to reduce and eliminate acne scars.

Acne scars can affect anyone. After the healing process, the skin is left with a discoloration that may take months to heal. 6 to 18 months is the normal estimate. If the scar still persists, and is in no mood to go, then surgical methods are the only alternative.

Since the scars are visible, they cause embarrassment. There is nothing to worry about the macules of "pseudo-scars". When it eventually disappears in the natural processing of healing, it leaves no trace. Post-inflammatory pigmentation is discoloration of the skin at the site of a healed acne lesion, which may last up to 18 months. Chemical peeling is likely to hasten the disappearance of post-inflammatory healing process.

It is better to bear the scars if they are not in the visible part of the body. It is difficult to predict how successfully scars can be treated. For, the healing duration differs from case to case.

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Acne scars are generally categorized in two types: (a) scars caused by increased tissue formation and (b) scars caused by the loss of tissue.

The decision to seek surgical treatment is an important one. The type of treatment has to suit you best. The experience and expertise of the dermatologist come to play an important part here. He may fail sometimes, at your cost, despite of his best efforts. You have to make your personal decision whether to live in the company of your scar/s, unless it is a psychological burden for you.

Scar treatment usually improves the appearance of the skin. But if your expectation is total restoration, it is an impossibility. The main aim of any acne scar treatment is basically to provide you a totally acceptable look. To have a complete restoration of your previous look is far than a possibility.

Ashish Jain writes about a number of different topics. For more information on acne visit

<http://www.acnetalks.com>

and for additional acne articles visit the following articles page:

<http://www.acnetalks.com/index.html>

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What Acne Scar Treatments Are Out There?

By Den Fransen

Acne can cause scars when not treated sufficient. Therefore you should always treat your acne to minimize the risk of acne scars. If you have severe acne you should consult your doctor or a dermatologist for treatment. You cannot treat acne scars if you still have acne problems. You first have to treat the acne, before you can treat the acne scars.

Acne scars can be found in different variations. The depth of the scar is important. Shallow scars are easier to treat then deep scars. The best acne scar treatment depends on the scars and on the person. Consult your doctor about the best treatment for you. Below is a list of common acne treatments.

Chemical Peels Chemical peels contain different types of acids that will remove the top layer of the damaged skin. The skin will usually turn red or swell for a few days. This treatment is only for people with mild scarring.

Dermabrasion treatment Before the treatment the skin is numbed or frozen. After that the damaged skin is removed using a rotating wheel. The procedure will take up to an hour, but your skin will be reddish for at least two weeks. This treatment is best for shallow scars.

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Laser resurfacing treatment Damaged skin is removed using a laser, so new skin can form in its place. This treatment is best for shallow scars, but can cause change of skin tone for people with darker skin.

Punch Techniques This is a treatment for pitted scars. The scar is cut open or out and is sometimes replaced with skin like hair transplantation. This is the best treatment for deep scars.

Subcision By detaching the scar from the deep tissue the skin is leveled. For best results this treatment has to be repeated more than ones.

Augmentation The scar is leveled to the surface by injecting collagen under the skin. The results will last for about half a year. Best thing is that there is hardly any recovery time needed from this treatment.

Usually one treatment will not be sufficient to remove all acne scars. Most of the time several or combined treatments are needed to get the best results.

Den Fransen is the editor of

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