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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## Wearing Your Baby

By Kirsten Hawkins

If you're looking for the perfect gift for the parents-to-be, nothing comes close to the gift of a wearable baby. Years ago, the only way to take your baby along was in a stroller or pram, or to carry her in your arms. All that changed with the introduction of the soft baby carrier, a way to carry your baby and still leave your arms and hands free for other things.

Wearable babies are not a concept new to this culture. Native American women carried their babies on papoose boards on their backs, or tucked close against their bodies with a swath of deerskin. In many countries, babies are tucked into sling carriers – pleated lengths of cloth that tie over one shoulder and support the baby against the opposite hip. There's little doubt in anyone's mind that babies who are 'snugli'd' are happier and more comfortable with being put down when it's time to put them down.

Snugli, the name brand soft baby carrier that's now distributed by Evenflo, brought the concept of the wearable baby back into popularity about 25 years ago. That was just about the time that my oldest daughter was born, and the idea of having her close to my heart fit so perfectly with all my beliefs about raising children that I had to have one. They weren't easy to find at the time – and I ended up making one of my own, using a pattern that was passed from mother to mother in my La Leche League group. I can attest first-hand to the advantages of the wearable baby.

My Snugli was more than a way to carry my daughter. It was her soother. On afternoons when nothing would soothe her fussing, I'd tuck her into the Snugli where the warmth of my body and the rhythm of my movements calmed and reassured her. I learned to take advantage of the Snugli – I wore my baby while vacuuming the carpet, while walking to the store, while hiking through Purgatory Chasm. In winter, I wore her in her Snugli, cozy against my chest and simply buttoned my coat over the both of us together. When she was old enough to sit up by herself, I slipped it around to the back, and she rode it piggyback style – while her baby brother took her place in a new Snugli against my chest.

Snugli now makes a full range of soft and framed carriers for babies, to fit newborns to 18 months old. They're available in a variety of patterns and colors, in winter weight and summer weight, and with varying degrees of padding. You can buy a Snugli at any Toys R Us, Kmart, Walmart or any one of dozens of other stores. While it might not technically be baby clothes, a Snugli is easily the most

important thing your baby can wear.

Kirsten Hawkins is a baby and parenting expert specializing new mothers and single parent issues. Visit

<http://www.babyhelp411.com/>

for more information on how to raising healthy, happy children.

### **Choosing A Unique Baby Shower Gift Idea: An Important Decision**

**By Jennifer Adair**

Unique baby shower gifts can be fun and creative or personal and memorable. As long as they are from the heart, unique baby shower gifts become keepsakes that families will treasure for a lifetime.

Baby showers are meant to celebrate the impending arrival of the newborn baby into the family. The baby shower party is an exciting and fun-filled event for moms and dads that are anticipating the birth of their beloved baby. Presenting them with unique baby shower gifts will certainly help make the party extra special.

Ideas for unique baby shower gifts

Unique baby shower gifts need not be expensive. Unique baby shower gifts can be something useful that can be used once the baby is born or a lavish gift for either the parents or the baby. Expecting parents take pleasure in receiving unique baby shower gifts from family and friends during the baby shower party.

These exceptional gifts mean that they took the time to find a really special gift for them. However, unique baby shower gifts are no longer just for the coming baby or for the mom-to-be. There are a wide variety of unique baby shower gifts for moms after giving birth, for dads and even for the excited grandparents.

Assortment of unique baby shower gifts

Unique baby shower gifts that are great for babies are personalized baby items. Items like baby bibs, baby blankets or burp cloths are lovingly appliquéd and personalized with a monogram of the baby's initials. These specially made pieces make great keepsakes that the family can cherish for a lifetime.

Custom made jewelry is another example of a unique baby shower gift that the baby can hang on to until he or she grows old. Jewelry like necklaces with pendants and bracelets can be personalized with the baby's name engraved on it.

There are also unique baby shower gifts for the proud parents. New parents will love to receive a custom built stroller bag or diaper bag to use when going out with baby. Plus new parents get a kick

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out of wearing fun t-shirts that sport amusing sayings poking fun at the new mother and father.

Another popular idea for unique baby shower gifts is baby gift baskets. There are different arrangements available for the baby gift baskets. Baby gift baskets often follow a theme and are designed specifically for either the baby, the mom and even the dad.

Gift baskets for mom can either be filled with maternity clothes or remedies for morning sickness. Unique baby shower gifts for dads can also be packed in a distinctive gift basket. The gift basket for dads can be designed as a survival gift basket like a daddy diaper tool kit.

### Where to find unique baby shower gifts

Many online shopping sites offer a wide variety of unique baby shower gifts at reasonable prices. At the same time, many artists that specialize in creating unique baby shower gifts often sell their products online. Unique baby shower gifts can also be a personal creation of the gift giver for a more personal touch.

The search for unique baby shower gifts is a labor of love. Some may give up and concede to buying a mundane gift for the party. But for those who really want to give the best, unique baby shower gifts are the only way to go.

Download your free baby shower planning report today for great ideas and tips for planning amazing baby showers at

<http://www.babyshowerguidebook.com/>



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