

What 3 Greatest Gift You Can Give To Your Children by Co-Parenting?

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By Ruben Francia

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A successful divorce is one in which the parents divorce each other but do not require the child to divorce one of the parents, either as a result of parental conflict or by one parent not being available to the child.

It is a well-established fact that a child experiencing the dissolution of the family structure will do better if the parents are able to get along and reduce trauma in an already traumatic experience.

Co-parenting can be a viable option when it is implemented by parents who want it to work because they understand that the child's needs supersede their own self interest, and it can be successful and rewarding for both the child and the parents.

So, what exactly the 3 greatest gift you can give to your children by co-parenting? Read on and I will reveal it to you the 3 greatest gift you can give by co-parenting.

1. Co-parenting will let your children focus on what really matters to them.

Supportive co-parenting is important for a child's well being. Children need to experience a strong and cooperative relationship between their parents. Mothers and fathers who agree on most parenting issues and who support each other's efforts create an environment that allows children to grow and thrive. This type of atmosphere gives children the opportunity to focus on what matters to them, such as school, their friends and activities and not their parents' disagreements.

Children experience supportive co-parenting when they receive the same message from both parents and when they observe their parents supporting each other's parenting efforts.

When mothers and fathers can agree on parenting decisions, the positive benefits of co-parenting are seen. These decisions range from the routine, such as agreeing that bedtime is 8 p.m., to the philosophical, such as beliefs about what is best for the child.

2. Co-parenting will minimize the level of stress your divorce brings to your children.

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Cooperative co-parenting becomes the single most important element in creating a stress-free and conflict-free family plan.

Divorce brings about many changes in the life of the children. One stressful change may be in their immediate support network. This might mean a loss of friendships and school ties if the divorce requires moving. It might also include changing relationships with extended family members after the divorce.

Cooperative parents strive to keep changes at the minimum. They know that children best benefit from keeping the relationship ties in their lives that were meaningful and important to them prior to the divorce. When changes are necessary, informing the children ahead of time will help them adjust

better.

3. Co-parenting will help not put your children in the middle of your divorce conflict.

The hallmark of effective co-parenting is effective communication and negotiation skills. Learning these skills will help children develop better, grow better and rarely be put in the middle of divorce conflict. Remember children don't deserve to be caught in the middle of divorce conflict. It hurt them. Divorce is never the children's business.

You now have the 3 greatest gift you can give to your children by co-parenting. Co-parenting will let your children focus on what really matters to them. Co-parenting will minimize the level of stress your divorce brings to your children. And lastly, co-parenting will help not put your children in the middle of your divorce conflict.

If you are having difficulty parenting with your children's other parent then make your move now. Remedy your situation by getting a free copy of my ebook "8 Essential Steps to Cooperative Parenting and Divorce." Likewise, you can learn effective divorce parenting from my other ebook "101 Ways To Raise 'Divorced' Children to Successfully." For more information, please visit my website.

With the above information, I hope you will become an empowered divorced parent and believe that you can raise healthy, happy and successful children even if you're divorce.

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Ruben Francia is an author of an indispensable divorce parenting guide ebook, entitled "101 Ways To Raise Your 'Divorced' Children To Success". Get his other ebook for FREE, "8 Essential Steps to Cooperative Parenting and Divorce." Visit his web site at

Parenting Is Tough – Make It Easy

By Nadia Alvino

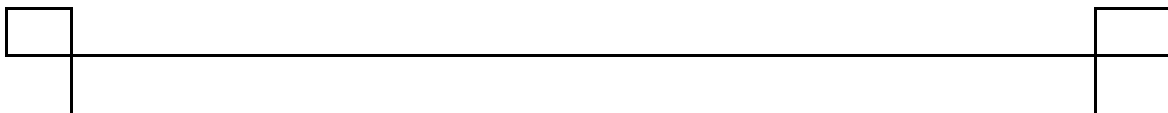
Parenting Is Tough – Make It Easy by Nadia Alvino

Raising children and being a good parent is tough, you need every bit of information that you can find to help you develop effective parenting techniques and to make parenting easier. You need a resource that contains parenting tips and advice that will help develop your parenting skills. I have produced a practical, high quality, professionally edited ebook titled " Parenting is Tough ! " that contains all the expert parenting advice that you will need to develop effective parenting skills. This ebook outlines many helpful parenting tips that will enable you to raise good, happy, confident and resilient kids. This easy to read ebook will teach you how to bond with your children and how together you can create a loving, happy relationship that will get stronger and stronger as your children become teenagers, young adults and then as they become parents themselves. More info on this ebook is available at: www.goodhappykids.com

I am an experienced child care professional, parenting consultant, author and pshychologist.



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