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What Is Abundance?

By Dr. Drew Henry

Learning to create abundance in your life is about much more than simply creating material wealth;

it is about enriching your Self as a whole. Abundance is for everyone, not just the limited few that life appears to have smiled on.

Actually, we are surrounded by abundance. Nature is lavish, even wasteful in its abundance. Anyone caring to look will find an abundance of love, joy, money, and health is readily available to everyone willing to accept them. If there is any lack in our lives it's not because there is not enough, but rather, because we are limiting our intake. What we receive in life is controlled by the limits we place on our emotions, behaviors, thoughts and actions.

It is so hard for us to open the value controlling the flow of abundance in our lives because there are many factors involved. By the time we become aware of the fact that we create our own limits, the beliefs and habits we've developed that produce these limits are so ingrained they are very difficult to change.

Society also has its role to play. Since most of the world's governments have become capitalistic societies, it's in their best interest to promote conditions and belief systems that produce large numbers of have-nots. Simple economics tells us that in order for capitalism to thrive, there must be a large supply meeting a large demand and you must have people who are in debt to create a large enough demand to consume that large supply. The simple reality is that the governments of the world make their money from our poor health, debt, and our struggle to "just get by." Their abundance is dependant on our lack. But this does not mean we have to accept these limits. While it's true that most people will never take advantage of it, information about attracting wealth and prosperity is freely available to anyone caring to look. And the law of attraction says that the more you look, the more information you will attract. What fills your life is what you focus on.

When you begin to understand laws of abundance, you begin to understand that you are not constrained by the conditions of the economy or the amount of your present income. Your ability to increase your wealth, live in abundance, and have financial freedom is all based on your understanding of the universal laws that govern the flow of energy controlling your ability to turn potential into reality.

What Is Abundance?

Yet there is more to creating abundance than simply placing an order and then sitting back to wait for its delivery. You have to be giving something of value, adding to the flow, in order to make this work. When this is the case people are more than willing to pay for your contribution.

Wealth, money, success, love, and health are all forms of energy. Being part of the flow means that you are a participating member. Once you understand how to operate in the flow of that energy, you learn to work with the Source of energy and actively create your reality instead of simply letting random thoughts create a chaotic existence for you.

Abundance is about living a healthy, vibrant life with a purpose and experiencing the joy that comes from possessing a strong sense of self.

Dr. Drew Henry maintains a number of psychic websites, including

<http://www.livepsychic.info>

,

<http://www.phonepsychicsecrets.info>

, and

<http://www.psychicsecrets.info>

. Please visit his websites

and find much more interesting articles about psychic.

The Principle of Abundance

By Mandie Crawford

One of the first great things I learned when starting my business, is that there are two ways of thinking. You can believe that there is more than enough business to go around or you can have the scarcity mentality. Either way you believe you are probably right.

The principal of abundance promotes the belief that not only is there enough business to go around, and that the universe has room for us all to benefit equally, but also commands us to give away what we have. This means giving referrals, ideas, assistance and any other thing you can think of to help others. It means that we build people, relationships and help others because we know and believe that somehow, some day it will all come back to us. It also promotes win-win situations.

The scarcity mentality advocates holding onto whatever it is you have for fear that someone else may take it. That means holding onto your cash, your ideas, your time and your clients as tightly as you can.

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It means that when you find a client you do everything within your power to hold onto that client for fear that the 'competition' might take them away. In fact people who operate under the scarcity mentality often base many of their decisions on what their competition and others do. And that is operating out of the fear that someone will get more than you will or will succeed before you do.

I have learned that the only shortages we face are in our own minds. And that the more we give of our approval, our time, our smiles, our energy, our wisdom and our ideas the more accepted, less stressed, happy, energetic, wise and creative we become. Building people and relationships can serve both the 'giver' and the 'getter'. There is enough for everyone!

One of the ways I practice abundance is by sharing leads, and information. I also try my best to promote others who may be in a similar business as I am. Forming alliances and strategies that work for both of us can increase both of our businesses. We may want the same clients, but if we pool our knowledge and resources, everyone benefits. In visiting our site you may begin to notice that there are several people who do similar or the same things. Yes, they know each other, and many of them share business. This helps both of them in that they practice what I call 'co-opetition' instead of competition.

Changing our mindset about the principle of abundance is not always easy. It takes practice. I love the vision that was created through a book that I have read called, "The One Minute Millionaire". It says, 'There is an ocean of abundance and one can tap into it with a teaspoon, a bucket or a tractor trailer. The ocean doesn't care.' Practice the principles of abundance this week. There is enough for everyone!

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