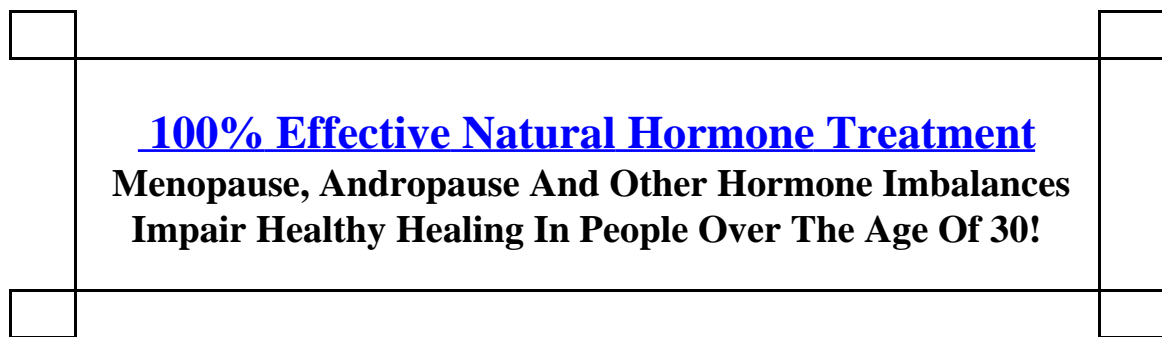


VALENTINE'S DAY SNOWFLAKE CONTEST

This Free E-Book is brought to you by Natural-Aging.com.



VALENTINE'S DAY SNOWFLAKE CONTEST

By Joan Bramsch

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Empowered Parent Snowflake Contest

To enter the Empowered Parent Snowflake contest, click on the design of your choice and either make one of these 4 patterns, or create your very own original!

Send the completed snowflake to:
JB Information Station
Box 515165
St. Louis, MO 63151

Be sure to enclose your name and address inside the envelope.

Contest closes on Valentine's Day, February 14, 2002.

Winner Receives:
CD with 206 unique snowflake patterns!

JOAN BRAMSCH is a family person, educator, writer and E-publisher. Her articles appear internationally in print and online. Six of her best-selling adult novels – near one million copies – have worldwide distribution. Her Empowered Parenting Ezine serves 1000 parents around the globe.
<http://www.JoanBramsch.com> <mailto:hijoan@joanbramsch.com>

~Happy Valentine's Day~

By Patricia *Lite* Hickman, RM

~Happy Valentine's Day~ by Patricia *Lite* Hickman, RM

VALENTINE'S DAY SNOWFLAKE CONTEST

"HAPPINESS IS...
SOMETHING YOU DECIDE ON,
AHEAD OF TIME" ~
Mrs. Jones, 92 yrs old

~HAPPY VALENTINE'S DAY~ This is February, the month we celebrate love, not only relationship love, but more importantly, self love. Not everyone is in relationship, for those that are, I wish you the most Blessed Valentine's Day,,,ever :-)

For those that aren't, I wish you the most Blessed Valentine's Day,,,ever! This Valentine's Day (and month), celebrate the love you have in your life, friend(s), family, pet(s)~ celebrate loving yourself, and where you are right now. :-)

Grounding/centering, working on projects that have been put off in the household, or an extra 30 minutes of work-out time is also a good use of the energy.If you are feeling anger or frustration, or find yourself around angry people, or situations, just send yourself a beam of love or give yourself a hug -) Weather might also be a tad bit bizarre, as it has been in Wisconsin :-) Stay warm darlings, and if possible stay home :-)

The GOOD NEWS most people will focused on LOVE, this Valentine's Day. Love energy will be flowing for most of us, and that's the best energy we can operate under :-) let the love flow this February 14th. Let us approach it as a Return to Love, give yourself a hug everyday, just because, you deserve it :-)

I wish you Love and Light, during the month of February, and always~

Lite
www.strongwoman.org

Psychic and clairaudient, I am, a Reiki Master, Healer, Minister and Metaphysician for more than 25 years. In order to find out the answers to my life, I studied Astrology, Tarot, Numerology, Religion, Psychic Phenomenia, as well as Healing,Spirit Releasement Therapy and Psychic Self Defense. I am the Grandmother of 9 and reside in Milwaukee, WI



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[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!