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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Washroom Break**

**By Andre Leblanc**

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Picture yourself at a bar with some of your buddies. Everybody is having a good time. Suddenly your friend stands up and asks you to go to the washroom with them.

Now if you were a female this would be totally normal you would gladly accept and probably talk up a storm in the washroom. But if you were a man being asked by another man you would feel embarrassed, wonder about your friends' sexuality and manlyhood and hope that the rest of the group doesn't think the same about you.

Why do woman use the washroom as a meeting place? Why do men always go to washroom alone? In the past when times were a bit simpler but more dangerous woman would never go to the washroom by themselves in fear of being attacked by a wild animal. Instead they would go out in packs so this way they could protect each other from possible threats. Therefore that is why they go to the washroom together as it is natural instinct.

On the other hand the man being the hunter and protector of the group would always go to the washroom by himself. Therefore asking another man to go to the washroom will make him look weak and unable to defend himself like one of the ladies. Although I'm sure a lot of woman can defend themselves better.

So what do woman talk about in the washroom. They pretty much talk about anything and anybody. They discuss which men they like and which men they don't, and any personal problems they are having or their friends. Therapy to anybody who looks's upset and cosmetics talk to any stranger who asks.

Men on the other hand don't talk to anybody. This is pretty much a universal unwritten rule. The further away they are from other men the better. Let's say there are a few urinal's the first man will choose the one at the end. Now the second man will choose the other one at the end. Never would you see a man

pick one right beside another man when there are other ones further away.

Also most likely a man will take an enclosed toilet before he has to pee beside another man. One thing that men don't have a problem doing is farting, usually the louder and longer the better. For the ladies no farting is aloud. This once again brings us back to instincts for the men; the louder and stronger the better.

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Andre Leblanc has several years experience in the online dating and relationship field. Including implemetation of new technology and creation of websites. Currently working on .

## **Schools – Green and Clean**

**By Gayle Olson**

### **Schools – Green and Clean by Gayle Olson**

Now that you are settled back at school it is a good time to think about how you can help the planet by making your classroom and school environmentally friendly. Here are some ideas to get you started:

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Start a program to save the trees.

Did you know that paper comes from trees? Take good care of your books and they will last longer so other students will be able to use them. Use your paper carefully. Use the whole sheet (and both sides) of the paper for writing and drawing. Our pencils are made of wood from trees. The pencil will last longer if you press lightly when you write and be careful not to over sharpen the pencil when it breaks or becomes dull. Some desks and furniture is also made from wood products. Be careful not to damage these resources and materials and they will last a long time. If you use paper towels in the washroom use only enough that you need to dry your hands. If you use napkins in the cafeteria, you only need one. What else do you have in your classroom which is made from trees? How many ways can you think of to make them last longer?

Start a program to save energy.

Always turn off the lights if you are the last one to leave the room. Do you use an electric hand dryer in the washroom? Use it only long enough to dry your hands. Do you come to school by car? Why not

## Washroom Break

start a car pool where children in your neighborhood can share rides.

Start a program to conserve water.

Run the water only long enough to wash your hands, when you are finished make sure to turn the tap tightly so the water doesn't drip.

Start a program to recycle.

Set up a recycle box for the paper you are finished with. Scraps of colored paper can be saved for future projects. When you have enough saved you can be creative with a scrap paper project. If you bring your lunch from home, only bring what you know you will eat. If you eat lunch at a cafeteria only order what you will eat. Wasting food is not good for the environment. Start a recycling program for plastic and metal containers. Have you grown out of clothes that are still in good condition? Pass them on to a brother, sister, friend, thrift shop, or charity.

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