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Impair Healthy Healing In People Over The Age Of 30!

What You Should Know Before Taking Ativan

By Heather Colman

If you are considering taking Ativan because you are suffering through sleepless nights and frustrated with insomnia keep reading this report. It covers important information that you need to know about Ativan before making this decision.

Ativan is a benzodiazepine class drug. It affects the chemicals in the human brain and is used to relieve many ailments like anxiety, tension, nervousness, etc. It has also been found to help with certain types of seizures and assist with insomnia.

What you should know about this medication.

*Taking Ativan can result in drowsiness or dizziness. Like all such drugs, avoid driving, operating machinery, and performing hazardous tasks if you experience any symptoms.

*Do not mix alcohol with it because alcohol aggravates the symptoms. If you are taking this drug to help with seizures, alcohol increases risks of seizures.

*Ativan is addictive. It is easy to form dependency upon it and experience withdrawal symptoms if it is stopped suddenly. Pay close attention to the prescription and do not exceed dosage beyond that suggested by the doctor. If you take this drug for more than a week, then consult your doctor before stopping.

Your doctor may not prescribe Ativan if you suffer from kidney disease, liver disease, asthma, bronchitis, emphysema, any respiratory disorder or narrow-angle glaucoma.

You should tell your doctor about any feelings of depression or suicide as these symptoms may effect your ability to take this drug as well.

Ativan comes under FDA pregnancy category D and can be harmful to unborn children. Do not take Ativan if you are breastfeeding as Ativan passes through the breast milk. People over 65 years age should also avoid Ativan.

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Ativan can be a dangerous drug if abused so it is very important that you take it precisely as directed by your doctor. Should there be the slightest doubt in your mind, then please seek clarification from your doctor, pharmacist, or nurse. Improper usage of this drug can be risky.

Ativan is also available in the form of injections. If you are injecting yourself at home, then have detailed instructions about how to do it and the correct way to prepare, administer, and store it.

Do not use regular spoons to measure dosage. There are many gadgets available to measure oral concentrate dosages, use a dose-measuring spoon, dropper, or cup. Inquire at your pharmacist as to where you can best procure a dose-measuring device.

Drink at least one full glass of water with every oral dose.

Ativan is habit forming. Exceeding prescribed dosage is not recommended as, as with other addictions, physical and psychological dependency can develop very fast. If Ativan is taken for more than a week and suddenly stopped, then withdrawal symptoms could be experienced. Should your own course be of seven days or more, then please consult your doctor before stopping Ativan consumption. The doctor can help you gradually reduce the dosage.

Ativan tablets should be stored in cold and dry place. Ativan oral concentrate must be stored in a refrigerator with a temperature of 36–46 Fahrenheit (2–8 Celsius) and away from direct sunlight.

Disclaimer – The information presented here should not be interpreted as or substituted for medical advice. Please talk to your doctor for more information about Ativan.

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<http://www.ativan-discussion.info>

and

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The Benefits Of Taking A College Course Online

By Tawee Subsomboon

There are many reasons why you might want to consider taking a college course online. By far the greatest advantage of taking a college course online is convenience. You can take a college course online from anywhere that has an internet connection. These days, with many wireless notebooks you can connect to the internet from almost anywhere which makes taking an online college course even more accessible. No more sitting in classes or being cooped up indoors. You can access your college course online from anywhere you want to.

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Many people don't think that they can find the time to fit in getting a college qualification with their other commitments. Taking a college course online can be the answer to this problem. You don't have the same fixed schedule to attend classes when you take a college course online. You get to study at your own pace and at a time that suits you. It doesn't matter if you want to do all of your college work in the evenings or at weekends, with a college course online you can do exactly what you want.

Many of the institutes that offer a college course online do not set any time limits for you to complete the course in. This means that you can take as long as you need. If you find that you are unable to study for a few days, weeks or even months there is no problem when you are studying your college course online. You simply start studying again whenever you are ready.

Another benefit of taking a college course online is that a large number of them do not have a formal exam that you have to sit at the end of it. Many of the courses are awarded based on the marks gained in assignments throughout the course. However, if the particular course that you want to take does require that you take a supervised exam to qualify then you will be offered a time and place to suit you.

There are no age limits for people who want to take a college course online. This is ideal for more mature students who don't relish the thought of going back to college and being surrounded by students who are half their age. So if you are 18 or 80 you can take a college course online and obtain the qualification that you have always wanted. You are allocated a personal tutor who is available to help you with questions and help you work through your assignments and will mark your college course online or by post if you prefer. Some courses also have facilities for students to chat to others taking the college course online to exchange ideas and offer support.

Tawee Subsomboon writes extensively on online education for anyone wanting to further their education, His knowledge and invaluable resources fill his comprehensive website with information, resources links and advice.

<http://www.onlinecollege4u.com>



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