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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**War For Peace**

**By Rafia**

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WAR FOR PEACE

War against war is the only war to be voted for ....

In the 21st century, all today are aware of the outcomes of war. Destruction, damage, famine, human losses are just a few of the immediate losses human races suffer. But the impact they lay on the generations to come are far greater than these. They are a threat to the peace and harmony of globe all together. Just as a single divorce leads to the over all mental disturbance of all the children and fear of the unknown is embedded into each offspring individually. As a child he tries to find an identification under the roof of homeless being, as a youth he tries to struggle without strength, and soon as an adult he is now fully armed to pay back the losses he had suffered and so he repeats history, pulls down his own fort just as his shade under the fort he found his place in was seized 20 years back. Just as a war between two ended up in another four to five warriors, likewise these four to five warriors gave what they got from life. And eventually fire in one room has ruined whole Rome.

It's a minute's decision to fight, winning or loosing is just an episode. And its influence on the audience is nothing less than world wide war. If only Human could over come this weakness so called rage, anger, fury which sows the seed of enmity and replace this component with that of tolerance, fraternity and harmony, eventually his hate for war would not only kill the only hatreds but his only greed, his only envy he was born with will wilt away. His love for peace would empower and emboss mutual harmony among humankind and there would be no such thing as fear. Apparently, what normally is seen is that what man fears the most is 'Man' again. Man has worn the mask of beast for so long, he hardly recalls his naturely being hidden beneath it, which invites and calls for unity.

Its time we surrendered to our own egos, realized the purpose of our being here on the planet. We were not born to fight over lands, to defeat to win, to kill to rule. We were not born to lead, we are here to follow. What to follow is another instinct that triggers war. But why don't we realize we are not just bodies we are raised higher in terms that our being is connected both with earth and sky at a time, bodies emanated from clay, souls breathed into them from heavens above by the King of the Kings. But why? We are so busy to fight over bread and breed nothing above than visible success encompasses human's wisdom.

Peace of our molded clay being comes from clay again, we feed on food which comes from earth. On the other hand, peace of our lasting souls lies in what was revealed to us from heavens above. In

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simple terms clay meets the demands of clay, and heavenly bodies' demands are met by heavenly Book Quran.

Many out here, fail to recognize this truth, this reality. But for once if peace is what we are looking for, we have to win the war against our own ego, arrogance and materialism!!!! And prostrate under one shade, the sky, on one ground the earth to one God ALLAH.

O you mankind, feed your souls just as you feed your bodies, you are clay, clay helps you survive one day someday soon you will be back to clay, its only the matter of time. Your soul is heavenly, for its nourishment came to you a guide a book the Quran, and one day someday this soul will return to where it came from i.e. to the Heaven. So feed your souls, strengthen them for just as a weak body ends up in bed likewise a weak soul would end up in hell !!!!

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### **How to achieve peace of mind?**

**By ajaypats**

#### **How to achieve peace of mind? by ajaypats**

Peace is a condition of mind brought about by a serenity of soul. Peace is not an absence of war, it is a virtue, a state of mind, a disposition for benevolence, confidence, justice. Like to believe that people in the long run are going to do more to promote peace than our governments. Indeed, I think that people want peace so much that one of these days governments had better get out of the way and let them have it. If man does find the solution for world peace it will be the most revolutionary reversal of his record we have ever known. You can't separate peace from freedom because no one can be at peace unless he has his freedom. First keep the peace within yourself, then you can also bring peace to others.

Stay calm There is enormous strength in serenity. Stay calm, and you stay in control.

When noise and clutter and confusion overwhelm the situation, the way forward is with calm and determined strength. Stay calm, and you make the best decisions.

Just because there is a need for urgency does not mean there's a need for panic. Stay calm, and you can be the most effective.

Anxiety can drain away your energy and give you nothing useful in return. Rushing around in a frenzy brings on carelessness and wasted effort.

You can let yourself be drawn into anxiety and haste, but why would you ever want to? Instead, stay calm, and able to make a positive difference.

Always know that you can choose your own response, whatever the situation. Choose to stay calm, for it is almost always your best first choice

Ajay Pats is professional manager working as sales manager.He runs inspirational ezine"Rediscover true colors of life" available at <http://www.topica.com/lists/venturemall> and community for home based business entrepreneurs available at <http://groups.msn.com/venturecon>.



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