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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

WHEN THE DUST SETTLES

By Bronwyn Hill

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Many recorded cases, where exposure to toxins, airborne pollutants and wood dust, among many other chemicals, are awakening our awareness of a very real and serious risk to our future health and our very right to live a normal healthy life with our family.

Occupational respiratory illnesses can occur whenever dust, fumes, vapor or smoke are present in the work environment. Early recognition, wearing effective safety respiratory equipment, and being aware of the risks of these diseases, may help prevent permanent impairment and disability.

There are many articles and statistics, and real life cases documented, to make us realize that it is becoming alarmingly obvious that we cannot afford to ignore, or be lethargic in our approach to our health. If we do not take the time to look into what we are exposing ourselves and our family to everyday, in the workplace and even in our own homes, we are paying a high price that could be putting serious risk on our loved ones lives. Major risks to our health come in the form of occupational asthma and other serious respiratory diseases which can be linked to exposure to toxics and dust in home workshops, factories, workplaces, even around our homes, where there is dust and airborne pollutants present.

A major concern is our children who are at risk of contracting potential killer diseases through our ignorance to the dangers of dusts etc we carry home on our work clothes.

Cases are documented where children have contacted serious diseases from contact with their parents clothes, hair and even the furniture they sit on, which are contaminated with dust and toxins from their workplace.

We need to take a long serious look at the information that is provided, to warn us of all possible risks to ourselves and our families for their long term health and vitality and quality of life - free from respiratory conditions and possible fatal disease - that could be avoided.

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The International Agency for Research on Cancer has evaluated the cancer risks from workplace exposures within an number of wood industries. The IARC has classified wood dust as a Group 1 carcinogen (likely to cause cancer) to humans. This classification is the result of a distinct increase in the occurrence of cancer of the nasal cavities and Para nasal sinuses among workers exposed to hardwood dust.

It is the responsibility of workplace employers to provide adequate safety and respiratory equipment for the protection of employees long term health.

Both employers and employees need to be educated of the importance of protecting themselves and their families more by wearing protective clothing and equipment.

Interests include health, workplace safety and home/family life.

Dust Collection: Is It Your Concern?

By Sandy Baker

As a woodworker, you have a desire to create beautiful works of art. Probably one of the last things you want to think about is dust collection. But, this is a potentially important aspect for you to think about. Dust collection is a necessary part of a woodworker's life. Without it, you may be facing a lot of time dealing with a mess, an itchy rash or just the annoyance of it all. But, by taking advantage of the purchase of a dust collection network, you can minimize all of this.

Why Do You Need It?

Do you experience any of these things?

· Do your eyes, nose or throat become itchy, scratchy or irritated? · Some develop a rash from too much dust. · Do you have allergies or asthma that is aggravated by the dust in your shop? · In some very serious cases, dust can also lead to lung disease. · In even rarer cases, it has been shown to have lead to nasal cancer.

Perhaps you don't realize when you first begin your workshop, just how powerful dust from wood can be. You may want to purchase that new tool or that expensive workbench long before you consider a dust collection system. And, while this isn't something that you realize you want, it is something that you will need. Because dust collection is so very important in a wood workshop, you should have it at the very top of your to do list.

The good news is that there are some excellent products available to you to aid in your dust collection need. These products allow you to easily clean up dust, helping to remove it without causing it to fly into the air all over again. While dust collection is something you don't want to think about now, it is something that you won't want to regret later.

For more information please see

<http://www.dust-collection-help.co.uk>



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