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Way Of Living In Antigua

By Jane Wyvern

Antigua is a popular tropical paradise destination for vacationers from around the globe. Antigua is

not all about lounging under the warm tropical sun and enjoying the balmy breezes. The island also has a rich cultural heritage, and the way of living in Antigua is a reflection of that. Antigua is well known as having '365 beaches - a beach for each day out of the year'. Antigua is not so well known though for its culture. Let's take a look at some of the highpoints below:

Religion

There is no predominant religion on Antigua, but rather, diverse representation from several religious branches. Christianity is the strongest influence and some of the Christian churches that are used today were built hundreds of years ago and offer an interesting historical perspective to the island.

Rasta

The Rasta movement has a strong following on Antigua although it did not originate there. The followers of Rasta that live on Antigua have adopted the lifestyle voluntarily. They are usually identified by the appearance of their hair and mostly live on the southern coast. They live a simple and natural lifestyle and they value the life in all things including plants and animals as well as the land upon which they live.

Tourism

It should be no surprise that tourism plays a very important role in the economy and daily life of those living in Antigua. Tourists from around the globe have brought a generous income to the island and created many jobs. Being a beautiful island with both secluded beaches and 5 star resorts, Antigua has earned a well deserved reputation as one of the most popular vacation destinations in the world.

Cricket

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Cricket is the national sport of Antigua. The United States has its basketball, Great Britain has football, and Antigua has cricket for a national pastime. The island is very proud of its athletes and even the games of minor significance are well attended.

Antigua is a great place to spend a vacation, but it also an even greater place to explore as a local away from the resorts. Then you can enjoy food and music native to the island, and get a small taste of what day to day life is like upon the beautiful island of Antigua.

Jane Wyvern provides articles on

<http://www.more-paris.com>

. You can find more of her work at the site

<http://www.antigua-news.com>

Fun In The Sun... Enjoy A Caribbean Vacation

By Jim Grayson

The Caribbean consists of a large number of beautiful islands in the Atlantic Ocean. The Caribbean is proving to be one of the most sought after vacation destinations in the world. With clear blue skies, crystal clear waters, heavenly sea food and superb hospitality presented by the hosts, your Caribbean vacation is something that you will cherish all your life.

Some of the most sought after destinations in the Caribbean are Barbados, Trinidad & Tobago, British Virgin Islands, St. Kitts and St. Nevis and Antigua. All these islands have great treats for tourists in the form of reasonably rated hotels and excellent sites to offer. In the following paragraphs we will give you a gist of the islands mentioned above so that you can plan your vacation accordingly.

Barbados

Barbados proves to be a great getaway for the tourists with its clean and pink sandy beaches. The island has a rich cultural heritage and a wide choice of sight seeing options to choose from. Cricket is the most sought after sport here. The southern coast of the island has a couple of night spots and reasonably priced hotels. The east coast is distinguished with quiet beaches and the ocean is comparatively calmer than on the west coast of the island.

Trinidad and Tobago

Trinidad and Tobago are the southernmost islands of the Caribbean. They lie just a few miles from the Venezuelan coast. The population of the islands is diverse and come from different countries like India, Europe and Pakistan. The people like to play calypso music, enjoy eating and they are usually warm towards their guests. Trinidad is one of the most visited destinations in the Caribbean. Tobago is also very peaceful and beautiful and has a wide number of forests and sandy white beaches. The visitors

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can enjoy activities like swimming, snorkeling, hiking and bird watching.

The British Virgin Islands

The British Virgin Islands consist of the islands of Tortola, Virgin Gorda, Anegada and Jost Van Dyke. The Islands have a large number of shops and the pure waters are a treat for the tourists who enjoy activities like swimming and snorkeling. There are a lot of hotels and restaurants to choose from.

St. Kitts and Nevis

The St. Kitts and Nevis Islands are in the northern part of the Eastern Caribbean. St. Kitts is 68 square miles while Nevis covers a distance of 36 square miles. St. Kitts offers a combination of volcanic mountains, beautiful white sand beaches and green rain forests. The capital of St. Kitts is Basseterre. Basseterre has a lot of rich historical architecture and has a good amount of shops and cafes. Nevis is popular for its natural beauty, various plantations and amazing beaches. Charlestown is the capital of Nevis. It is an old Caribbean town has a variety of dining and shopping options to choose from.

Antigua

Antigua is a British Island. It was formerly a British colony and it has still retained its British tradition. Antiguan people play a lot of cricket. Tourism has expanded ten fold in recent years and Antigua is one of the most visited islands in the Caribbean. Antigua is preferred by tourists from all over the world. The island has 365 of the most beautiful beaches and supports activities like swimming, snorkeling and diving. Yachting is also a very sought after activity in the sea.

In addition to the islands mentioned above, the Caribbean offers a lot more exciting islands for you to visit. You can visit the Caribbean islands websites to learn more about the islands and also explore lodging and dining options.

The author makes a living in the field of research and if you have found this article useful, try clicking on his specialist resource sites,

<http://www.caribbean-vacation-review.info>

and

<http://www.caribbeanrestaurant.info>

. For other more general information on this topic and others, try

this site

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