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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## What is Rosacea – Symptoms and Treatment Options

By Knut Holt

Rosacea gives dilated blood vessels and inflammation in the skin. The skin is often also infected by bacteria. Most often the face is attacked and especially the convex surfaces of the face. Sometimes also the eyes or other body parts are affected. Rosacea may begin early, but distinct and serious symptoms usually develop as an individual gets older.

### WHAT SYMPTOMS ARE SEEN BY ROSACEA

The primary symptoms of rosacea are the following. All the symptoms may not be present always.

- Permanent redness in the skin. This redness can get better or worse periodically.
- Flushing or redness that comes and disappears periodically.
- Telangiectasia – This is a distinct widening of small blood vessels in an area.
- Papules – Small dome-shape spots filled with fluid, often group wise.
- Skin areas with rosacea symptoms often get infected, and the infection worsens the symptoms.
- Pustules or pimples - Sometimes infection makes the papules develop into real pimples. However, if the pimples appear in a hair follicle stuffed with sebum (comedones), they are a symptom of acne, and not rosacea. Pimples from acne and rosacea may exist together.

Rosacea also implies secondary symptoms that are caused by the primary symptoms, or appear later than the primary ones.

- Burning or stinging
- Placks – elevated red areas
- Scaling, often associated with burning or stinging
- Dry skin, often occurring before scaling
- Edema coming in areas that already has been red for some time
- Symptoms from the eyes like: Redness, itching, burning, corneal damage
- Thickening of the skin, or lumps in the skin
- Distended hair follicles

## What is Rosacea – Symptoms and Treatment Options

– Rosacea in other places than the face

### WHAT CAUSES ROSACEA

The exact causes are not known, but some people seem to inherit the tendency of developing rosacea. People that blush very often seem to develop rosacea more easily. Therefore rosacea may be caused by blood vessels that dilate too easily upon stimulation, and eventually become permanently dilated.

The following types of stimulation may cause worsening of the rosacea symptoms: heat, hot baths, strenuous exercise, sunlight, wind, very cold temperatures, hot or spicy foods and drinks, alcohol consumption, menopause, emotional stress, prolonged use of topical steroids on the skin.

### HOW IS ROSACEA TREATED

Traditional medicine does not have any treatment for the basic processes of rosacea, such as redness and the blood vessel extension.

Laser treatment may be used to take away dilated blood vessels or skin irregularities by rosacea. The laser light heats and destroys the dilated blood vessels.

When infection is a part of the disease, and papules or pustules occur, rosacea is treated with antibiotics, usually applied directly on the skin, for example metronidazole. Oral treatment may also be used by severe rosacea, for example with: Tetracycline, minocycline, erythromycin, and doxycycline.

By pimple formation, you can also use rinsing skin cleansers in the same way as by acne.

On the market you can find several alternative medicines, mostly topical creams, to treat rosacea. These often contain natural oils, herbal extracts, vitamins, minerals and anti-oxidants that alleviate inflammation and stimulate skin healing. They may also contain mild antiseptic agents to treat bacterial infection.

Knut Holt is an internet consultant and marketer focusing on health items. TO FIND innovative medicines against acne, rosacea, scars, wrinkles, other skin problems and natural anti-aging supplements for the skin and the whole body, VISIT THIS SITE:---

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### **Is There Anything Like The Best Acne Treatment For Rosacea?**

**By Ashish Jain**

## What is Rosacea – Symptoms and Treatment Options

Rosacea is not a rosy state of affairs for your face. It has the appearance of bad acne. It normally selects cheeks, the best part of your face, for its unpleasant operation. You have severe redness and soaring of the skin. Mouth and forehead are the other favorite spots for rosacea. Even the best of acne treatments prescribed can not assure you of a permanent rosacea cure.

This is another pro-women disease. It attacks women more than the men. Normally it visits you after the age of 30, but this is not the thumb rule. It can surprise you at any time. Moreover this skin culprit is hereditary in nature.

Since its presence is very strong, visible and prominent, it may lead you to an awkward situation. There is no definite cure for rosacea. But several treatment options can be tried. So always take a final decision about the treatment in consultation with your dermatologist only.

Correct diagnosis in suspected case of rosacea is necessary, to find out whether it is actually rosacea. If it actually is, the dermatologist will decide the line of treatment suitable to the type of your rosacea attack.

Till date, pulsed light technology or laser technology is considered as the best treatment for rosacea. Rosacea causes redness of the skin. Laser heats the skin to the level that reduces or eliminates the redness. Most of the over the counter products do not go well with its treatment. So the best person to decide upon the right rosacea treatment for you is your dermatologist.

What is agonizing about rosacea is that it appears not as one to one cyst. It is characterized by reddish discoloration of the facial skin, the targeted areas being cheeks, nose and the forehead.

Since it targets the fair-skinned people more, its presence is prominently exhibited. Along with rosacea, pimples too may make their presence, but no whiteheads or blackheads will appear. Some of the implications of rosacea are frightening.

Initially, redness comes and goes, as if rosacea is doing rehearsals. Treat it at this stage itself, otherwise you are inviting more damage to your facial skin. Puffy cheeks and disfigurement of the nose are not uncommon, if you neglect the treatment.

In such a situation, cosmetic surgery is the only alternative. Severe cases of rosacea can even impair your vision. You are lucky, if your dermatologist is able to identify the root cause of your rosacea condition, in the first stage of attack. This is only possible when you report to your dermatologist in the first stage of its attack. So don't keep sitting to ignore the red soars on your cheeks.

<http://www.acnetalks.com/pimple/>

& Acne Treatment provides detailed information on acne, acne treatment, pimples, acne skin care and more.



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