

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Using Auto-Surfing To Get Traffic To Your Site...**

**By Megan Mart**

Using Auto-Surfing To Get Traffic To Your Site... by Megan Mart

Auto surfing traffic exchanges are unlike traditional traffic exchanges. You are not required to click a link, number, or button to receive credit. Sites automatically rotate in your browser window.

It is kind of like a slide show. You can just watch the sites go by, with no effort on your part. How easy is that?

Auto surf sites typically have shorter required viewing times. Usually between 10 and 20 seconds per site. What does this mean to you?

It means that you need to be promoting a site that is fast loading. It does no good for you to promote a site that takes a long time to load. It will never fully load before the timer is up and the next site comes up. It is doubtful that anyone will see your site load completely.

If the site that you want to promote is full of graphics or is very slow to load, take heart. You still have an option that you can use to promote this site. Here is what you can do... Create a doorway or splash page!

If you are not sure what a doorway or splash page is you can look at the one I just made to promote the NEW Empowerism RSVP leads program that I am promoting now. Have a look here, <http://www.accessbizinfo.com/intrigue.htm>

## Using Auto-Surfing To Get Traffic To Your Site...

Notice how simple it is. Just some ad text, a little color and a banner to spice it up a little. Try to make your message intriguing enough that your visitor will want to click through to your main site.

You must have web space available to upload this doorway page to. You can use a free host. The visitors of the auto surf exchange will not see the url to your doorway page.

For browsing auto surf sites, I recommend MyIE2 browser. See about it here: [http://myie2.com/html\\_en/home.htm](http://myie2.com/html_en/home.htm)

MyIE2 has so many features, you are sure to love it! You

have total control over the filtering features such as popups. You will be able to automatically open each of your surf programs with one click of the button!

Now join some auto surf programs. (I will give you 3 or 4 to get you started) Save your surfing urls in the favorites of MyIE2 browser inside a folder named "auto surf" or whatever you chose. Now all you need to do to run them all at once is to select "favorites", then your "auto surf" folder, and choose "open all favorites". MyIE2 will open each auto surf program in a different browser window. How cool is that?

Run your auto surf programs as often as possible every day. Consistency is key in any promotion effort. You will get visitors to your site and hopefully they will be interested in and respond to your offer.

Once you get this set up to run it is a snap to use it daily. And the best part is that it is so easy to get going and it does not cost you one cent to implement. You got to love that!

Here are a few auto surf programs that will help get you started on this advertising campaign. Just follow the directions at each site to get your account and site set up for visitors!

AutoSurfPro  
<http://shmyl.com/fbmison>

LoadShark

<http://shmyl.com/gbmison>

AutoHits

<http://shmyl.com/hbmison>

126Hits

<http://shmyl.com/ibmison>

Best of Luck with your campaign and Happy Surfing!

©2004 Megan Mart

<http://www.accessbizinfo.com>

ABIZ Newsletter:

<http://www.accessbizinfo.com/signup.html>

Megan Mart <http://www.accessbizinfo.com> ABIZ Newsletter: <http://www.accessbizinfo.com/signup.html>

## **Get more visitors to your website using free Traffic Exchanges**

**By Suzanne Morrison**

Trying to get traffic to your new website or to your gateway pages for an affiliate program can be difficult if you are just starting out and have little or no advertising budget. This article will explain how you can use traffic exchanges to get a steady stream of visitors to your website, without having break your budget or spend hours on end clicking away to get credits.

In simple terms, a traffic exchange is a place that you can join and view other members web pages in exchange for having your own web page viewed. Every time you view another member's web page for a period of time (e.g. 20 seconds) your balance of credits increases. Every time a member views your web page for the same period of time your credit balance decreases.

There are two main types of traffic exchanges - manual exchanges and auto exchanges. A manual exchange requires a real human being to view the web page and click on a link to proceed to the next web page, whereas an auto exchange can be left running in your web browser and will automatically refresh to a new web page.

