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Unleashing the power of knowledge

By Brian Holte

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We all have some sort of knowledge locked in our noggins. Through life's experiences such as past and present employment, the adversities we've all had evolve during our lifetimes, such as illnesses, divorces, issues with our children, financial and emotional turmoil. To a certain point we all have something in common, the only difference is the way we have climbed the mountains of challenge that has been placed in front of us over our lifetime at one point or another. This is the kind of information that consumers hunger for, willing to devour because our experiences differ from each other. They are the common denominators we share, it's the way we handle them that makes the information different and unique. And that's the information that consumers are dying to get their hands on. So when you say you can't think of anything to write about, think again. Sit at your kitchen table and think really hard, outline on a piece of paper all of the situations that you've encountered and have had to overcome, write this down on paper. Everything and anything, this information is your key to success on writing an ebook that people will be interested in buying, because they want to know. They seek the answers to their problems, you have the solutions staring you straight in the face. Profit from your experiences, there's nothing immoral about it, people from all backgrounds do this. Whether you're a survivor of a divorce, a victim of corporate layoffs, or have experienced some sort of turmoil whether it be emotional or physical, other people around the world are just starting to experience what you have "already been through". Share your expertise and insight into how you've dealt with certain adversities and you'll never run out of ideas for something to write about. By doing this you'll profit from your sharing by selling this valuable information in electronic format, you'll have the satisfaction of knowing that you are helping people who are in the situation you were "once in" at some point in your life, you can give a different perspective on how to deal with this or that, ideas that your reader would have never thought about until you shared your experiences with them, they might even be eternally grateful to you for your advice on whatever subject they're having trouble dealing with, knowing that they're not alone, knowing that they're not the only one who has faced such adversities, and knowing that whatever the problem is...it can be overcome. When you share with people how you've

overcome certain problems in your life, be brutally honest. You will find as you write, everything just flows out, your passion, your pain, but most importantly your triumphs. Not only will you be helping the reader, you will be helping yourself. You may even find writing to be therapeutic, you may even notice your outlook on life become even more upbeat and positive than it already was. You may find your self emotionally exhausted but feeling somewhat invigorated at the same time, take it in and feel good about what you've given back.

Brian is a freelance writer covering topics of interest to readers of all ages. Some topics covered are health, money and family related issues. He is the owner of www.theebookking.com and welcomes free quality ebook submissions of topics to which people are genuinely interested in.

8 Step Basic Goal Achievement Theory

By Gordon Bryan

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Over the years, I have had many people say to me that although I keep harping on about the magical power of goal achievement theory, they don't know quite what it is I'm referring to.

Although they can see the results it has brought for me, and the sense of well being that goes along with it, I haven't explained the theory to them in a way that they can easily sum up.

I think this is because it is so ingrained in me, that I assume everyone understands it.

That's a mistake on my part, so here goes, the 8-part theory of goal achievement.

1. Define your goal.

It may be a new car, house, a certain amount of money, a job, whatever. Define it as precisely as possible.

2. Visualize.

You need to visualize the goal coming true. Picture yourself after the goal has come true.

3. Write the goals down.

Write the goals on a little card, and look at it often throughout the day, certainly morning and night, preferably repeating them out loud.

4. Believe it will happen.

If you doubt you goals, they won't happen, because you are admitting

defeat.

You also need to believe that you are worthy of the goal.

5. Gain the knowledge.

Find out what other people did to achieve the same goal.

It is highly unlikely that you are the first.

There will be many different routes, and the knowledge is there.

6. Work out a plan.

Look at where you are now, look at where you want to be, and work backwards, step by step, until you can see what the first step is, that you need to take to get to your goal.

7. Take the first step.

This is often the hardest of all the steps, but can be the most powerful, unleashing amazing energies, both within you, and around you.

8. Keep going.

Once the initial enthusiasm wears off, once the going gets tough, keep going! No-one said it was easy!

This is where you find out if you are really prepared to pay the price or not.

That's it!

Simple. Eh?

No, of course not, but the theory **is** simple, yes.

All the steps need to be followed, you can't miss any of them, but if you follow them, believe me, the world is your oyster!

*****Gordon Bryan's new book, 'Transform Your Life in 21

Days!has

been described as 'a must read', 'awesome', and 'a true gem'.If you liked this article, see the book for yourself at:<http://www.transformyourlifefor.com>*****



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