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What You Should Know About Infertility And Endometriosis

By Low Jeremy

Endometriosis is a medical abnormality, which is characterized mainly by the appearance of the

endometrial tissues in other parts of the body. During normal condition, endometrium is found in the uterus. It develops as the egg cells mature in the ovaries so as to provide a conducive place for housing the fertilized eggs. If in cases this tissue develops outside the uterus, then that would be a good sign of an unusual and potentially questionable condition which in most cases affect the fertility of a woman.

Usually, endometriosis affects areas like the fallopian tube, ovaries, rectal-vaginal septum, uterosacral ligaments and the pelvic sidewall. However, other rare locations include laparotomy or laparoscopy scars, intestines, bowel, colon, rectum and appendix. And for the rarer cases, endometriosis may appear on areas like vagina, spine, lungs, brain and the bladder.

The main symptom of endometriosis is pain radiating at the pelvic area. Normally, this pain is associated with the menstrual cycle of the patient yet some cases record that this is not always the condition. Nonetheless, the pain of endometriosis seems to be debilitating that too few can resume normal work while suffering endometriosis.

Some common symptoms of endometriosis include:

§ Pain while, before and after menstruation § Pain during ovulation § Pain during urination § Pain felt in the bowel while undergoing menstruation § Lower back pain § Pain while and after sexual intercourse § Diarrhea § Irregular bleeding § Unexplainable fatigue § Abdominal bloating that is associated with menstruation

For the advanced stages of the condition, scars in specific reproductive organs will occur which may cause more than imaginable pain and discomfort. In fact, with the severe conditions the internal organs affected may become fused, a case we call as frozen pelvis.

Endometriosis is responsible for around 30 to 40% of all recorded cases of infertility. Obviously, this link is found on the correlation of abnormalities in certain areas that are required for ovulation which is

only possible when all organs are functioning an in good condition.

Women affected by this condition are naturally advised to gather as much data on the nature of their disease to help the handling of the condition more possible. (However, they are recommended to be wary of misleading information since even in the medical literature, there still lingers some myths for which we lay our beliefs on.) Nevertheless, management of endometriosis is normally a lasting one.

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<http://infertility.articlekeep.com>

Endometriosis Common Symptoms

By Shelley Ross

The symptoms of endometriosis are extremely diverse. This means that it is not easy to pinpoint the condition when a women first presents with symptoms. Fortunately, doctors are well-trained to diagnose the condition if a physical examination is performed. Normally, a physical examination and a few routine tests will provide a definitive diagnosis.

If you are concerned that you may have endometriosis, you shouldn't worry too much about it until you consult a doctor and have the condition diagnosed. There is nothing worse than creating anxiety when it is not necessary. Worrying about endometriosis before understanding all the facts will not help at all. In fact, it will only serve to increase your stress levels.

As previously stated, there are many symptoms of endometriosis. Just because you have one or two of them does not mean you have the condition. The most common sign of endometriosis is a symptom called dysmenorrhea. Dysmenorrhea manifests as pain before and during menstruation. Many women experience dysmenorrhea during their lifetimes - but this does not mean they have endometriosis. Normally, there are other symptoms present.

Painful bowel movements - which also could include constipation or other digestive problems - are often experienced by sufferers of endometriosis, and can be considered a significant warning sign. Dyspareunia, which is defined as pain during and after the act of sexual intercourse, is also a sign of endometriosis. Dyspareunia is likely due to patches of internal bleeding caused by the abnormal growth of the uterus lining. In addition, chronic pain - with or without sexual intercourse - in the pelvic region may be due to the invasion of tissue into areas not accustomed to such growth.

Another symptom of endometriosis is the onset of painful and or heavy menstruation cycles. These episodes are characterized by heavier than normal bleeding and abnormal cramping. The pain in highly acute cases can be so severe that hospitalization may be required. Chronic pain can also lead to radical lifestyle changes. The ability to go out and enjoy your life may be compromised so it is important to manage the condition before it reaches a destructive stage.

What You Should Know About Infertility And Endometriosis

The most dreaded symptom of endometriosis is infertility. Women of reproductive age are often devastated upon learning that they may be unable to conceive. It can be a traumatizing experience, however, just because you have endometriosis does not automatically indicate that you will be infertile. Women with endometriosis can and do have children. But if the condition progresses to the later stages, infertility becomes a common outcome. Generally cases of endometriosis induced infertility are not treatable through fertility treatments.

Endometriosis is associated with a host of symptoms. It is important that you achieve a diagnosis before worrying about your symptoms. On their own, individual symptoms are usually nothing to worry about. But if you are experiencing more than one of the common symptoms there is a chance that you have endometriosis and you should take steps to find out as soon as possible. The condition occurs in four stages. If you can treat it and make some lifestyle changes early on, you may be able to control the growth of uterine tissue and keep your symptoms under control.

Shelley Ross has an interest in Endometriosis. For further information on Endometriosis please visit

<http://www.treatendometriosis.com/endometriosis.html>

or

<http://treatendometriosis.com/blog/2006/09/05/endometriosis-common-symptoms/>

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