Although both of these methods will bring hits to your website, the use of a manual exchange is far more likely to bring a visitor who will actually read what is on your web page. The auto exchange user who leaves their computer on all night, surfing web pages while they sleep is unlikely to buy your product! It is for this reason that I have not ventured down the path of using auto exchanges.

So how do you go about choosing which traffic exchange(s) to use? First let's take a look at the most common features of a traffic exchange, so you can differentiate between the competition.

\*Credit Surfing - all traffic exchanges allow you to earn credit in return for viewing other member's

## Using Auto-Surfing To Get Traffic To Your Site...

web pages. Also look out for bonus credits. Many exchanges will give you bonus credits for signing up, for surfing a certain number of pages, or for winning competitions or sweepstakes.

\*Minimum Time Limit - when surfing for credits, most traffic exchanges require you to view a site for a minimum amount of time before you earn a credit. This is normally somewhere between 10 and 30 seconds.

\*Anti Cheat Mechanisms - to ensure that a real person is viewing your web site most traffic exchanges employ anti cheating mechanisms. This usually means that instead of clicking a "Next Site" button you have to click on a specific graphic such as a number, letter, picture or coloured icon from a selection of a few, to proceed to the next site. Repeated failure to do this correctly means suspension or termination of your account.

\*Referring Others - this is the fastest way to build up your credits. Most traffic exchanges provide you with referral pages and banners. You can use these to recruit yourself a downline. When someone signs up from your promotional web page or banner they are placed in your downline. This can earn you an immediate bonus plus a percentage of your downline's credits e.g. 1 credit for every 10 sites

surfing.

\*Paid/Pro Memberships - most traffic exchanges offer paid memberships as well as free memberships. Normally a paid membership earns you privileges such as an allocation of credits per month plus an increased number of credits for your own surfing and the surfing of your downline. Most exchanges also allow you to purchase extra credits. I don't recommend going for a paid membership or buying credits until you have tried out the traffic exchange for free first.

A quick search on Google, using the keywords "traffic exchange" will reveal almost 200,000 results, including hundreds of differently themed traffic exchange websites. Within minutes you can sign up for an account, submit your URL and start surfing for credits. Easy? Yes, but how do you know if this traffic exchange will give you results? How do you choose between the hundreds of different traffic exchanges?

I use a report from a company called Traffic Hoopla (

)

to decide which traffic exchanges to sign up with. This report is updated weekly with the top 50 traffic exchanges and the top 10 new traffic exchanges. You can find out from this report who delivers the highest unique percentage of visitors and who will deliver traffic to your website in a timely manner. Armed with this information you can sign up for only the best traffic exchanges and get the biggest reward for your efforts.

Once you have signed up for some of the top traffic exchanges, you now need to earn some credits. There are three ways to do this:

## Using Auto-Surfing To Get Traffic To Your Site...

(1) Personally surf for credits (2) Purchase Credits (3) Build a downline

In the beginning you may want to set aside a few hours each week to personally surf for some credits - in fact some traffic exchanges require you to surf a certain number of sites to activate your account.

However, the best way to be successful with traffic exchanges is to build your own downline. This way you can keep the credits flowing in by letting your downline do all the clicking for you. You can do this by using the referral web pages of each of the traffic exchanges that you have signed up with or you can sign up with Traffic Hoopla and advertise the 50 best traffic exchanges in one go. I chose the latter method and after signing up for the top 10 traffic exchanges I had over 60 people signed up under me in the various programs after the first week. I can't quite put my feet up and stop surfing yet, but every week I can spend less time clicking on traffic exchanges and more time deciding how to use all my credits.

Suzanne Morrison is the webmaster and owner of

. Visit her site or sign

up for her Home Business tips newsletter at

to find out how you can

start up your own successful home business.

Get more visitors to your website using free Traffic Exchanges

How to Generate Loads Of Free Traffic To Your Website!

The Nuts And Bolts Of Traffic Exchanges

Free Advertising for Your Website With Traffic Exchanges

When and When Not To Use an Auto Responder

eZy Auto Hitz

Affiliate Marketing PLR Kit

Self Improvement PLR Kit

Hobbies, Arts and Crafts PLR Kit

Making money at online auctions



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**