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Using Feng Shui to Create a Vibration of Abundance

By Vicky White

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Your prosperity is directly related to the flow of energy in your environment. Clutter creates stagnant energy flow and prevents abundance from flowing to you.

Clutter is anything unfinished, unused, unresolved, tolerated or disorganized. Clutter is emotional constipation!

Letting go of something that no longer makes your heart sing, can mean letting go of a person, or something no longer relevant in your life. It can be part of a process of grieving, enabling you to move into your present and future.

Everyone has their own patterns of attracting abundance and blocking it. Do you recognize any of these?

1. Physical Clutter – Clutter is dead, stagnant energy and will block the flow of energy in your life. The energy that flows around your home and office is like a river, bringing abundance and fortunate blessings in all areas of your life. When it comes across a pile or something you are tolerating it will get bogged down.

Ask yourself: Do I love it? Do I use it? Does it make my heart sing?

2. Purchasing clutter – If you make purchases when feeling angry, sad, stressed, fearful etc. you're spending money to suppress those feelings rather than feeling them and letting them go. This means emotional energy will attach itself to

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the item and you will experience its vibration, even on an unconscious level whenever you look at, wear or use the item.

These items will not make your heart sing and will not support your prosperity.

Are you ready to let them go?

Are you ready to become a conscious shopper?

3. Growth creates clutter – As you make changes within yourself, more of your belongings will fit the definition of clutter.

Having the urge to discard things in your home or office is a sign

of you stepping more fully into yourself and your abundance.

If you don't address the clutter, it will hold you where you were. If you are growing and changing you are continually creating clutter!

4. Unconscious clutter – Do you have beliefs that create conflict? Do you think you can't be wealthy AND care about people? Do you think you can't be successful working 4 days a week? These beliefs will be affecting your prosperity. Take time to re-examine them.

5. Clutter Vibration – everything has a vibration. If you have a feeling of not enough time, money or love in your life, it sets up a vibration that will block abundance. And, focusing on the fear of not having enough time or money draws more of that to you. On the other hand, the vibration of gratitude is the same as the vibration of abundance.

Create an attitude of gratitude. Keep a gratitude journal and each night before you go to sleep write down 5 things you are grateful for today. Focusing on gratitude rather than lack is one of the most powerful things you can do to attract the abundance vibration.

6. Language Clutter – The word 'want' means to desire without having! When you say you want something you are resonating with the vibration of lack, rather than flowing with the vibration of abundance. You are also complaining, at a subtle level. The Universe responds to requests, not complaints. Try using the words 'choose' or 'desire' – they may sound strange at first, but it's worth it to create a flow of energy.

7. Does your prosperity area feel abundant? Ask yourself, what do I currently own that represents abundance to me now? Once you have cleaned and cleared the clutter from your prosperity area, place this object there to create the vibration you choose to attract.

To discover where the prosperity area of your home or a room is, See <http://www.LifeDesignStrategies.com/BaguaMap.html>

8. Try this game. Place a bowl or container you love in the prosperity area of your home or a room. Each day, take a coin, give thanks for the abundance you already have, and the abundance coming to you and place the coin in the bowl. The increasing coins represent your increasing abundance.

At some point when it feels right and the bowl is nearing full,

make a decision about what to do with that money and start over. This will work best once you have cleared the clutter and cleaned the area. And remember, what you focus on expands.

Clearing clutter is an important part of Feng Shui. Before you can create something new you need to make space for it. The changes you make in your environment are mirrored in your life and support you in making emotional shifts. Feng Shui can provide a welcome boost in living the life you want.

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Vicky White is a Certified Feng Shui Consultant and LifeCoach who works with clients both locally and internationally. Get your FREE 7-part e-course "Your Secret Weapon: Powerful Feng Shui Tips To Give Your Business The Competitive Edge" at <http://www.LifeDesignStrategies.com/>

What To Expect From A Feng Shui Consultation

By Jakob Jelling

If you are wishing to harmonize or balance your house or any other environment according to feng shui, the ideal way to do so is through a feng shui consultation. A feng shui consultation would provide you the right and proper guidance for you to successfully achieve your goal.

Before you go to a feng shui consultation, it is important that you pay attention to choosing a good

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consultant. You should try to find out one who has experience and demonstrated knowledge. As with everything else, there are real feng shui consultants, who care for what they do, as well as there are others who do not. But you can easily check on this by asking him some references on where he learned and about past work.

A feng shui consultation may vary according to each different person and the way they like to work, but most of them would follow some general aspects in common. And, ideally, they should allow you to understand what they are talking about and what they are based on to give you a specific orientation.

Most of the times, a proper feng shui consultation would take the consultant to go to the place which must be harmonized. Sometimes a video of the place can be very helpful as well, but a proper feng shui consultation takes the consultant to be able to see the place before he can give certain advice.

A feng shui consultation could go through different stages. First, you may approach the consultant at his work office and let him know your general ideas. Then, he might ask you to give him a video of the space for which you are consulting him. Once he has the video, he can provide you with specific guidelines on what to do. And then, or instead of the last step, there would be a feng shui consultation stage done in the space itself.

The best advice you can receive from a feng shui consultation is based on accurate information. And, by allowing the consultant to actually see the place you would be able to receive the most accurate information and guidance possible.

Jakob Jelling is the founder of

. Please visit his website and learn all the

feng shui tips you'll ever need!

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Feng Shui In The Home – Is It The Right Style For You?

Using a Feng Shui Compass

Feng Shui Decorating Guidelines

Learn How to Solve Problems With a Feng Shui Mirror

Motivate Your Way To Success

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The Classified List



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