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What's In A Marriage?

By Stephen Kreutzer

You feel giddy all the time. The world has taken on a strange rosy luster. Nothing makes sense...

and everything makes sense. And you have feelings more profound than you ever knew were possible to feel.

Is it some kind of dire illness?

No, it's only Love with a capital "L."

And the next letter is obviously Marriage, with a capital "M."

You're both trembling in your boots, but determined this is the right, the only choice. After all, isn't that what people do? Like swans, humans around the world tend to bind ourselves to another for life. We make our forever vows and say the magic words, "I do," then go off to make a practical life out of the dream. It's just the way we are, and it works pretty well, especially to provide a nest for our children.

Inherent in the whole coming together process is the notion that the love we experience, the tsunami of sensation that swept us into marriage "till death do us part," will last forever.

What's the truth?

The truth is that, just as we humans do, Love changes its character over time. Are you the same person you were ten years ago? Of course not. And yet, in the most fundamental ways, you are.

It's the same with your Love for each other. Marriages between two people who really adore each other change their character, but the original bond, the Love, remains... if it was real to begin with.

For Love to be real, the most important part of the recipe is that neither party presents himself or herself as someone they are not. Obviously, if this kind of subterfuge is engaged in, the lover has fallen in love with someone who does not exist. The Love that is the basis of the relationship and the marriage, therefore, is not real. That marriage is endangered.

What's In A Marriage?

Love, true Love, is an elastic thing. Its expression, over time, invariably becomes less overwhelmingly all-encompassing. We mellow into another phase, and that's a good thing. Who could tremble in their boots for a lifetime? Who would want to?

Enter into a conscious, honest marriage, and you have a good chance of keeping your Love, for the rest of your lives, and beyond.

Stephen Kreutzer is a freelance publisher based in Cupertino, California. He publishes articles and reports in various ezines and provides wedding tips on

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<http://www.your-wedding-plan.info>

The Basics Of Marriage Counseling

By Stephen Kreutzer

Almost half of all marriages end in divorce. That is why there is an increase in couples seeking marriage counseling. Nobody wants to think that the marriage they are in will end. Marriage counseling offers a way for couples to work through problems with an outside influence. Marriage counseling can help couples to rebuild a marriage that was on the way to divorce.

Marriage counseling is a type of therapy that helps married couples resolve problems they may be having in their marriage. Most often counseling is conducted with both partners present. However, sometimes there will be individual sessions depending on the couples needs. The basis for marriage counseling is research that has shown problems in a marriage are best solved through communication and working together. Marriage counseling usually lasts a short period of time, until the problems are resolved and the marriage is back on track and the couple can handle problems on their own. In a session the counselor will ask questions, listen and analyze problems. The counseling usually starts with an analysis of the marriage and its problems. Then the problems are worked through to an amicable conclusion.

Marriage counselors are trained in psychotherapy. They also have an understanding about families, how to understand client's needs and problems. They also have training that allows them to help clients work through the problems to reach conclusions. All of this training lets them be able to identify underlying problems. A good marriage counselor will not make a client feel guilty or blame. They will teach clients to work through problems and get over bad feelings.

Marriage counseling can help couples open the lines of communication. Communication has been shown to be the key to a healthy and happy relationship. Couples with problems seek marriage counseling to get a better understanding of what has went wrong in their marriage, so they can once again have a strong marriage.

What's In A Marriage?

Stephen Kreutzer is a freelance publisher based in Cupertino, California. He publishes articles and reports in various ezines and provides information on marriage counseling at CyberTopics!

<http://www.cybertopics.com>



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