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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
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What You Should Know About Feeding Your Tropical Fish

By Taylor Jones

No matter what type of fish you have, whether it's an anemone, coral or crustacean...they will fall into one of three types of feeder.

Carnivores. These types of feeders eat other fish. They are all either predators or scavengers. Predators like to hunt for their food, so they may be uninterested in what you're feeding them, if they want to hunt instead. Once a predator has eaten, it may not feel the urge to eat again for a few days. Scavengers are more opportunistic, and usually prefer to eat the leftovers left by predators.

Herbivores. These types of feeders eat many marine plants and algae. To find their food, they spend their days moving around and grazing, picking up food whenever they can find it.

Omnivores. These types of fish are a mixture of the two above. They like to eat a combination of corals, crustaceans, invertebrates and also plants and algae.

It's important to remember that when you put food in your tank, many of your fish will ignore it for a while first. Because they aren't "fed" when they are in the ocean, they just aren't accustomed to being served food. Some of your fish will eventually learn that you are giving them food, but many others won't.

Herbivores and omnivores tend to adapt to being tank-fed quicker than other types of feeders. However, some breeds, Angels comes to mind, are used to finding their food on the ocean floor rather than free floating, so it will take a little long for them to understand.

How often should you feed your fish?

It's a good idea to stick to feeding your fish just once a day, and to feed them no more than they can eat in one minute. To some people this may seem like not enough, but if your fish aren't hurrying to eat up the food within a minute, they simply aren't hungry enough to need feeding.

Learn more about tropical fish here:

<http://www.tropical-fish-blog.com>

What to feed your fish during colder winter months

By Brett Fogle

With air and water temperatures dropping in most parts of the country, now is the time to greatly reduce the amount of food you are feeding your fish.

When your water temperature starts falling below 65 degrees, you should consider switching your fish food to a more digestible wheat germ food. At lower temperatures, the good bacteria in your fish's digestive tract become less active, and have harder time digesting their normal high-protein diet.

In colder water temperatures, below say 50 – 55 degrees, then you should stop feeding your fish altogether. Even though they may eat, and seem hungry, you can actually harm them by feeding them their regular diet.

In some cases, undigested food can cause health problems in fish and trouble with their digestive tract. So don't feel bad that they are going hungry! Pond fish and KOI can be like little underwater pigs with fins – they will continue to eat because they don't know any better...

Brett Fogle is the owner of MacArthur Water Gardens and several pond-related websites including macarthurwatergardens.com

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. He also publishes a free monthly newsletter

called PondStuff! with a reader circulation of over 9,000 pond owners. To sign up for the free newsletter and receive a complimentary 'New Pond Owners Guide' for joining, just visit MacArthur Water Gardens at

www.macarthurwatergardens.com

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