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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Unloved and Unwanted

By Gail Fonda

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Unloved, Unwanted & Disowned

Ever since I was a child in kindergarten I knew there was something strange about my mother. She didn't seem normal, but at that time, how would I know what normal is?

My brother, four-years-older, never seemed to be home. I have never had a conversation with him, and I am now in my late forties. He was never interested in getting to know me or including me in his life. He was someone I knew was there but my existence, and his, was meaningless.

We lived in the same house, but we were both more like boarders. He always was off with his buddies. I didn't really meet those people until the high school years, but even then it didn't matter.

Both my parents and brother were never capable of showing love or emotion. Whatever feelings they had, it only appeared in the form of severe negativity. My mother was always crying for some reason or another. She seemed to hate her life even though nothing at all was ever expected of her.

All my mother ever did was go in the basement and yell at the washing machine, talk to the cleaning woman at lunch and watch television. Her only goal in life was to figure out what's for dinner and which room to clean.

She was obsessed with cleanliness. She sometimes would get on the floor on her hands and knees and scrub the floor. But she was never happy with the results. Everything was always dirty, even minutes after it was cleaned, she felt it was dirty again.

It took me my whole lifetime to realize my mother and father were mentally disturbed. My parents both lived off the successful financial condition of my maternal grandparents. My father was a ne'er-do-well who made it from check to check but my grandmother willingly gave money on a regular basis for whatever we needed.

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I guess since my father knew that, he didn't try very hard. My grandfather tried to force my father and uncle to be in business together, but that was always volatile. My entire household was always volatile, with explosive temperaments coming from everywhere. Always loud voices yelling and swearing and slamming of doors and throwing of objects with uncontrolled, raging tempers. I was shaking a lot.

My parent's have always had extreme difficulty getting along with people, and that was one of many reasons why they have few to none as far as social contacts was concerned.

My mother spent most of her life watching television. She always was ill from something or another. But her illnesses weren't bad enough to keep her from forming a life her own. She simply didn't try or was too mentally weak.

My parents doted on their son and he grew to become more and more selfish, inflexible, hostile, arrogant, money-loving, verbally abusive, mentally abusive, materialistic and more. He married a woman with the same qualities.

I had to be on my own emotionally and searched for attention and love outside the home. There was no love at all at home. My grandparents provided the material things for all four of us to survive. But I was empty, suffering from severe anxiety, depression, and zero self-esteem.

When it came time for me to finally marry, and I had had multiple bad relationships with men because I gravitated toward losers like my father and men who physically and emotionally abused me, like I was used to at home.

For once in my life I was with a man who could make a living on his own without help from someone else, who was kind and trusting and uplifting, and he actually cares about me. For me that's a miracle. I thought I was doomed to sit in front of the television with the lights off like my useless mother.

They were not happy that I married. They gave me no gift and no wedding. Two years ago I had major surgery and my mother didn't even call.

She's had many surgeries throughout her freakish life and I visited her nonstop. Then my father became ill and I visited him every day.

But in the background their son was worried my husband would "steal" my parents' home and his "inheritance." My mother inherited money from HER mother. That's what my parents lived off of.

Their son had spent so much over the years and accumulated miles of debt from his extravagant lifestyle, he constantly needs more and more. He found a way to get their house and savings.

Now they are elderly and living in his home because they have lost everything they have to their viscious son. And they have forgotten they have a daughter, or they choose to forget.

They never paid me much mind anyway over the years. They thought of me as a useless drone who could possibly help take care of them in their old age but of no use in any other way.

I am now alone with my husband. But you know what? I am lucky to finally be free of the noose around my neck. I catered to their every whim in their old age demands. Now their beloved son has to figure out how to get rid of them as he lavishly spends their savings.

And that will be Part Two. Until then....

Graduate of Kent State University, 1976 Over 100 published articles in the Journalism genre, meaning articles were assigned

The Benefits Of Professional Laser Hair Removal

By Colin P

Unwanted hair is a problem for both women and men. While historically women have primarily sought out professional assistance for hair removal, more and more men are seeking such services in the 21st century. The preferred method of professional hair removal at this point in time for both men and women rapidly is becoming laser hair removal.

There are a number of definite benefits to obtaining professional laser hair removal as opposed to some of the other common methods of dealing with unwanted hair. The only major drawback to professional laser hair removal really appears to be the cost associated with the process. However, as technology has improved, the costs associated with the laser procedure have become to drop over time.

The most basic, primary benefit of laser hair removal is found in the fact that for most people only one treatment is required. Once a person submits to the laser hair removal process, unwanted hair normally is removed permanently. In a few isolated cases a person does have to come back for a follow up treatment. With advances in laser technology in the past decade, repeat appearances for additional sessions is becoming more rare all of the time.

The fact that unwanted hair can be removed permanently in most cases through laser hair removal contrasts starkly with other treatment regimens. As an example, waxing to remove hair continues to be used by a considerable number of women and men who want to banish undesired growth. For many people, waxing is at least a monthly if not more frequent process.

Another of the benefits associated with laser hair removal is found in the fact that it is largely pain free. In some instances, a person who has undergone this procedure will experience some skin irritation following the procedure. Certainly, there will be some mild yet temporary redness of the skin following laser hair removal. However, the procedure itself is painless.

Again, you can contrast the pain free removal of unwanted hair with waxing. Depending on what part of your body is being waxed, the process of hair removal in that fashion can be downright painful. Other forms of hair removal, such as shaving, can irritate the skin for a significant period of time. Rashes and other types of unsightly skin blemishes are common following the shaving off of unwanted hair at certain locations on body.

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Laser hair removal is also a convenient and time saving method for dealing with unwanted growth. As mentioned previously, more often than not one treatment will work to permanently rid a person of unwanted hair. While a single session under the laser will take longer than one waxing treatment, when all is said and done you will end up saving a great deal of time by undertaking laser hair removal as opposed to other forms of hair removal. You will not need to make continual appointments and interrupt your already full schedule to deal with unwanted hair growth.

In the final analysis, more and more people are turning to laser hair removal as the most reliable, convenient and reasonably priced alternative for the removal of unwanted hair. Indeed, most experts in the field of cosmetics and related services believe that in the very near future, laser hair removal will be the primary means through which both women and men deal with the permanent removal of unwanted

hair growth.

For more information on laser hair removal, please visit



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