

We Can Help You Lose up to 7 kg by 28th of May

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

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By Jono Slee

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Welcome, to my long term health care online store. If you are an existing customer, I recommend that you log into this Site right away so that you can view your personal version of this Site. If you are visiting my website for the first time, I realize that the choice of products and programs can be bewildering, so feel free to request assistance from me personally via the Help function.

If you decide to turn to me for health maintenance, weight control, sports stamina or beauty care and anti-aging solutions, you can be sure that you will get not only state of the art products that are at the cutting edge of science, but also personal guidance and attention from me. All of my products are money-back guaranteed, and the additional service and attention you get from me is free of charge. You have nothing to lose but weight and everything to gain including better health.

I hope to help you achieve your desired results.

Yours in health
Jono Slee

www.bodytransform.net
www.bodytransform.net/shoponline
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As an organisation we are committed to helping people just like you escape the prison of overweight and obesity. We are not hourly paid workers, but are people just like you who have got involved in this program through our own personal experiences and commitment to the ideals of taking this life-changing program around the world one person at a time. jono slee

A Simple Guide To Pregnancy – For Guys

By Gabriel Adams

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So - you're an expecting couple, aye? There are many books and guides out there on pregnancy, but most of them are targeted at the woman. This article is a very basic guide to pregnancy, targeted at men, so you can support your wife / girlfriend through the process and be involved in the pregnancy.

The pregnancy is divided up into three periods of about three months each. They are called the first trimester, second trimester, and third trimester. Here is what you can expect in each trimester.

The first trimester is the first 14 weeks. During the first trimester, your baby will grow from a microscopic size to the size of a small melon. By then end of the first trimester, the baby will have defined facial features and you will be able to determine the sex of the baby with an ultrasound.

During the first trimester, the mother may begin experiencing morning sickness, and or unstable emotions. Be loving, supportive, and communicate as well as you can with your wife / girlfriend.

The second trimester is the 14th to 28th weeks of the pregnancy. During the second trimester, the mother will generally have much less morning sickness and nausea. The baby will be growing rapidly - weighing in at about two pounds by the 28th week.

The third trimester is from week 28 to birth. During the third trimester, the baby is nearly completely formed, and can live with specialized care, should it be born early. The mother will likely have various physical discomforts due to the growing baby, such as backaches, trouble sleeping, heartburn, etc. As throughout the rest of the pregnancy, communication, support, and love are very important.

As the baby's due date nears, you'll have many decisions to make with your wife / girlfriend, with help from your doctor. Of course, you'll want to pick out name(s) too!

Check out our resources on baby parenting and pregnancy:

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