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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## What Is Sunless Tanning?

By CalTan

Sunless tanning is a popular way to enjoy the look of a tan without the need to go in the sun or tanning bed. There are many ways to get a sunless tan.

A new form of sunless tanning has exploded over the past few years with the introduction of Automated Stand-Up Units, Airbrush Equipment and advanced Handheld Spray Equipment like the California Tan CustomBronzer Spray Tanning System. Found in professional tanning salons and spas, this equipment allows you to get an immediate sunless tanning treatment in just minutes by entering a stand-up unit or being personally sprayed by a trained technician.

Another way to get sunless results at home is with a self-tanning lotion or spray often referred to as a bronzer, that can be used to deliver a sunkissed glow to your skin without going in the sun or visiting a tanning salon or spa. Self-tanners also work great to fill in tan lines or deepen an existing tan.

Many years ago, the first self-tanners introduced to the market contained dyes that left the skin orange and streaked. Today, thanks to modern technology, self-tanners are the perfect solution for creating an instant, realistic tan without unsightly orange streaking.

### How Self-Tanners (DHA) work?

DHA (Dihydroxyacetone) is used as a self-tanning agent. It does not produce a "real tan" by increasing skin melanin levels, but it can create the tan appearance by developing a brown skin coloring. The action of DHA is limited to the upper layer of the skin and involves a reaction between DHA and skin proteins. DHA reacts with the amino acids and amino groups of the skin's keratin-forming brown-colored compounds. The process takes place in the outer layers of the epidermis. There is much evidence to suggest that the process is similar to Maillard reaction, also known as "non-enzymatic browning". In this reaction, reducing sugars combine with amino acids, proteins and peptides to form various amino carbonyl compounds via a complex chain of reactions, which is not yet completely understood. According to the Maillard reaction, pyruvic acid and other hydroxycarbonyl compounds are probably formed from dihydroxyacetone, which, after further reaction steps, form brown compounds. The development of color takes anywhere from 2 – 4 hours and the intensity is

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dependent on the formulation concentration of the DHA in the product.

California Tan Sunless offers a complete line of sunless tanning products and professional tanning equipment within its Sunless Collection. Visit

[http://www.californiatansunless.com/sunless\\_basics/sunless\\_basics.php](http://www.californiatansunless.com/sunless_basics/sunless_basics.php)

for more information on

sunless tanning.

### **The Best Sunless Tanning Methods**

#### **By Paton Jackson**

If you haven't noticed the summer is already here. Surprisingly, you don't have to wait for the summer for endless beach hours beating down on the sun rays. Sunless tanning also known as the indoor tanning is more popular and easy than ever and it is much safer than sun tanning. Here are 10 tips for sunless tanning:

1. Airbrush tanning - Airbrush tanning is a new and emerging sunless tanning method. Using a clear liquid containing called dihydroxyacetone (DHA), you can get a golden tanned look for five to ten days. The ingredients of the airbrush tanning lotion are FDA approved and are considered safer than commercial tanning beds.

2. Tanning beds - Tanning beds and tanning booths actually imitate the sun. Tanning bed lamps use UV-B and UV-C rays to achieve the optimal tanning results. However, tanning bed lamps do not use UV-A rays which are considered harmful.

You will feel the tanning beds results after a couple of weeks.

You may go to a professional tanning salon and get the golden look at one of the commercial tanning beds (Wolff tanning beds are the best ones) or get your own home tanning bed. You can get a discount tanning bed in one of the wholesale home tanning beds shops. Yet, you must realize that maintaining a tanning bed is an expensive task - you will have to purchase tanning bed products like tanning bed lotions and tanning bed bulbs.

3. Tanning lotions - There is a wide variety of sunless tanning lotions. They are definitely the cheapest sunless tanning method. Nothing is easier than buying discount tanning lotions. However, most of them have uncertain efficiency. In most cases, the tanning lotions are made of vitamins, minerals and herbal ingredients.

You may choose either one of the above sunless tanning methods. There is no reason for sun tanning nowadays. It takes too long and it is too risky.

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Find the best sunless tanning method only on

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