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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

What Is A Brow Lift?

By Gray Rollins

A brow lift, also called an endobrow lift or a forehead lift, is a surgical procedure designed to reduce sagging in the skin on the forehead, upper eyelids, and eyebrows. Brow lifts are most often used to help reverse signs of aging, usually in individuals over the age of 40, although this procedure is suitable for adult patients of any age. As the body ages, skin loses some of its elasticity and resilience. This trend, along with years of skin exposure to environmental effects, can result in the formation of deep wrinkles and droopy skin. A brow lift can help reverse the process by minimizing creases in the forehead and reducing furrowed brow lines, droopy eyebrows, and hooding over the eyes.

Brow lifts are typically outpatient procedures. They may be performed under local or general anesthetic depending on the extent of the work needed. The surgery can be accomplished using one of two techniques: the classic lift or the endoscopic lift. The classic lift makes use of a single continuous incision which runs along the hairline from one ear to the other. Sagging tissues are manipulated into place and portions of the muscles and skin causing the deep lines and wrinkles are removed.

The endoscopic lift makes use of several short incisions that run along the scalp. A scope is inserted into one of the incisions so the surgeon can view the tissues and muscles. A second scope is then inserted into another incision, so that the necessary modifications can be made to the underlying muscles and tissues. Tiny titanium anchors inserted under the skin near the hairline serve to secure sagging tissue. The advantage of the endoscopic procedure is that it is much less invasive than the classic lift, allowing for a reduced recovery time and minimal scarring.

Both the classic and endoscopic lift methods require stitches or staples to close the incisions. Some procedures will also make use of temporary fixation screws, removed after two weeks, which hold the reconstructed brow in place while the body heals. All patients should expect swelling and bruising of the face, including those areas adjacent to the brow. Keeping the head elevated as much for possible for the first few days after surgery will help minimize these side-effects. Other possible side-effects include temporary numbness of the face and headaches. Patients of a classic brow lift may also find that they experience some itching and hair loss.

What Is A Brow Lift?

Brow lifts, as with any other type of surgical procedure, do present some potential risks. Patients run the risk of developing an infection around the incision sites. They may experience facial muscle weakness and stiffness, as well as excessive scarring. Other, more serious side-effects can include permanent damage to facial nerves and loss of facial motion.

For more information about brow lifts and to determine if this procedure is right for you, contact a local cosmetic surgeon and arrange for a personal consultation.

Gray Rollins is a featured writer for CosmeticSurgeryHelp. To learn more about brow lifts, visit

<http://www.cosmeticsurgeryhelp.com/brow/>

and

<http://www.cosmeticsurgeryhelp.com/brow/eyebrowlift/>

Popular Cosmetic Surgery Procedures

By Barney Garcia

Cosmetic surgery is being used to enhance various physical features. Though these surgeries are common nowadays, it is still recommended that you prepare yourself mentally before you take the plunge. For many people the post operation change comes as a shock. Some of the most common cosmetic surgery procedures are:

Face Lift In today's modern life stress, body fat etc can rob your face of the charm and leave you looking older and tired. Hence facelift is a very popular form of Cosmetic surgery. It is also called as rhytidectomy. It removes the undesirable fat like double chin, sagging jowls etc. The loose flabby muscles are also tightened.

Eyelid Surgery Eyelid surgery, also known as blepharoplasty, involves restoring the skin in and around the eyes. It involves the removal of heavy drooping eyelids and the dark baggy sacs under the eyes. This is a very advanced procedure and is scar less. Post surgery you will have a firm set of eyes devoid of any drooping.

Surgery of the Brow and Forehead This process is used to remove a highly furrowed brow that many people possess. In the latest form of this surgery, known as endoscopic, a couple of small incisions are made in the hair of the brow. Then a small camera is inserted and the loose muscles are repositioned. This leaves you with an alert look. The eyes will also look brighter and more pleasant after this cosmetic surgery.

Mid Face Lift Surgery If you perform cosmetic surgeries on all other parts of the face and leave the mid face, it will show signs of aging. Hence surgery on mid face is performed along with the others to make it a complete package. This again can be done without any scars.

What Is A Brow Lift?

Botox Botox is a toxin, which if administered properly and under supervision, can melt away those wrinkles on your face and make you look younger by up to 10 years. It is a non surgical method and the toxin is injected into the face area.

You can go in for any of these cosmetic surgery procedures and look beautiful, and younger by years.

Barney Garcia writes about many different topics. He is a proud contributing author and invites you to his websites.

<http://www.cosmetic-surgery-forall.info>

and

<http://www.advanced-cosmetic-surgery.info>

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