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Virility Demystified

By Dr. Michael Rodriguez, M.D.

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Throughout the eons of human existence, virility has been a predominant desire. For many, virility is aligned in our subconscious with attributes such as youth, health, and physical proficiency. It is an indication of the ability to reproduce, a trait genetically implanted in our being. However, for numerous men, through no fault of their own, virility is a trait that is not easily achieved.

It is a fact that countless men, even those under the age of thirty, have problems with virility. Luckily, the modern day has opened a vast vista of information for men who wish to seek a resurgence of virility in their lives. This is no longer a subject to hide from, to brush under the rug, or to keep in silence. It is a topic that more and more men are becoming comfortable discussing; and because of this, aggressive research has been conducted to find a solution.

The first step towards improving virility is to recognize the warning signals that may indicate there may be a problem with it. Signs of a lack of virility include an inability to retain a hard erection, premature ejaculation, and/or impotence. While a medical opinion is certainly suggested, it is a fact that the majority of these cases are simply caused by a decrease of blood flowing to the penis region during sexual stimulation. Anxiety about the condition can actually cause a vicious cycle, since fears about sexual performance can lead to stress, which actively works against the achievement of a hard erection. Stress forces the body to produce adrenaline, which reduces the concentration of blood flow to the penis, therefore even further reducing erection quality.

Erections are a direct result of blood flowing into the erectile tissues. During arousal, the arteries in the penis relax and widen, allowing more blood to flood the penis. The veins that would normally carry this blood out of the penis contract, thereby forcing the blood to remain in the penis. This process results in a temporary hardening of the penis arteries, which produces a hard erection. When the blood flowing in the penile region is reduced, virility is jeopardized.

Numerous products have been made available to assist men in regaining their virility. These products have been proven to show remarkable results. Men the world over have benefited from these supplements, as have their partners. There are various options available from prescription medications to herbal supplements. More and more men are turning to proven herbal supplements to increase virility as they normally do not cause side effects and are natural in origin. Some of the most popular of these products are Vig-Rx, Size Pro, Optim Rx, among others. Recently, the most sought after of them all is MacaEnhancer.

Thanks to these supplements, virility is now an easily achievable goal for the majority of men. A new and exciting sexual experience is just waiting to be enjoyed.

Dr. Michael Rodriguez is an innovator who has spent the past decade researching male sexual health.

See the only product that he endorses at:

Increase Semen Production Safely and Effectively

By Dr. Michael Rodriguez, M.D.

The desire to increase semen production is common among men throughout world and the reasons are various; ranging from hopes of increased fertility to a desire for a more intense orgasmic experience. While many men are content to sit on the sidelines and wish, many others are finding out that the ability to increase semen production is easier to achieve than most believe.

There are a number of men would like to increase semen production, but due to certain circumstances, they believe that they will be unable to achieve this goal. For example, some men believe that difficulty in maintaining an erection or experiences with premature ejaculation might create a situation where increased semen production is impossible. While it is true that either scenario will cause a reduction in sperm count, there are supplements that can help control these symptoms in addition to aiding in increased semen production.

For those who wish to increase semen production, it has been discovered that the best way to achieve the goal is by utilizing supplements that have been scientifically designed for this specific purpose. While many methods have been tried throughout time, none have been able to meet the efficiency of natural supplements. For example, the previously promoted penis exercises, while thought to have been beneficial at one point in time, have recently been proven to be highly damaging to the penis and should not be practiced. The use of supplements has been accepted as not only a much safer route, but also a more effective one.

Intense research has discovered the key to developing more ejaculation fluid lies in supplements providing a high level of amino acids. Many male enhancement herbal supplements include amino acids and are known to be quite successful not only in increasing the sperm count, but also in rectifying other issues of male virility, such as erection quality, stamina, and desire. Often termed sperm pills, the majority of these supplements include natural ingredients. A variety of these products are available

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on the market, and there are websites dedicated to comparing and reviewing different products for consumer review.

It is important to note that sperm pills combat not only virility issues such as erection quality and stamina, but also the ejaculation process, itself. Not all male enhancement products contain the necessary high level of amino acids to increase semen production or be properly termed sperm pills. Because of this, some research into the ingredients that the different supplements contain is necessary.

The use of one of sperm pills can greatly enhance one's sexual experience in addition to increasing semen production and sperm activity. The additional ejaculation fluid produced will result in increased intensity and duration of one's orgasms.

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